

PHILIPS

Snoring Relief Band

SmartSleep

86% reported reduced snoring¹

Clinically proven

For positional back snoring

30-day money back guarantee

SN3710/10



Quieter nights for you and your partner¹

The Snoring Relief Band is the first Philips solution designed to alert you before your snoring starts. The sensor is worn in a strap around your torso and delivers gentle vibrations to turn you from your back to your side.

Personalized experience

- Personalized improvements

Easy to read data

- Sensor data on the screen

Easy to experience

- How does it work?
- Vibrating technology
- Fall asleep in a favorite position
- This solution is intended for:

30 day moneyback

- Money back guarantee

Highlights

Money back guarantee

The Philips Store offers a 30 day hassle-free return policy. If you are not fully satisfied with Philips SmartSleep product within 30 days, you may contact 1-866-309-3263 for a full refund. <https://philips.com/a-w/terms-of-use.html>

Snoring Relief Band sensor

The first Philip's solution designed to alert you before your snoring starts. Using clinically proven technology, the positional monitor detects when you're moving onto your back and delivers adaptive vibrations that prompt you to sleep on your side – leading to quieter nights for you and your partner.¹

Self-learning algorithm

The sensor has a self-learning algorithm that optimizes the vibration levels based on your individual reaction time (response rate). Every 5 days, the vibration will change intensity and pattern to make sure you do not become used to the device, and promotes good sleeping position¹ – night over night.

Adaptation Phase

To help you ease into your new experience, the Snoring Relief Band has an adaptation phase where the number of vibrations will increase in percentage over time. After your 8th session, the sensor will vibrate every time you sleep on your back.

Sensor data

The sensor has 3 different display screens to show you your night's data. The Response rate screen shows how many times (in percentage) you turned from your back to your side after the sensor vibrates. The second screen shows how many hours you spent in bed. And the final screen shows how many hours you spent on your back.

30-minute sleep timer

A built in 30-minute timer, allows you to fall asleep in your favorite position – back, stomach, or side – before the sensor starts detecting position movement. After 30 minutes, the sensor will begin sending vibrations to change your sleeping position from off your back, to your side.

Intended audience

Philips SmartSleep Snoring Relief Band is intended to reduce snoring disruptions for positional-dependent back snoring where snoring ceases when sleeping on your side, leading to an improved sleep experience. This product is not a medical device and is not intended for use in the mitigation and treatment of disease or conditions including POSA (Positional Obstructive Sleep Apnea). If you continue to snore while on your side, or gasp and stop breathing when snoring you may have sleep apnea and should consult a physician.

Specifications

Product Details

Sensor Dimensions: 3.1 x 1.7 x 0.5 inches

Sensor Weight: 1 oz

Strap Length: 28-51 inches

Strap Weight: 1.16 oz

Material: Polyester, Nylon, Spandex

Package contents

Include: Sensor, Chest strap, Charging cable, Instructions for Use

Cleaning

Chest strap: Machine washable, lay flat to air dry

Technical Specifications

Charging: Direct charge, 8 hours

Operation: 8 sleep sessions of use between full charges

Battery: Lithium Polymer 3.7v

