



PHILIPS
Zoom!

Love
your
smile

Philips Zoom!
Take-Home Whitening

A photograph of a bathroom counter with a sink and a window with blinds in the background. On the counter, there is a Philips Zoom! at home teeth whitening kit. The kit includes a clear plastic storage case for the whitening trays, a blue box labeled 'PHILIPS ZOOM!', a syringe of whitening gel, and a small white container with a blue lid containing a reusable mixing tip. The text 'Getting started with your Philips Zoom! at home teeth whitening' is overlaid on the left side of the image.

Getting started with your **Philips Zoom!** at home teeth whitening

What you will find in **your kit**:

- Custom-fitted whitening trays*
- Whitening gel syringes
- Reusable mixing tips
- Tray storage case*
- Shade guide
- Patient Instructions

*only included in 6 syringe kits



1. Assemble your **syringe**

In an anticlockwise motion, unscrew the clear plastic cap from the syringe and remove.

Take one of the small mixing nozzles, which you will find within your whitening tube pack. Push the mixing nozzle on to the end of the syringe and twist clockwise to lock it in.

Finally, remove the rubber tip.

2. Put the gel in the **whitening tray**

Place a small amount of gel (rice grain sized) along the front edge of each tooth compartment of your whitening tray.

Do not overfill the tray.

Once you've finished placing the whitening gel in your trays, remove the mixing nozzle from the syringe and replace it with the clear plastic cap.





3. **Prep** your mouth

Floss and brush your teeth before starting your whitening treatment.

Moments before you put the tray in your mouth, dry your teeth thoroughly.

4. Wear your **tray**

Place the tray with the gel in it in your mouth, so the tray fits comfortably around your teeth. Bubbling within the tray is normal.

If there is excess gel, wipe this away with a cotton wool bud or tissue.

Leave your whitening tray in place for the amount of time advised by your dentist.

Note: Do not eat, drink or smoke while wearing your whitening trays.





5. After the **advised wear time** is up
Rinse and brush your teeth to remove excess gel.

6. **Storing** your whitening kit

Rinse your whitening trays with cold water, using a toothbrush to remove any residual gel if needed. Place your trays in the storage case.

Return your whitening trays and syringes to the bag and store ready for your next use.



Recommended Wear Times:

Philips Zoom! NiteWhite

Formulation: 10% or 16% Carbamide Peroxide

Wear time: Overnight or 4-6 hours

Results: Optimal results within 1-2 weeks

Philips Zoom! DayWhite

Formulation: 6% Hydrogen Peroxide

Wear time: 30-60 minutes once a day or 30-45 minutes twice a day

Results: Optimal results within 1-2 weeks



