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Rev A MAR 23



PHILIPS

Neck and Shoulder
Massager

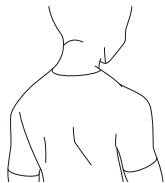
Massage Shawl

PPM3521



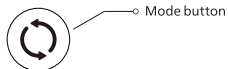
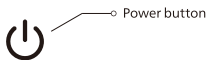
Quick Start Guide

1. Remove necklace and other accessories before massage.



2. Drape the massager on the shoulders.

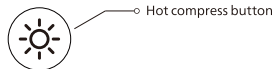
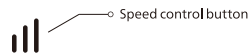
3. Press and hold the power button to start. The default mode is Mode 1 and Slow mode. Press the button again to turn off the massager.



4. Press the mode button to switch the massage modes (Mode 1 / Mode 2 / Mode 3) circularly.

Mode 1 (Green Indicator);
Mode 2 (Red Indicator);
Mode 3 (Yellow Indicator)

5. Press the speed control button to switch the mode ("Low" mode / "High" mode) circularly.



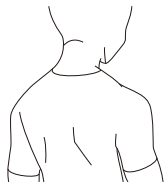
6. Press the hot compress Button to turn on/off the heating mode

7. The default massage time of the product is 15 minutes. If you need to discontinue halfway, press and hold the "⏻" button to shut off.



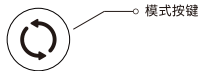
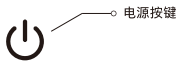
- 1. The default massage time of the product is 15 minutes. It is set to shut down automatically after 15 minutes of operation.
- 2. Please select the massage mode reasonably according to your own situation. Do not use it for more than 15 minutes at a time and leave the device rest for 30 minutes after use.

1. 按摩前去除项链等装饰物



2. 将按摩器披在肩部

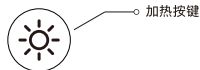
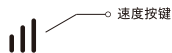
3. 长按电源按键启动，默认为模式一及慢速模式。再按一下关机



4. 短按模式键调节按摩模式 (模式一 / 模式二 / 模式三) 循环切换

模式一 (绿灯); 模式二 (红灯); 模式三 (黄灯)

5. 短按速度按键调节模式 (低挡“Low”模式 / 高档“High”模式) 循环切换



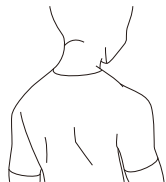
6. 短按加热按键开启/关闭加热模式

7. 默认15分钟定时关机，若需要中途停止，请长按“⏻”键关机



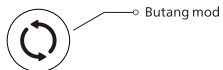
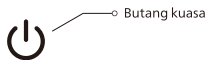
- ❗ 1. 机器默认定时15分钟，运行15分钟后自动关机。
- 2. 请根据自身情况合理选择按摩模式，单次使用请不要超过15分钟，使用后请让机器休息30分钟。

1. Tanggalkan perhiasan seperti kalung sebelum mengurut



2. Sarungkan pengurut pada bahu Anda

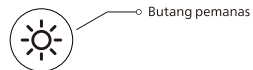
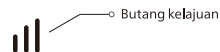
3. Tekan lama pada butang bekalan kuasa, secara lalai ialah mod 1 dan mod lambat. Tekan sekali lagi untuk mematikan kuasa



4. Tekan sejenak butang mod untuk menyesuaikan mod urutan (Mod 1/Mod 2/Mod 3) untuk penukaran kitaran

Mod 1(Lampu warna hijau)
Mod 2(Lampu warna merah)
Mod 3(Lampu warna kuning)

5. Tekan sejenak butang kelajuan untuk melaraskan mod (Mod "Rendah" gear rendah/Mod "Tinggi" gear tinggi) Suis kitaran



6. Tekan sejenak butang pemanasan untuk menghidupkan/mematikan mod pemanasan

7. Masa lalai produk ialah 15 minit, jika Anda perlu berhenti di tengah, sila tekan dan tahan kekunci " ⏻ " untuk mematikan perangkai



- 1. Perangkai lalai kepada pemasa selama 15 minit, dan dimatikan secara automatik selepas 15 minit perangkai digunakan.
- 2. Sila pilih mod urut dengan munasabah sesuai dengan situasi Anda sendiri, sila jangan gunakannya selama lebih daripada 15 minit pada satu masa, dan sila biarkan mesin berehat selama 30 minit selepas digunakan.