

PHILIPS

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Power Flosser

Philips Sonicare Power Flosser FAQs

Technology

What is Philips Sonicare Power Flosser?

Philips Sonicare Power Flosser is a countertop powered interdental cleaner (or oral irrigator) using continuous water flow. It is clinically proven to be up to 180% more effective than string floss at improving gingival health.¹

How does Philips Sonicare Power Flosser work?

Philips Sonicare Power Flosser is a powered interdental cleaner (or oral irrigator) that uses a continuous flow of water to remove plaque and food debris in-between teeth and from the tooth surface in order to improve or maintain gingival health. This product is intended for patient home use. It is recommended to be used at least once a day.

Does Philips Sonicare Power Flosser replace string floss?

That is a professional decision. For your patients who are inconsistent flossers, Philips Sonicare Power Flosser is an effective alternative to floss for ease of use. In addition, Philips Sonicare Power Flosser is clinically proven to be up to 180% more effective than string floss at improving gingival health.¹ It removes up to 99% of oral biofilm from 6mm deep periodontal pockets.²

How is Philips Sonicare Power Flosser different from Waterpik countertop models?

Compared to Waterpik countertop models, Philips Sonicare Power Flosser has two distinct and prominent features:

1. Quad Stream: unique cross-shaped nozzle creates four wide streams that covers up to 9x the area of Waterpik 660 with Classic Jet nozzle.³
2. Pulse Wave technology: While in Deep Clean mode, pauses in the cleaning pulsations prompt your patients to glide the nozzle to the next interproximal space—helping to ensure a whole-mouth clean.

In addition, Philips Sonicare Power Flosser professional model provides two flossing modes: Clean and Deep Clean, allowing you to recommend, and your patient to choose, according to their needs.



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What is Quad Stream and how does it work?

The unique cross-shaped nozzle creates four wide streams that cover more area than Waterpik WP-660 with Classic Jet Nozzle.² It helps provide thorough cleaning interproximally and along the gingival margin.

What is Pulse Wave technology and how does it work?

Pulse Wave technology: the flow of the water moves up and down in intensity, providing brief pauses in the cleaning pulsations. These pauses prompt your patients to glide the nozzle to the next interproximal space to ensure a whole-mouth clean in about 90 seconds when used in Deep Clean mode.

Clinical research and evidence

Has clinical research been conducted to prove the effectiveness of Philips Sonicare Power Flosser? What are the clinical claims?

Yes, Philips Sonicare Power Flosser is clinically proven to be up to 180% more effective for healthier gingiva than string floss, and up to 3x as effective as string floss at removing biofilm interproximally and along the gingival margin¹, based on the clinical study "A Randomized, Parallel Design Study to Evaluate the Effects of Different Oral Cleaning Modalities on Gingivitis and Plaque After a Six-Week Period of Home Use" (data on file, 2019).

How effective is Philips Sonicare Power Flosser in biofilm removal?

Philips Sonicare Power Flosser is clinically proven to be up to 3x as effective as floss at removing biofilm interproximally and along the gingival margin.¹ It removes up to 99.9% of biofilm in treated areas.³

How effective is Philips Sonicare Power Flosser at removing oral biofilm from deep periodontal pockets?

As outlined in the subgingival biofilm removal and regrowth study available in a special issue with Compendium, Philips Sonicare Power Flosser is proven to help periodontal patients with deep pockets effectively remove biofilm.⁴ It removes up to 99% of oral biofilm from 6mm deep periodontal pockets.² Additionally, the subgingival pockets had 98% less periodontal pathogens for up to 48 hours after use vs. the control.⁵

Is Philips Sonicare Power Flosser superior to other forms of interproximal cleaning? If so, how?

Philips Sonicare Power Flosser is clinically proven to be up to 180% more effective than string floss at improving gingival health, and up to 3x as effective as string floss at removing biofilm interproximally and along the gingival margin.⁶

Is there any data showing the efficacy when using a Philips Sonicare power toothbrush and Power Flosser concurrently?

Yes, it is clinically proven that, when used with Philips Sonicare ExpertClean power toothbrush, Power Flosser is up to 9x as effective at removing biofilm in hard-to-reach areas vs. manual toothbrush + string floss, and up to 270% more effective for healthier gingiva vs. manual toothbrush + string floss.⁷

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Usage and features

Can Philips Sonicare Power Flosser remove food debris between teeth?

Yes, Philips Sonicare Power Flosser is designed to remove food debris in between teeth and from the tooth surface.

Does Philips Sonicare Power Flosser clean the gingival margin, as well as in between the teeth?

Philips Sonicare Power Flosser is designed to clean both in-between teeth and along the gingival margin. For the best gingival health, it is important that your patients thoroughly brush their teeth along the gingival margin. Proper brushing technique will ensure a thorough clean in these hard-to-reach areas.

Do you use Philips Sonicare Power Flosser before or after you brush your teeth?

Philips Sonicare Power Flosser can be used either before or after brushing teeth. You can recommend the ideal sequence to your patients that best fits their oral hygiene routines. In the clinical studies that we have conducted, the subjects used Philips Sonicare Power Flosser following tooth brushing.

Do you recommend my patients use it on both the lingual and the facial interproximal spaces of their teeth?

Philips Sonicare Power Flosser is designed for maximum efficacy in interproximal cleaning when used on both the lingual (inside) and facial (outside) of the teeth.

What are the different flossing modes?

Philips Sonicare Power Flosser professional model in North America is equipped with 2 different modes:

- Clean mode: provides standard water pressure for a great clean in just 1 minute.
- Deep Clean mode: with guided flow using pulse wave technology, provides strong and gentle pulses of water for a thorough clean in about 90 seconds.
- Sensitive mode: offers gentle pulses of water for those with sensitive gums (Model 7000 only)
- Massage mode: provides soothing pulses of water to massage your gums (Model 7000 only)

What is the pressure (PSI) in general and in the different modes?

The water pressure of Philips Sonicare Power Flosser depends more on the intensity level than the modes. As you turn up the intensity setting from 1 to 10, water pressure increases gradually to a maximum of 13 bar at intensity setting 10. There is approximately a 1 bar increase in water pressure between each intensity level.

Can my patients adjust the intensity of the water flow?

Philips Sonicare Power Flosser comes with 10 different intensity settings. To manually change the intensity, power up the unit and adjust the intensity dial to the preferred setting.

Does Philips Sonicare Power Flosser offer different options of nozzles?

Philips Sonicare Power Flosser offers 2 types of nozzles: Quad Stream nozzle and Standard nozzle.

- Quad Stream nozzle directs water into a cross-shaped stream that removes biofilm for an effortlessly thorough clean.
- Standard nozzle provides a single stream of water for removing food debris and biofilm.
- Comfort nozzle has a soft rubber tip for sensitive gums (Model 7000 only)

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Will other nozzles fit on my Philips Sonicare Power Flosser?

Philips recommends use of genuine Sonicare nozzles for optimal performance. Use of other nozzles may damage the Power Flosser and limit warranty protection.

How often do I need to replace my nozzle?

It is recommended to replace your nozzle after 6 months of use. You can find more information about buying replacement nozzles at philips.com.

What if the nozzle breaks?

Philips warrants its products for two years after the date of purchase. Defects due to faulty materials and workmanship will be repaired or replaced at Philips' expense provided that convincing proof of purchase in the qualifying period is provided. Contact Philips Consumer Care Center for assistance.

How large is the reservoir?

Philips Sonicare Power Flosser professional model comes with an 18.6 oz (or 550 mL) reservoir.

How do you fill the reservoir?

Simply remove the water reservoir from the base, open the lid, and fill the reservoir to the MAX fill line.

How do you clean the reservoir?

Gently remove the reservoir from the unit. The reservoir can be cleaned in the dishwasher or hand washed with warm water and mild soap.

Can my patients use mouthwash or essential oils in the reservoir?

It is not recommended to use essential oils in the reservoir. Mouthwash can be mixed with water and used in the reservoir. It is advised not to use more than 20 mL or about 1/2 ounce of mouthwash per filling. After using mouthwash, rinse the device to prevent clogging by partially filling reservoir with warm water and running the device with the nozzle tip pointed into the sink until reservoir is empty.

Can my patients use warm water?

Yes. It is recommended to fill the reservoir with lukewarm water for patients with sensitive teeth or gingiva.

How long will it take my patients to complete one cleaning regimen with the Philips Sonicare Power Flosser?

In Clean mode, it takes just 60 seconds to clean the whole mouth. In Deep Clean mode, it takes about 90 seconds to clean the whole mouth following the tooth-to-tooth guidance from Pulse Wave technology.

Can my patients pause/start the flow from the handle?

Yes, Philips Sonicare Power Flosser has a pause switch on the handle. Once the power button is on, slide the pause switch to the "on" position to start the water flow or to the "off" position to pause the water flow during use.

Should the device be shared?

Philips Sonicare Power Flosser is a personal care device and is designed for individual use. Neither the base, nor the nozzles are intended to be shared.

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What are the differences between the models?

	Philips Sonicare Power Flosser Professional Or Philips Sonicare Power Flosser 3000 (retail)	Philips Sonicare Power Flosser 7000 (retail)	Philips Sonicare Power Flosser & Toothbrush System 7000 (retail)
Modes	2 modes: Clean, Deep Clean	4 modes: Clean, Deep Clean, Sensitive, Massage	4 modes: Clean, Deep Clean, Sensitive, Massage
Handle docking	Mechanical docking	Magnetic docking	Magnetic docking
Nozzles	2 nozzles: Quad Stream nozzle, Standard nozzle	3 nozzles: Quad Stream nozzle, Comfort nozzle, Standard nozzle	3 nozzles: Quad Stream nozzle, Comfort nozzle, Standard nozzle
Water reservoir	18.6oz (550ml) with removable lid	20.3oz (600ml) with hinged lid	20.3oz (600ml) with hinged lid
Power toothbrush	None	None	Philips Sonicare ExpertClean 7300

Safety

Is Philips Sonicare Power Flosser safe to use if your patient has been diagnosed and treated for periodontal disease?

Yes, it is recommended your patients use Power Flosser with the Quad Stream nozzle at the lowest intensity setting to begin. Then, they should adjust the intensity setting per your recommendation. Philips Sonicare Power Flosser can be used with a dental professional-prescribed therapeutic mouth rinse as needed. In addition, it's proven to remove up to 99% of oral biofilm from 6mm deep periodontal pockets.²

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Cleaning

How do you clean the device?

Reservoir and lid: the reservoir and lid can be hand-washed with warm water and mild soap or cleaned in the dishwasher.

Base and handle: when necessary, you can clean the outside of the base and the handle with a soft cloth and mild soap.

Nozzles: for regular cleaning, remove the nozzle tip from the handle. Rinse the tip under warm water. Every few months, or if the nozzle becomes clogged, soak the nozzle tip in a container of 2 parts water and 1 part white vinegar for 5 minutes. Rinse the nozzle with warm water.

Hose: fill the reservoir with warm water and add 1-2 tablespoons of white vinegar. Remove the handle, point the nozzle at the sink and turn on the product to run the solution through the unit until the reservoir is empty. Rinse by repeating with a full reservoir of clean warm water.



1 When used with the Quad Stream nozzle on setting 8 with a manual toothbrush in patients with moderate to severe gingivitis vs. using manual toothbrush with string floss.

2 In an in-vitro study (actual results may vary) using Cordless Power Flosser 3000 with Quad Stream nozzle (in clean mode, setting 3). In vitro periodontal biofilm removal was determined at 4-6mm depth in an up to 6mm deep periodontal pocket model.

3 In an in-vitro study, actual in-mouth results may vary.

4 Gottenbos, B. (2024). In vitro comparison of the area of biofilm removal by the Quad Stream nozzle versus a traditional oral irrigator standard nozzle. *Compendium of Continuing Education in Dentistry*, 45(3).

5 Compared to non-cleaned control samples in an in-vitro study (actual results may vary) using Cordless Power Flosser 3000 with Quad Stream nozzle (in clean mode, setting 3).

6 When used with Quad Stream nozzle on setting 8 with a manual toothbrush in patients with moderate to severe gingivitis vs. using manual toothbrush with string floss.

7 Using Sonicare Power Flosser with Quad Stream nozzle on setting 8 and Sonicare ExpertClean power toothbrush with Premium Plaque Control brush head in patients with moderate to severe gingivitis vs. using manual toothbrush with string floss.