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Made in China

Rev A NOV 22



PHILIPS

Massage Gun

Sports Massage Gun

PPM7721



User Manual

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1 Instructions for User

Please read this manual carefully and keep it properly before using the product.

Symbol Description

To avoid personal injury or property damage, be sure to observe the contents below.

- The following symbols are used to illustrate what you should observe.



Indicate prohibition



Indicates the instructions should be followed

Applicable Users



The following users should use the device with caution:

People under treatment at a medical institution or in the following conditions, should consult with a doctor or physiotherapist before using the product.

- Users with skin sensory disorders
- Users with metal, silicon or plastic implants in vivo due to fracture or plastic surgery
- Users with sequela due to traffic accidents
- Users with implantable medical electronic instruments in vivo who are vulnerable to electromagnetic failures such as cardiac pacemakers
- Users who are deemed to have lost the sense of temperature

- Users with malignant tumors
- Users with heart disease
- Users who are pregnant or shortly after giving birth
- Users with perceptual disturbance caused by diabetes
- Users who are injured but not healed
- Users with muscle injuries
- Users in poor health
- Users with osteoporosis, severe fracture, sprain, muscle pain, and acute pain (headache)
- Users with fever symptoms
- Users with acute inflammatory symptoms, including fatigue, aversion to cold, blood pressure changes and other symptoms
- Other users who are treated in medical institutions

Precautions for Use



This product is set for 10-minute timing each time. Do not use it for more than 20 minutes each time. After use, stop the device for 30 minutes to ensure the extension of service life.



Do not wear excessive clothes during use.



Do not to overuse the massage function.



Stop the device immediately if you feel back pain, dizziness, vomiting, palpitation and other abnormal reactions during use.



Keep away from liquid or heat source, and keep the charging port free of dust. To avoid potential damage, the product will not power on during charging.



After charging, disconnect the power supply in time.



Stop the device immediately if it cannot work properly or you feel any abnormal.

- ❗ Before each use, carefully check whether the product can be used normally according to the operation instructions in this manual.
- ⊘ Do not use it while sleeping.
- ⊘ Do not use it under a quilt or blanket.
- ⊘ Do not lie or sit on the product.
- ⊘ Do not bring serious impact and huge load to the product.
- ⊘ Do not use the product in the bathroom or shower.
- ⊘ Do not exercise violently while carrying the device.
- ⊘ Do not disassemble, modify or repair the product by yourself.
- ⊘ Do not use the product under the following circumstances:
 - When you are severely tired
 - Within one hour before and after meals
 - When you are drunk

Precautions for Maintenance

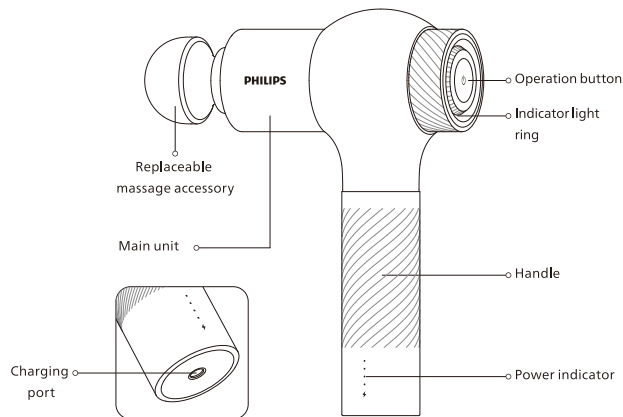
- ❗ Be sure to turn off the device when cleaning.
- ❗ Properly handle the packaging of this product and keep it away from infants.
- ❗ Be sure to confirm whether the switch is normal in advance before it is used again if it has not been used for a long time.
- ❗ Do not use volatile oil, thinner, alcohol, strong alkaline detergent, bleach and other cleaning agents for maintenance.
- ❗ Frequently check the device for any sign of wear or damage. If there is such sign, or if the device has been misused, contact the supplier for maintenance before reuse.

- ⊘ This product contains lithium batteries. Do not disassemble, modify, immerse the product (controller) in water or throw it into fire, otherwise the product may be damaged.
- ⊘ Keep out of reach of children and infants. In addition, do not allow them to touch or operate the product. Otherwise, electric shock, or personal injury may occur.
- ⊘ Do not damage, modify, bend or pull the power cord. In addition, do not place heavy objects or squeeze the power cord.

2 Product Features

This product is available for relaxing the tense muscles by massaging the soft tissues of the body with high frequency. A variety of massage accessories can be combined to massage muscles all over the body.

3 Parts Name



Rubber spherical head
Suitable for daily massage and relaxation



Titanium flat head
Suitable for muscle relaxation after high intensive exercise



Flat air cushion head
Air cushion buffer design, suitable for relaxation and rejuvenation in every parts in entire body



Curved air cushion head
With up to 4 contact points, suitable for massage in large area



Pointed tip head
Used to impact the deep tissues, and suitable for massaging palm and foot bottom



U-shaped head
Suitable for massage at specially centralized areas such as shoulder, heel tendon and rear of calf



Wedge-shaped head
Suitable for shaping massage at large muscle groups



Sponge head
With soft and flexible surface, suitable for massage for warm-up and relaxation



Duo head adapter
Dual-branched design, two massage heads can be used simultaneously for massage.

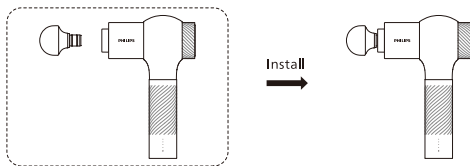


Charging stand
Inductive charging. Insert the massage gun to charge after connecting to the power supply.

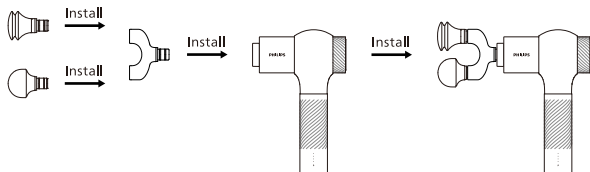
4 How to Use

Installation

1. According to the massage demand, insert the appropriate massage accessory into the front round hole of main unit. The below picture shows the status when accessory is installed in place.



2. Insert the appropriate massage accessories into the front round holes of the duo head adapter, and then insert the adapter into the round hole in front of the main unit.



Operation

1.Power on the device

Press and hold the operation button for 2 seconds to power on the device.
When the device power on, it will work in gear level 1.

2.Shift gear level

When device is on, short press the operation button to shift gear levels from 1 to 5. In level 5, short press again to power off the device.

3.Power off the device

There are 3 ways to power off the device:

- (1)Press and hold the operation button for 2 seconds;
- (2)Short press the operation button in level 5;
- (3)The device will automatically turn off after 10 minutes of work.

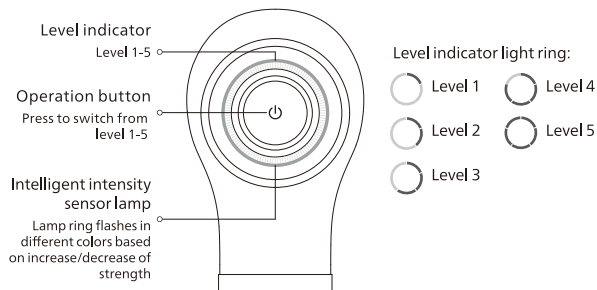
4.Stall protection

To protect both the user and the device from harm in abnormal cases, the device will turn off automatically when stalled. Please check the safety status before restart the device.

5.Indicator light ring

Gear level indication:

Each time after key operation, the indicator light ring turns into level indicator for 3 seconds and shows the level status as the picture below.

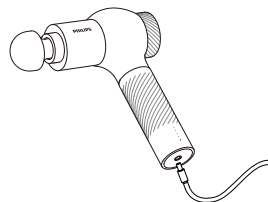


Intelligent intensity indication:

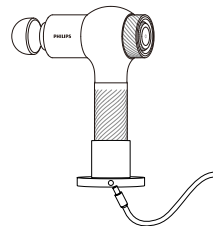
Without key operation for 3 seconds, the indicator light ring turns into Intelligent intensity indicator and shows the massage intensity range with its colors. Please refer to the contents in Description of Indicator Lights for details.

Charging Method

1. Before the first use, charge the device for 4 hours until it is fully charged.
2. While charging, connect the DC end of the 26V adapter provided to the battery charging port, and plug the AC side cable into the 100~240V power socket. Alternatively, connect the DC end of adapter to the interface of charging base, and then place the main unit directly on the charging stand for charging.
3. The LED lamp on the device flashes regularly to display the battery level, and indicating that it is being charged.
4. The battery can be charged at any time and at any power level. Do not start the device while charging.
5. When the battery capacity is less than 10%, the lamp ring flashes red, indicating that it needs to be charged.
6. The fully-charged device can be operated for about average 2-3 hours, depending on the working level and strength.



Direct charging



Charging on the charging stand

5 Description of Indicator Lights

Level indicator	Status	Description
1 section of light ring	Remain 3 s	Level 1
2section of light ring	Remain 3 s	Level 2
3section of light ring	Remain 3 s	Level 3
4 section of light ring	Remain 3 s	Level 4
5 section of light ring	Remain 3 s	Level 5

Pressure feedback indicator	Status	Description
Blue light ring	Remain on	0-5 kg
Green light ring	Remain on	5-7 kg
Yellow light ring	Remain on	7-9 kg
Orange light ring	Remain on	>9 kg


Power indicator	Status	Description
1 power light	Flashing	Current power $\leq 1\%$
1 power light	Remain on	Current power 2%-20%
2 power light	Remain on	Current power 21%-45%
3 power light	Remain on	Current power 46%-99%
4 power light	Remain on	Current power 100%

Charging indicator		Description
Red light ring on	1 power light flashing	Current power 2%-20%
Orange light ring on	1 power light on	Current power 21%-45%
Yellow light ring on	2 power light on	Current power 46%-70%
Green light ring on	3 power light on	Current power 71%-99%
Green light ring on	4 power light on	Current power 100%

6 Maintenance

Cleaning

1. Clean the surface of device with a slightly wet towel, and then dry it with a soft cloth.
2. Put the device in the appropriate portable bag for storing or traveling.
3. Store the device in a dry and well-ventilated place without corrosive gas.
4. Clean and pack the device if it is not used for a long time. It is recommended to charge it every 1 month.
5. This product is suitable for transportation by car, train, ship and airplane. During transportation, the product shall be fixed against violent vibration, collision, rolling and falling, and shall be placed upward and be handled with care and rain proof.

 During maintenance, the power cord must be unplugged, but do not unplug it with wet hands.

Discard

The lithium-ion battery used in this product is a valuable resource that can be recycled. Take out the lithium-ion battery when it is used up and discarded, and then hand it over to a professional institution that can recycle the rechargeable batteries for disposal.

Battery removal: Pry the bottom of main unit, and then remove the battery from the device.

- The battery must be taken out of the product before the device is discarded;
- The product must be powered off when removing the battery;
- The battery shall be handled safely;
- The battery cannot be replaced by user arbitrarily.

7 Troubleshooting

This chapter lists the most common problems to the product. If the problems you encounter are not included in the following tables, please call our service hotline or contact the authorized service center in your region.

Fault Description	Troubleshooting
The massage accessory slips out or falls off	Check whether the massage accessory is installed in place
Start-up failure	Check whether the power capacity is sufficient (charge for more than 8 hours if not used for a long time)
Charging failure	1. Check whether the voltage and current of the adapter are in line with the product requirements 2. Check whether the charging connector and power supply are plugged in place
Sudden stop after continuous operation for 10 minutes	This is a setting for protection of long-term operation. It is normal to switch from operation mode to standby mode, and it can be restarted by pressing the button.
The message accessory is suspended after being blocked	This is a setting for protection against abnormal operation. It is normal to switch from operation mode to standby mode, and it can be restarted by pressing the button.
Reasonable use of the product can effectively prolong its service life. It is recommended that: 1. Do not throw or drop the device during use. 2. Do not use the device continuously for more than 20 minutes. Keep away from humid environment when using or storing. 3. Please charge the device every 1 month if it is not used for a long time.	

If the product has been left unused for a long time, be sure to confirm that its functions is normal before using it again.		
Regular check	Check for the following faults	In the event of the above faults, stop using the device immediately and cut off the power supply to prevent accidents. Please send it to our maintenance center.
	<ul style="list-style-type: none">· Whether the power cord or plug is hot· Whether the power cord is deeply scratched or deformed, and has a burnt smell· Whether there is abnormal sound or vibration during work· Whether the product can work properly after switch on· Whether there are other abnormalities or faults	

Note:
If the fault cannot be eliminated or the product still cannot be operated satisfactorily, contact the after-sales service personnel, and do not disassemble or attempt to repair by yourself.

8 Main Specification

Product Name	Philips Sports Massage Gun
Product Model	PPM7721
Operating Voltage	22.2V ===
Operating Power	30W
Charging Voltage	26V ===
Charging Current	1A
Battery Capacity	2600mAh
Charging Time	4 hours
Net Weight	Approx.1060g
Dimension	234x152x69mm

9 Service Guideline for Warranty

Service and Support

If you require assistance with the operation of the product, its features or specifications. Please call Mann & Noble on +61 (0) 2 8801 7666 in Australia or +64 (0) 800 112 660 in New Zealand, email Philips.Massager.ANZ@mann-noble.com or visit www.philips.com/support.

Warranty

Please refer to the separate warranty leaflet provided with this product.

Warranty Card

Product model		User name	
Sales company		Phone number	
Purchase date		Serial number	
Special technical service station		User address	
Service content	Date	Service personnel	

10 Packing List

Massage Gun	1x	DC Charger	1x
Duo Head Adapter	1x	Charging Stand	1x
Massage Head	9x	Storage Bag	1x
User Manual	1x	Quick Start Guide	1x