PHILIPS

Set-up for a better night's sleep

A quick guide to help you choose a sleep apnoea mask for your patients



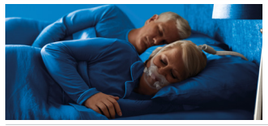
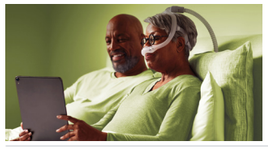
Match your patient's needs with the right mask

When it comes to sleep apnoea, the fit of a mask can make or break a good night's sleep. Choosing a suitable CPAP Mask is an important part of CPAP therapy acceptance and adherence.[1]

Philips is committed to helping you easily find the right mask for your patients, so they can sleep better. Because that's what matters most.

How to use

Review the following characteristics with your patient, and then discuss the corresponding mask guidance. We recommend talking them through options, such as the different tube connections and mask types, so they are aware of the range of styles available.

Does your patient...	CPAP mask type	Tube connection	Philips mask guidance
 **Is overall comfort most important to your patient?**	Nasal or Pillows	Any	DreamWear – Nasal or Silicone Pillows Cushions[3,4,5] DreamWisp
 **Does your patient have nasal congestion?**	Full Face	Any	DreamWear Full Face Amara View
 **Does your patient have facial hair?**	Nasal or Pillows	Any	DreamWear – Nasal or Silicone Pillows Cushions
 **Does your patient toss and turn at night or sleep on their side?**	Any	Top	DreamWear – Nasal, Full Face or Silicone Pillows Cushions[2,3,4,5] DreamWisp
 **Does your patient sleep on their stomach?**	Nasal or Pillows	Top	DreamWear – Nasal or Silicone Pillows Cushions[3,4,5]
 **Does your patient breathe through their mouth while sleeping?**	Full Face	Any	DreamWear Full Face Amara View
 **Does your patient want an open field of vision?**	Nasal, Pillows or Total	Any	DreamWear – Nasal or Silicone Pillows Cushions[3,4,5] FitLife Total Full Face DreamWisp
 **Does your patient wear glasses in bed while watching TV, reading, etc.?**	Various	Any	DreamWear – Nasal, Full Face or Silicone Pillows Cushions Amara View DreamWisp Pico

Get to know your Philips mask options



DreamWear – Nasal or Silicone Pillows Cushions

- Designed for your patients' comfort[3,4,5]
- The DreamWear mask with Nasal Cushion is our most minimal design – cushion rests under your nose, not on it.[6]
- The innovative Silicone Pillows design causes less redness, discomfort and irritation on the face, nose and nostrils.[5]



DreamWear – Full Face

- Designed to prevent red marks and discomfort on the nose bridge.[5]



DreamWisp – Nasal

- Comfort with every turn.
- Unique, compact design.
- Magnetic clips for quick assembly and release.*



Pico – Nasal

- Minimal contact nasal mask that is lightweight and small.
- Pico offers simplicity, comfort and seal with the freedom to watch TV or read while wearing it.[8]



Amara View – Full Face

- Innovative tube in front design offers an open field of vision and helps prevent red marks, discomfort or irritation on the nose bridge.[7]
- One frame for three cushion sizes (S,M,L).



FitLife – Total Full Face

- Unrestricted view.
- Large surface area.

For more information on masks and mask parts, please contact your Philips Account Manager.



1. Neuzeret PC, Morin L (2017) Impact of different nasal masks on CPAP therapy for obstructive sleep apnea: a randomized comparative trial. Clin Respir J 11(6):990–998.
2. Data analysis of Aug 2017 Patient Preference trail where n = 85 and prescribed masks include Resmed Airfit F10 and F20, Respironics Amara View and F&P Simplus.
3. DreamWear Under the Nose Nasal: Data analysis at 30 days of use of 2015 Philips sponsored patient preference trial (n=98). Prescribed masks include ResMed Swift FX, ResMed Mirage FX, Philips Wisp, and ResMed P10. Data analysis at 10 days of use of 2019 Philips sponsored patient preference trial (n=81). Prescribed masks include ResMed Airfit N10, N20, Mirage Fx, Philips Wisp, Pico, ComfortGel Blue, F&P Eson & Eson 2.
4. DreamWear Full Face: Data analysis of Aug 2017 Patient Preference trial where (n=85) and prescribed masks include ResMed Airfit F10 and F20, Respironics Amara View and F&P Simplus.
5. Analysis after 30 day of use during Jul/Aug 2020. Pillows preference trial with (n=127). Prescribed masks include ResMed Airfit P10, P30i, Swift Fx, F&P Brevida, Philips DreamWear Gel Pillows, Nuance / Pro.
6. The design of the mask is such that it does not contact the nasal bridge.
7. Design of the mask prevents the cushion from touching the bridge of the nose.
8. Data analysis at 10 days of use of 2014 Philips sponsored patient preference trial (n=35).

* Masks with magnets may be the right choice for many, but not all. Patients should discuss the use of magnets with their care provider.

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