# Notes from today's visit

# Brush with toothpaste and a Philips Sonicare power toothbrush designed to help with: Sensitive teeth Gum care Plaque removal Stain removal Floss your teeth each day with: String floss Floss picks Power/water flosser Rinse with a mouthwash that helps with or contains: and use it \_\_\_\_ time(s) a day. Improve your oral health habits by setting a goal. Focus on:

# Create healthy oral care habits at home!

Remember to brush your teeth twice a day for 2 minutes with a Philips Sonicare power toothbrush and don't forget to floss every day.

# Thank you for visiting our office today!









### sonicare ZOOM!



removes up to 99.9% of plaque in treated areas.\*

\* In an in-vitro study, actual results may vary

### Philips Sonicare power toothbrushes

use Sonicare technology to pulse fluid between teeth and along the gumline while 62,000 bristle movements per minute remove biofilm.



touch-up on-the-go.