



Philips  
Abdominal massage belt

**EMS pulse**  
3 temperature levels  
Detachable design

PPM4331

## Fitness&massage,dual effect of exercise&relaxation

Silver ion×EMS×hot compress, relax with massage

Combined EMS pulse and hot compress function, it promotes blood circulation in the waist and abdomen and relieve muscle pain and discomfort. Multiple temperatures and massage strengths are available, suitable for different people to use.

### **Nano Silver Ion Technology**

- Nano-silver cloth to gathers heat and promote sweating
- Comfortable surround protects your waist and abdomen

### **EMS Pulse Massage**

- EMS microcurrent massage accelerates muscle movement
- 6 modes and 16 intensities to assist massage relaxation

### **Worry-free Use**

- Large screen display & long battery life for wireless massage
- Intelligent voice reminder, simple and easy to use

# PHILIPS

# Specifications

## General specifications

- Product Dimension (LxWxH): 1050×203×20 mm
- Net weight: about 400g
- Color: Black

## Main parameters

- Working voltage: 3.7 V
- Auto shut-off time: 15 minutes
- Temperature of heating: about 40-50 °C
- Working power: 8 W

- Battery: 2500 mAh
- Charging current: 1 A
- Charging voltage: 5 V
- Charging port: USB Type-C

## Country of origin

- Made in: China

## Service

- Warranty period: 2 years

# Highlights

## Nano Silver Ion Technology

Made of highly active silver ion coating lining, it conducts heat quickly and locks in temperature for a long time. With the hot compress function, it can increase body temperature even while sitting and promote sweating. Wearing it during exercise can speed up calorie burning and improve exercise efficiency. 3 levels of temperature are available: 40, 45 and 50.

## Comfortable Protection

The high-elastic fabric fits the waist and abdomen, making it comfortable to wear. It tightens the waist and abdomen without constricting the body. It fits the waist and abdomen curves and evenly applies force to the waist and abdomen. It stretches longitudinally and supports horizontally to disperse the pressure on the lumbar spine during exercise and reduce sports injuries.

## EMS Microcurrent Massage

Upgraded EMS frequency setting to help muscles move independently, allowing you to exercise your waist and abdomen while sitting or standing.

## Multiple Modes and Intensities

6 major areas of joint massage, covering a wide area, deeply targeting the waist and abdominal muscle groups, simulating waist and abdominal muscle movement and massage relaxation. With 6 modes (abdominal strengthening, tapping, kneading, exercise, massage, relaxation) and 16 intensities, you can always find a massage combination that suits you.

## Wireless Controller

Large screen display: 6 modes and 16 intensities are clear at a glance. It is also equipped with a color light bar to display the hot compress status. It has many functions but will not be confusing. It has a built-in 2500mAh lithium battery, which can be used for up to 120 minutes after a full charge. You can take it out with peace of mind.

## Intelligent Voice Reminder

There are mechanical buttons on the controller, and mode adjustment and intensity adjustment are operated by separate buttons, making the interaction clear. Intimate intelligent voice reminder allows you to operate clearly without looking down.



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