

PHILIPS

Massage Gun

Mini Massage Gun

PPM7303



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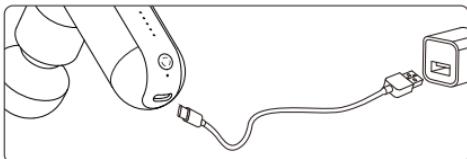


Rev A MAR 23



Quick Start Guide

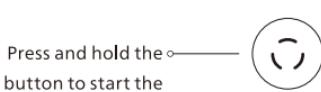
1. It is recommended to charge the device for 4 hours before first use. Do not turn it on when charging.



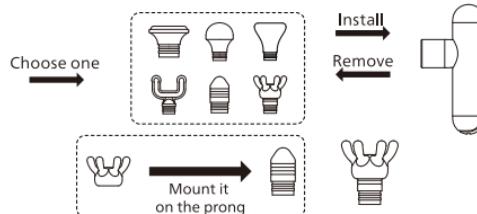
2. When the battery indicator is always green, it indicates that the battery is fully charged. When the indicator flashes red (the battery remaining capacity is lower than 5%), please charge it in time.



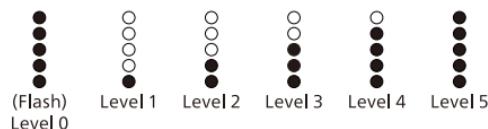
3. After continuous use of the device for 10 minutes, it will automatically switch off. Restart the device if you need to use it again.



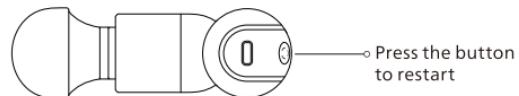
4. When installing the massage head, insert it into the front round hole of the massage gun, and then press it firmly to the end.



5. Press and hold the operation button to start the device, then the device will enter Level 0 by default, and the level indicator will have 5 lamps on and flash. The massage head does not move when it is in Level 0. If the hot compress massage head is inserted, the hot compress function is enabled. Press the button once to increase one level. Press the button at Level 5 to enter Level 0 again, and repeat in this way.

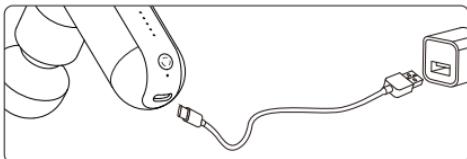


6. The massage head is suspended after being blocked. This is to protect the device against abnormal operation and make it switch from operation mode to standby mode. Press the button to restart the device.



! Please choose the massage intensity reasonably according to your own situation. Do not use the device for more than 10 minutes at a time.

1. 首次使用前，建议充电4小时。充电时，请勿开机使用。



2. 当电量指示灯常亮绿色，表示电量已充满。当指示灯呈红色闪烁(电量低于5%)，请及时充电。



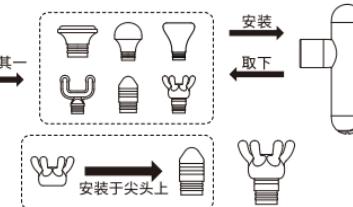
电量指示灯。——○

3. 连续使用10分钟后，将自动关机。如再使用，请重新开机。

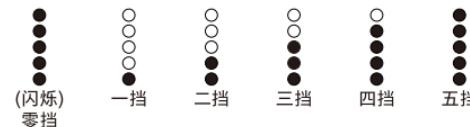


长按开机。——○

4. 安装按摩头时，将按摩头插入筋膜枪前方圆孔内，用力按压到底。



5. 长按开机，默认进入0挡，挡位指示灯亮起5颗，闪烁。0挡时按摩头不运动，若插入热敷按摩头则热敷功能开启。每按一次按键则挡位递增1挡，5挡后再按按键再次进入0挡，依次循环。

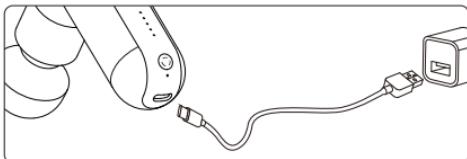


6. 按摩头堵转后停止输出，为运行异常保护功能设定，由运行转为待机模式，短按按键可重新启动。



! 请根据自身情况合理选择按摩力度，单次使用请不要超过10分钟。

1. Sebelum penggunaan pertama, adalah disyorkan untuk melakukan pengecasan selama 4 jam. Jangan hidupkan semasa pengecasan.



2. Apabila lampu penunjuk kuasa senantiasa berwarna hijau, maka artinya adalah bateri telah dicas sepenuhnya. Jika lampu penunjuk berklik merah (maka bateri lebih rendah daripada 5%), sila caskannya tepat pada masanya.



Penunjuk bateri

3. Selepas 10 minit penggunaan secara berterusan, ia akan dimatikan secara automatik. Jika Anda ingin menggunakan sekali lagi, sila mulakan semula mesin.

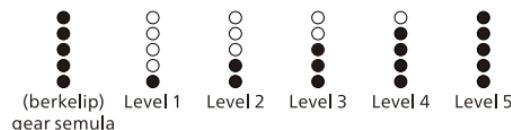


Tekan lama untuk
menghidupkan

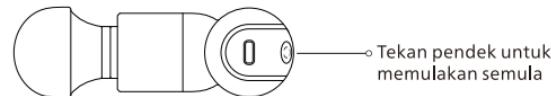
4. Apabila sedang memasang kepala urut, sila masukkan kepala urut ke dalam lubang bulat di hadapan pistol fascia dan tekan dengan kuat ke hujungnya.



5. Tekan lama untuk menghidupkan, lalai ialah gear 0 dan penunjuk gear menyalakan lampu merah. 5 dan akan berkelip. Kepala urut tidak bergerak pada gear 0, dan fungsi kompres panas akan dihidupkan jika kepala urut kompres panas telah dimasukkan. Setiap kali butang ditekan, maka gear dinaikkan sebanyak 1 gear, dan selepas gear ke-5, tekan butang untuk memasukkan gear 0 sekali lagi, dan kitaran diulang secara bergilir.



6. Selepas kepala urut dihentikan, maka ia akan berhenti mengeluarkan kuasanya, dan ia akan ditetapkan dalam fungsi perlindungan operasi yang tidak normal, daripada berjalan ke mod siap sedia, tekan pendek butang untuk memulakan semula.



! Sila pilih intensiti urutan secara munasabah mengikut situasi Anda sendiri, dan sila jangan gunakannya selama lebih daripada 10 minit pada satu masa.