



Philips ActionFit  
Sports headphones

### Best for indoor use

Sweat/ water proof  
in-ear hook



SHQ3400LF

## PUSH YOUR LIMITS

### Adjustable earhook sports headphones

Philips Actionfit NoLimits headphones help you stay focused and motivated when you need it most. With an adjustable ear hook and lightweight, sweatproof design, you can enjoy great sounding headphones that are as intense as your workouts.

#### Intensity

- High performance sound pushes you further
- Get immersed in your workout with noise isolation

#### Freedom

- Extreme comfort for training: 7.1gm ultralight headphones
- Patented adjustable ear hook for a personalized fit
- 3 ear tip sizes for the optimum fit
- Cable clip included for tangle-free workout

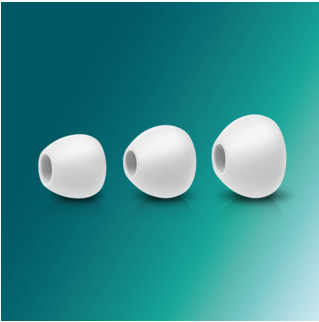
#### protection

- Ideal for intense workouts with IPX4 water resistance
- Kevlar® reinforced cable for ultimate durability
- Sporty carrying pouch for easy storage
- Washable after workouts

# PHILIPS

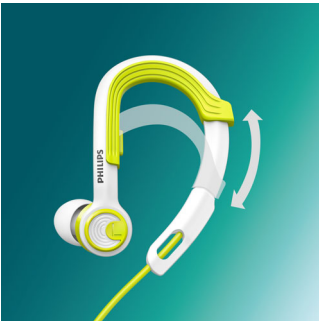
# Highlights

## 3 ear tip sizes



Comes with 3 pairs of ear tips in different sizes, offering you the best possible fit.

## Adjustable ear hook



With its patented adjustable ear hook, ActionFit headphones ensure a fit that's secure yet comfortable. Just hook the headphones on to your ears and slide the adjustable hook up or down to snugly fit your ear just so. Now you're all set to conquer any workout or terrain - your headphones are staying on, no matter what.

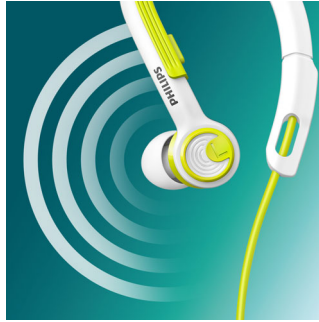
## Extra durable Kevlar® cable



Your ActionFit headphones are designed for durability and strength. Its Kevlar-coated cable

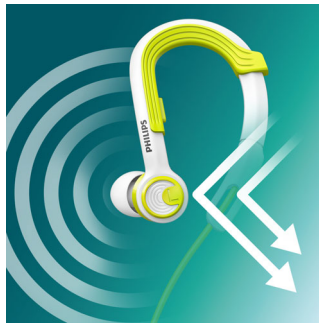
is well protected against tearing and breaking, and can withstand extreme environments and workouts.

## High performance sound



8.6 mm drivers pump out high performance sound, pushing you to perform at your best.

## Noise isolation

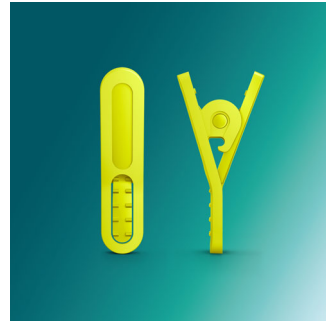


In-ear headphones create a tight seal in the ear canal, resulting in a high-impact noise isolation effect. Meanwhile ergonomic acoustic tubes ensure an optimal fit.

## Sweatproof and waterproof

Don't be afraid to break a sweat, or venture into the elements. With an IPX4 rating, you can get sweaty and work out in the rain without any moisture entering the earpiece.

## Tangle-free workout



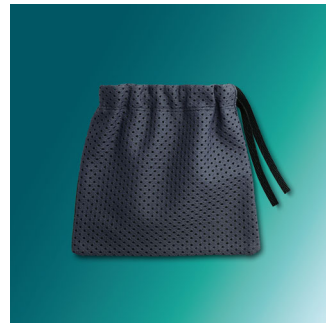
A cable clip keeps the wires out of your way while you push yourself harder.

## Ultralight design



Your ActionFit headphones weigh in at a mere 7.1gm, making them ultra lightweight and a pleasure to wear. In fact, you will hardly feel them when you're working out - just the superb, powerful sound that keeps you focused and motivated.

## Sporty pouch



Keep your headphones safe in the breathable pouch for quick access and easy portability.

# Specifications

## Sound

- Diaphragm: PET
- Frequency response: 6 - 24 000 Hz
- Acoustic system: Closed
- Magnet type: Neodymium
- Impedance: 16 ohm
- Maximum power input: 20 mW
- Sensitivity: 107 dB
- Speaker diameter: 8.6 mm

## Design

- Color: Lime Yellow & White

## Connectivity

- Connector: 3.5 mm
- Cable length: 1.2 m
- Cable Connection: two-parallel, symmetric
- Finishing of connector: Gold plated

## Accessories

- Eartips: 3 sizes S,M,L
- Storage pouch

## Inner Carton

- Gross weight: 0.43 lb
- Gross weight: 0.195 kg
- GTIN: 2 69 25970 70972 3
- Inner carton (L x W x H): 18 x 8.2 x 10.5 cm
- Inner carton (L x W x H): 7.1 x 3.2 x 4.1 inch
- Nett weight: 0.142 lb
- Nett weight: 0.0645 kg

- Number of consumer packagings: 3
- Tare weight: 0.1305 kg
- Tare weight: 0.288 lb

## Outer Carton

- Gross weight: 4.065 lb
- Gross weight: 1.844 kg
- GTIN: 1 69 25970 70972 6
- Outer carton (L x W x H): 38 x 18.1 x 24.8 cm
- Outer carton (L x W x H): 15 x 7.1 x 9.8 inch
- Nett weight: 1.138 lb
- Nett weight: 0.516 kg
- Number of consumer packagings: 24
- Tare weight: 1.328 kg
- Tare weight: 2.928 lb

## Packaging dimensions

- Packaging dimensions (W x H x D):  
2.5 x 17.5 x 9.5 cm
- Packaging dimensions (W x H x D):  
1 x 6.9 x 3.7 inch
- EAN: 69 25970 70972 9
- Gross weight: 0.0547 kg
- Gross weight: 0.121 lb
- Nett weight: 0.047 lb
- Nett weight: 0.0215 kg
- Number of products included: 1
- Packaging type: Blister
- Tare weight: 0.073 lb
- Tare weight: 0.0332 kg
- Type of shelf placement: Both



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12 NC: 8670 001 35094  
EAN: 69 25970 70972 9

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