

Philips NECK MASSAGER Massage shawl

Kneading and grasping

2 hot compress levels Dual wearable design

PPM3522

Warm kneading to relax body and mind

6-point massage on the upper back

Combined 2-level hot compress function with 6-point kneading, it can massage and relax the shoulders, neck and back, also waist, legs and arms. Different massage modes and intensity levels are suitable for different groups of people.

Powerful massage

- Upgarded massage nodes for better massage effect
- 45° oblique angle to fit the shoulder and neck curves
- 90 minutes of battery life, no worries about battery life

Various massage techniques

- · Combine kneading and grasping
- 2 levels of hot compress for relaxation
- Available in kneading mode, relaxing mode and neck-care mode

Ingenious design

- · Wearable massager with pull straps and elastic bands
- Simple control panel and considerate voice broadcast
- Available in neck, shoulders, arms, waist and legs
- Comfortable, light and washable fabrics



Kneading and grasping 2 hot compress levels, Dual wearable design

Specifications

General specifications

- Power supply: Type-C charging cable
- · Massage type: Kneading, Grasping, Hot compress
- · Color: Dark blue
- Product Dimension (LxWxH): 282x361x115 mm
- Gross weight: about 1.49kg
- Net weight: about 1.28kg

Main parameters

- Working voltage: 7.4 V
- Auto shut-off time: 10 minutes
- Temperature of heating: about 40-45 °C

- Working power: 16 W
- Massage modes: 3
- · Battery: 2000 mAh
- · Charging current: 2 A
- Charging voltage: 5 V
- Massage strength levels: 2

Country of origin

• Made in: China

Service

· Warranty period: 2 years



Issue date 2024-04-13

© 2024 Koninklijke Philips N.V. All Rights reserved.

Version: 1.1.1

Specifications are subject to change without notice. Trademarks are the property of Koninklijke Philips N.V. or their respective owners.

EAN: 48 97126 05082 0 www.philips.com

PM3522DB/97

Highlights

Large area massage

The 3D massage nodes are arranged according to curves of shoulders and neck to cover larger area for massage. The upper massage heads are about 95mm wide, which increases the massage coverage and helps to lift and pull muscles strongly. The lower massage heads are about 75mm long, and the massage part is reasonably adjusted to help push and press the trapezius muscles.

Golden angle facilitates effective oblique

pushing
The massage nodes are at a 45 angle, fitting the curves of the human body and simulating manual kneading and grasping for a comfortable and powerful experience.

Durable batteryThe massager has a built-in 2000mAh large-capacity battery. Once fully charged, it can be used for about 90 minutes. Intelligent scheduled massage for 10 minutes every day: During the time of drinking coffee, you can awaken the vitality of your shoulders and neck.

Combined massage

It simulates manual massage to achieve the massage feel of the thumb and palm alternately kneading, grasping and pinching. The moderate intensity gives you a muscle-stretching feeling!

4620mm² rapid heating

Equipped with stable heating technology, gentle heat penetrates the shoulders and neck. 2 levels of warmly hot compress at 40 and 45 degrees, combined with strong massage, allowing you to quickly unwind tense musles.

3 major modes in 2 intensities

Preset kneading mode, relaxing mode and neck-care mode in mild intensity and strong intensity. You can choose the most comfortable massage way according your body situation.

Dual wearable design

Put the massager on the shoulders, and then you can adjust the areas to be massaged with the pull straps, or fix the massager to the area with the elastic bands and the buckle. Dual wearable design frees your hands, allowing you to massage and work at the same

Easy to operateThe control panel is simple, with only three large raised buttons, making the operation easy to understand. There are clear voice prompts with every operation, making it easy for even the elderly to use it.

Multiple usages

It not only kneads the shoulders and neck, but also easily kneads the waist and back, relax the legs and feet, and massage the arms through adjusting the massage intensities and massage parts with the pull straps, elastic bands and buckles.

Skin-friendly fabrics

Selecting user-friendly cloth, which is soft and breathable. The cloth of the massage are can be removed and washed.