



Visit us

www.philips.com

There may be certain differences between the content of this manual and your product. Please refer to the actual product. We reserve the right to update the product at any time without prior notice.

© 2023 AquaShield

All rights reserved

Philips and the Philips Shield Emblem are registered trademarks of Koninklijke Philips N.V. and are used under license.

This product has been manufactured by and is sold under the responsibility of Guangdong Deerma Technology Company Limited and Guangdong Deerma Technology Company Limited is the warrantor in relation to this product.

Rev A MAR 23



PHILIPS

Back and Waist
Massager

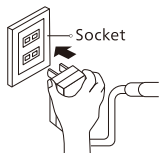
Back Massager

PPM4501

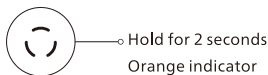


Quick Start Guide

1. Insert the plug into the power socket.



2. Hold the "ON/OFF" button for 2 seconds to turn on the massager. Heating is activated by default, and the message nodes rotate from outside to inside. The button indicates in orange, while message nodes in yellow.



3. Short press the "ON/OFF" button. The message nodes rotate from inside to outside with heating. The button indicates in orange, while message nodes in yellow.



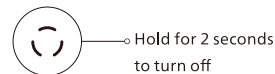
4. Short press the "ON/OFF" button again. The message nodes rotate from outside to inside without heating. The button and message nodes indicate in blue.



5. Short press the "ON/OFF" button again. The message nodes rotate from inside to outside without heating. The button and message nodes indicate in blue.

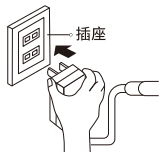


6. The default off time is 15 minutes. To stop the device midway, please hold the "ON/OFF" button for 2 seconds to turn it off.

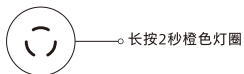


! Please choose the message mode reasonably according to your own situation, and do not use the device for more than 30 minutes each time. Let the device rest for 30 minutes after each use.

1. 将插头插进电源插座



2. 长按“开关”键2秒开启按摩，默认开启加热，按摩头由外向里揉捏，按键指示灯亮橙灯，按摩头亮黄灯。



3. 第二次短按“开关”键，由里向外揉捏并加热，按键指示灯亮橙灯，按摩头亮黄灯。



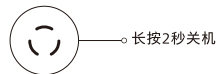
4. 第三次短按“开关”键，由外向里揉捏不加热，按键指示灯和按摩头亮蓝灯。



5. 第四次短按“开关”键，由里向外揉捏不加热，按键指示灯和按摩头亮蓝灯。

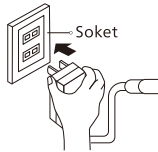


6. 默认15分钟定时关机，若需要中途停止，长按“开关”键2秒关机。

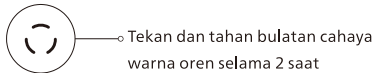


! 请根据自身情况合理选择按摩方式，单次使用请不要超过30分钟，使用后请让机器休息30分钟。

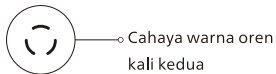
1. Masukkan palam ke dalam salur output kuasa



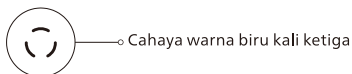
2. Tekan dan tahan butang "On/Off" selama 2 saat untuk memulakan urutan, pemanasan dapat dihidupkan secara lalai, kepala urut diuli dari luar ke dalam, lampu penunjuk butang berwarna oren, dan lampu kepala urut berwarna kuning.



3. Tekan sejenak butang "On/Off" untuk kali kedua, uli dan panaskan dari dalam ke luar, lampu penunjuk butang berwarna oren, dan kepala urut berwarna kuning.



4. Tekan sejenak butang "On/Off" untuk kali ketiga, uli dari luar ke dalam tanpa pemanasan, lampu penunjuk butang dan kepala urut akan menyala warna biru



5. Tekan sejenak butang "On/Off" untuk kali keempat, uli dari dalam ke luar tanpa pemanasan, lampu penunjuk butang dan kepala urut menyala berwarna biru.



6. Masa lalai ialah 15 minit, jika Anda perlu berhenti pada separuh jalan, tekan dan tahan butang "On/Off" selama 2 saat untuk mematikkannya.



! Sila pilih kaedah urutan dengan munasabah mengikut situasi Anda sendiri. Tolong jangan gunakannya lebih daripada 30 minit pada satu masa. Sila biarkan mesin berehat selama 30 minit selepas digunakan.