



# Designed to easily get on and go

## Great for users with limited mobility

The 4.0 R's low step entry welcomes users with limited mobility. Along with features for enhanced comfort, the 4.0 R's reclined positioning provides a comfortable ride for users of all abilities.

## **Enhanced comfort**

- Each pedal is slightly inverted for optimal foot angle
- Seat moves forward and back, and reclines for comfort

## Innovative programs

- · Maintain your desired heart rate
- ${\boldsymbol \cdot}$  Intensity-based program using METs as the benchmark

## Portable and environmental friendly

- ${}^{\centerdot}$  No electrical is needed. Pedaling motion powers the console
- · The generator contributes to smoother performance

## Intutive and easy-to-use console design

- ${}^{\centerdot}$  Bluetooth-based receiver is compatible with HR straps
- · LED display and clear overlay enhance user interaction

## Highlights

## **HR Auto pilot**



Heart rate-based programming is available at the touch of a button. Clinicians can assign their patients a targeted heart rate zone and the program adjusts the speed and incline accordingly to stay in the zone. A variety of preset programs gives users a number of choices for the type of exercise they are looking for.

## Self generating power

Self-generating power allows the 4.0 R to be placed virtually anywhere in a commercial or paramedic facility. This energy saving feature also meets UL in the United States, and European standards, CE and EN957, for environmentally conscious facilities.

## Ergonomic pedal angles



For comfortable foot angle and cycling motion, pedals are inverted 2-degrees and feature optimal biomechanics.

## Multi-adjustable seat



Oversized, padded seat with lumbar support provides a comfortable fit for a wide variety of users. The seat allows for fore/aft and seat back angle adjustments.

### **Magnetic resistance system**

The magnetic resistance system provides a smooth, comfortable ride, as well as consistent application and replication of resistance levels. It also provides quiet operation and reduces the need for routine maintenance because there are not brake pads creating heat and friction on the flywheel.

## **METs-based program protocol**

The ReActiv series features an innovative METs program that not only displays your metabolic equivalent, but also helps you maintain your desired METs by automated resistance adjustments. Resistance adjustments occur according to user's real-time watt input.

## **Built-in heart rate receiver**

The ReActiv series incorporates state-of-theart user interface and Bluetooth. Heart rate can be tracked real-time via Bluetooth with heart rate monitoring chest straps.

## New appearance and interface

The new LED console features a big, easy-to-read dot matrix display, two windows at the bottom, and one message window on top for readouts. This includes calories, distance, pulse, and many indicators according to users' program selections. Users can take in all of the information at one glance. The overlay enables intuitive operation with easy-to-identify color contrast and quick buttons to switch between Fitness, METs, HR programs, and more.

## Specifications

## **Compliance**

Certifications: CE Class SA, EN957, UL (Commercial grade)

#### **Brake**

Type: Magnetic resistance system

## **Power AC**

Volts: Generator

## Applicable connectivity

ANT+

Bluetooth (FTMS)

## **USB** port

Charging: No

## **Accessory set**

Adjustable crank arm: Optional

## **Built-in HR receiver**

Type: ANT+, Bluetooth

## **CSAFE**

Yes: -

#### Fan

Yes: 3 speed levels

## **Hand pulse**

Yes: -

## Max user weight

lbs: 350 kg: 159

## **Programs**

include: Custom, Hill, HR Auto pilot, Interval, Manual, METs, Plateau, VO2, HR 65%, HR 80%, HR Interval

## Resistance

level: 1 to 40

## Start resistance

watts: 10

## Work rate

watts: 10 to 750

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Issue date 2019-08-23 Version: 12.2.3

12 NC: 8670 001 61283 EAN: 87 12581 76124 0

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