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本手冊內容與實物可能存在差異，請以實物為準，如產品有任何更新恕不另行通知。

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PHILIPS

腿部按摩器

膝蓋按摩器

PPM5301



User Manual
使用說明書

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1 Instructions for User

Please read and keep this specification carefully before use.

Symbol description

To avoid causing personal harm or property damage, be sure to follow the following.

- Use the following illustration to separately illustrate what you want to follow.



Prohibit



Represents needs to be done as instructed

Applicable Persons



The following populations should be used with caution

- People with leg nerve impairment or skin sensory disorders.
- Pour metal, silicon or plastic into the hand for fracture or plastic surgery.
- The appliance has a hot surface function and must be used with care by people who are not sensitive to heat.
- People with leg or knee sequelae due to traffic accidents.
- Patients with or have had leg diseases (tendon injury, arthritis deformity, fractures, varicose veins, etc.).
- People with implanted medical electronic devices who are susceptible to electromagnetic failures such as pacemakers.

- People deemed to have lost a temperature sensation.
 - People with a malignancy.
 - People with a heart disease.
 - Unease in the beginning of pregnancy People who regularly or shortly after giving birth.
 - Diabetes causes people with perceptual disorders.
 - People with scars on their skin.
 - People need quiet and people in poor health.
 - People with osteoporosis, people with severe fractures, sprains, muscle pain, acute (head) pain.
 - Body temperature is 38°C (fever).
 - With acute inflammatory symptoms, burnout, cold, blood pressure changes and other symptoms of the strong, weak time.
 - Others who are treated at a medical facility.
-

Use Precautions



Each use time is 30 minutes, please check your knee condition, and then adjust the number of uses appropriately.



It is recommended to use the level 1 strength at the beginning of this product stage.



When using this product, your knees may turn red in a short time. This does not mean that there is a problem. If this symptom continues to resolve, consult the surgeon.



When wearing silk stockings, the strap on the product may break through your silk stockings, and you can remove them to use.



If you feel pain around your legs or knees, please stop using the product immediately.

- ❗ If you have any problems with your skin or legs during use, please stop using this product immediately and consult with your physician.
 - ❗ It is recommended not to overuse the massage function.
 - ⊘ No use when sleeping.
 - ⊘ Do not cover it with a quilt or blanket.
 - ⊘ Do not lie down or sit on the product.
 - ⊘ Prohibit to bring huge impact and load to products.
 - ⊘ Do not use the products in the bathroom or in the shower room.
 - ⊘ Do not wear the body for any other event.
-

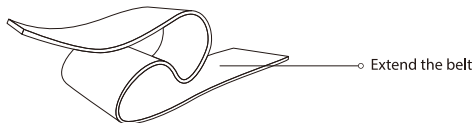
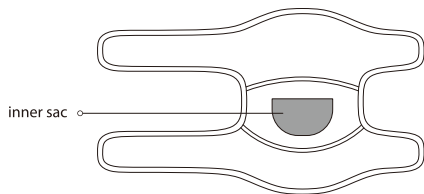
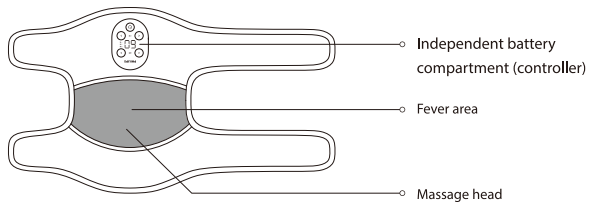
Maintenance Precautions

- ❗ When cleaning, always unplug the adapter from the home power outlet. Please properly handle the packaging bag of this product to keep it away from infants and young children.
- ⊘ This product contains lithium battery, do not remove, modify, water immersion product (controller) or throw into the fire, otherwise it may cause product damage.
- ⊘ Do not keep it within the contact range of children and infants. In addition, do not let them contact or operate this product. Otherwise, it may cause burns, electric shock, or personal injury.
- ⊘ Do not damage or modify, or vigorously bend or pull the power cord out. Also, do not place heavy objects or squeeze the power cord on the power cord.

2 Product Features

This product through the imitation of hand flap with hot compress function, can promote knee blood circulation, relieve muscle and joint pain, a variety of temperature and massage strength is available, suitable for different groups of people for knee massage maintenance. With the extension belt for use, it can also be used for other parts of the body maintenance.

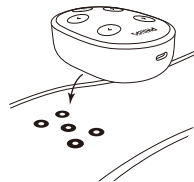
3 Parts Name



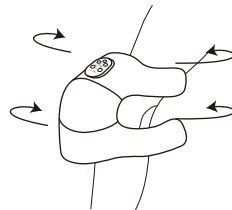
4 How to Use

! Preparations before Use

1. Take the magnetic suction buckle behind the battery compartment together and the magnetic suction buckle on the body, so that the battery compartment is firmly installed on the body;

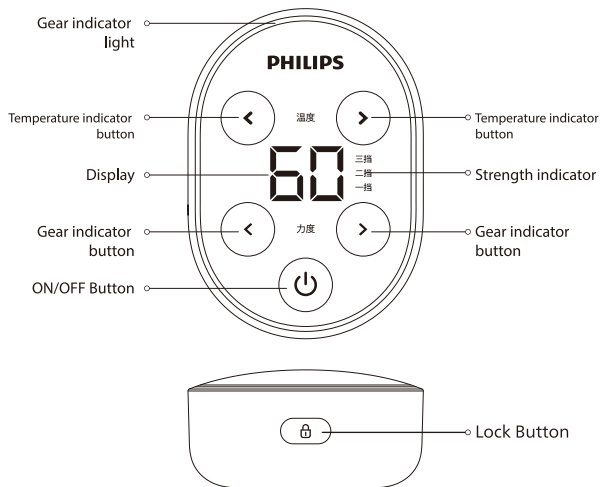


2. Put the massager into your knee and adjust the tightness through the Velcro on the strap.



! When wearing silk stockings, the strap on the massager may break through your silk stockings. Please remove the silk stockings and use them again.

Use the operation:



Use the operation

Switch button

1. In standby state, press the switch button for 2 seconds to turn on / off, and the default heating is 50°C, and the vibration strength is Level 1. Voice broadcast "Hello, Philips";
2. Short press the switch button to turn on / off the heating function, and voice broadcast "on heating" / "off heating";

3. The machine is scheduled for 30 minutes by default, and automatically shut down after 30 minutes to play shutdown music.

Adjust the keys

1. Short press the strength "<" and ">" keys to adjust the vibration strength (Level 1, Level 2, Level 3, close the vibration cycle switch);
2. When adjusting, the corresponding strength indicator light is on, the display screen is on synchronously (L1, L2, L3), and automatically switch to the temperature display after 2 seconds. Broadcast "1", "2", "3" and "Close vibration" each time.

Temperature adjustment button

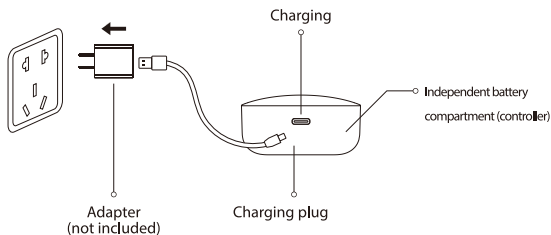
1. Short press the temperature "<" and ">" key to adjust the temperature (40°C, 45°C, 50°C, 50°C, 55°C, 60°C cycle switch), the middle display shows the current temperature; each accompanying voice broadcast "40°C", "45°C", "50°C", "50°C", "60°C".

Lock screen button

When the machine is working normally, long press the 2-second lock screen button to lock / open the screen, each operation accompanied by voice broadcast "lock screen" and "open screen".

Charging Method

1. Plug the charging plug into the charging hole on the side of the battery compartment;
2. Insert the charger plug into the 220V~ / 50Hz power socket;
3. When charging, the indicator lamp ring is blue breathing light until the blue light is fully charged;
4. It takes about 3 hours to fully charge.
5. Please use the 5V/1A charger of the authorized manufacturer for charging.



- ❗ When the power is less than 10%, the indicator ring shows a blue flash for 5 seconds, and the voice broadcast "battery is low, please charge in time", and shut down.
- ❗ Please turn it off and charge it again. You cannot use it while charging.

Description of Indicator Light

Battery coil lamp	State	Description
Orange	Long bright	Turn on heating
Blue	Long bright	Turn off the heating
Orange	Breathing light	Turn on the heating and lock in the screen
Blue	Breathing light	Turn on the heating and lock in the screen
Blue	Flash for 5 seconds	Power < 10%
Blue (in power-off state)	Breathing light	In charging
Blue (in power-off state)	Long bright	The power is full

5 Maintenance

Cleaning Method

1. Battery compartment (controller) nursing: the battery compartment (controller) display screen with touch control function should be properly protected, and please wipe with soft cloth when cleaning.
2. Cloth area care: water washing is not supported in the cloth area. When needing cleaning and maintenance, please use alcohol sterilization and sweat stains or wipe with a clean and wet towel.



- ❗ When maintenance, be sure to pull out the power cord, but do not use wet hands to remove the wire.
- ❗ When not in use for a long time, it is recommended to charge once a month.

6 Diagnosis

This chapter lists the most common questions about this product. If you cannot find answers to the questions you encountered in them, please contact the service hotline or the authorized service center in your area.

Battery coil lamp	State	Description
Unable to start	The product is still connected to the power outlet	Remove the charging cable from the body
	Battery power is exhausted	Please charge
	The power button is not firmly pressed	Press the power key firmly until it is in place
The charging indicator light is not lit	The USB charging cable is not properly plugged into the power outlet	Please insert the USB charging cable into the power outlet correctly
Even if it is just overcharged, it only lasts for a few minutes	Battery life exhausted (approximately 5 years)	Please consult with dealer (do not replace battery)
The body is not heated	This product may not be positive when used outside of the recommended ambient temperature range often run	Use in the recommended operating temperature range of 0 to 40 °C
The product stops working during the operation process	The battery power is exhausted	Please charge if charge
	After 30 minutes, the product will automatically shut down	To continue using, please reboot

After not using it for a long time, be sure to confirm that the function is normal before you can use it again.		
Regular product check	Is there any of the following faults	If the above faults occur, in order to prevent accidents, please stop the use immediately, and cut off the power supply. Please send it to our repair site.
	<ul style="list-style-type: none"> The power cord or plug is hot The power cord is deeply scarred or deformed and burnt There is an abnormal sound or vibration at work With the switch on, it does not work properly There are other abnormalities or faults 	

pay attention to:

If the fault cannot be eliminated or the product is still not ideal operation, contact the after-sales service personnel, do not remove or try to repair.

7 Main Specification

Product name	Philips Knee Massager
Product Model	PPM5301
Rated Voltage	5V ---
Power Rating	7W
Charging Voltage	5V ---
Charging Current	1A
Product Size	500×290×30mm
Net Weight of Product	310g
Battery Capacity	2500mAh
Manufacture Date	See the product qualification certificate

8 Service Guideline for Warranty

Warranty and Service

The product is a household appliance with exquisite design and high-quality component. Within two years from the date of purchase, you will receive free warranty service for any damage caused by the manufacturing process or components under normal operation confirmed by our maintenance service.

The warranty service does not include consumable components, transportation fee and door-to-door service. Please show the proof of purchase to the service personnel during maintenance.

You cannot receive free warranty service under the following conditions:

1. Damage by improper operation, such as improper components connection, improper installation, deprived of manual use, mis-operation.
2. Negligence and damage because of transportation or other accident.
3. Maintenance and modification without approval.
4. Other damage caused by force majeure (such as natural disaster, abnormal voltage, etc.).
5. Damage caused by general use outside home (e.g. industrial and commercial use).
6. Aging, wearing and tearing caused by normal operation of the product without affecting normal operation of the product.

This statement serves as a publicity for free maintenance within the specified time limit and conditions, and does not limit the legal rights of consumers.

Please contact our local maintenance service center for any information or difficulties or you can consult through the hotline.

HongKong

Hotline: 852-3188-4987

Service Email: Philips.Massage.hk@centuryfield.com

Taiwan

Hotline: 0800-661-600

Service Email: Philips.Massage.hk@centuryfield.com

Warranty Card

Product Model		Customer Name	
Seller		Contact Number	
Date of Purchase		Serial Number	
Service Center		Customer Address	
Maintenance Content		Date	service personnel

9 Packing List

Main Unit	1x	Battery	1x
USB Cable	1x	User Manual	1x
Quick Start Guide	1x	Certificate	1x

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1 使用者必讀

產品使用前請仔細閱讀並妥善保管本說明書。

符號描述

為避免造成人身危害或財產損失，請務必遵守以下內容。

· 用以下圖示來分別說明希望遵守的內容。



表示禁止



表示需要根據指示去做

適用人士

 以下人士應謹慎使用

- 有腿部神經障礙或皮膚神經障礙者。
- 因骨折或整形手術而在腳部/手部注入金屬、矽或塑膠材質者。
- 器具具有發熱表面，對熱不敏感的人使用時必須注意。
- 因交通事故等而存在腿部或膝蓋後遺症者。
- 患有或曾患有腿部疾病（肌腱損傷、關節炎畸形、骨折、靜脈曲張、等疾病者）。
- 容易受到心臟起搏器等電磁故障影響的體內植入型醫療電子儀器人士。
- 被認定失去溫度感覺人士。
- 有惡性腫瘤的人。
- 患有心臟病人士。
- 孕婦或剛生育婦女。
- 糖尿病引起有知覺障礙人士。
- 皮膚上有傷口人士。
- 需要安靜人士和身體狀況不佳人士。

- 具有骨質疏鬆症人士、劇烈骨折、扭傷、肌肉疼痛、急性（頭）疼痛人士。
- 體溫38°C（發燒）或以上。
- 具有急性炎症症狀、倦怠感、惡寒、血壓不穩定等症狀的強烈、衰弱的時候。
- 正接受醫療機構治療人士。

使用注意事項

- ❗ 每次使用時間為30分鐘，請檢查自己的膝蓋狀況，然後適當調整使用次數。
- ❗ 建議在剛開始使用本產品階段選用1段力度。
- ❗ 使用本產品時，膝蓋初期會有微紅現象，此情況是正常的。如此症狀持續並沒有改善，請向外科醫生諮詢。
- ❗ 穿著絲襪使用時，產品上的綁帶可能會勾破絲襪，請避免穿著絲襪時使用按摩器。
- ❗ 如果感到腿部或膝蓋周圍疼痛，請立即停止使用本產品。
- ❗ 如果在使用過程中皮膚或腿部出現敏感或其他問題，請立即停止使用本產品並向醫生諮詢。
- ❗ 建議不要過度使用按摩功能。
- ⊘ 禁止睡覺時使用。
- ⊘ 禁止蓋上被子或毛毯使用。
- ⊘ 禁止在產品上躺著或坐著。
- ⊘ 禁止給產品帶來巨大的衝擊和負荷。
- ⊘ 請勿在浴室內或淋浴間內使用產品。
- ⊘ 請勿佩戴機身參加任何其他活動。

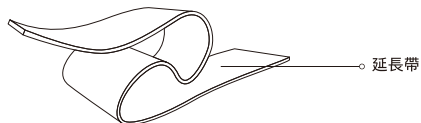
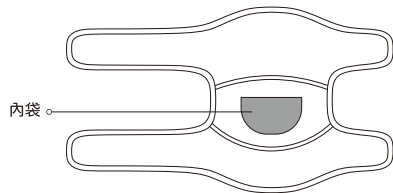
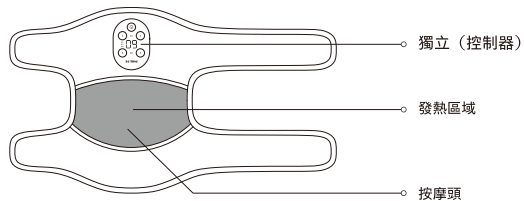
保養的注意事項

- ❗ 進行清潔時，請務必從家用電源插座上拔掉適配器的插頭。
- ❗ 請妥善處理本產品的包裝袋，使其遠離嬰幼兒。
- ⊘ 本產品內含鋰電池，請勿自行拆卸、改裝、水浸產品（控制器）或投擲火中，否則可能導致產品損壞。
- ⊘ 請勿存放在兒童和嬰幼兒的接觸範圍之內。此外，請勿讓他們接觸或操作本產品。否則，可能會引起灼傷、觸電或人身傷害。
- ⊘ 請勿損壞或改裝、或用力彎曲、拉拔電源線。另外，請勿在電源線上面放置重物或擠壓電源線。

2 產品功能

本產品通過仿人手拍打配合熱敷功能，可促進膝關節血液循環，緩解肌肉與關節疼痛，多段溫度及按摩力度可供選擇，適合不同人士用於膝蓋按摩保養。配合延長帶使用，還能用於身體其他部位保養。

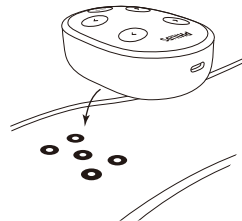
3 配件名稱



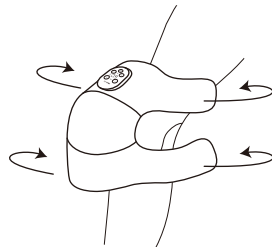
4 使用方法

❗ 使用前的準備事項

1. 將控制器背後的磁吸扣與機身上的磁吸扣相吸，使控制器穩固安裝於機身上；

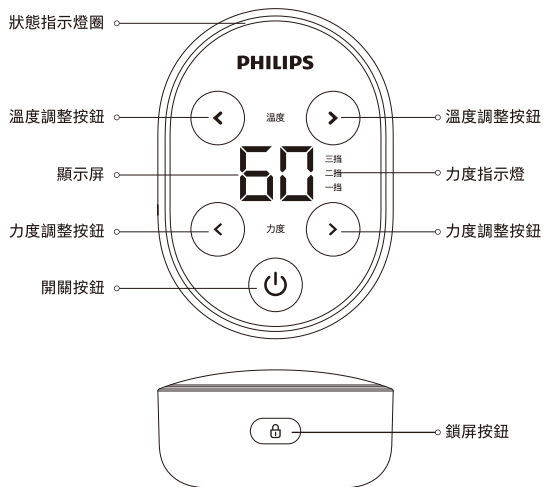


2. 將按摩器套入膝蓋，通過綁帶上的魔术貼可調節鬆緊。



❗ 穿著絲襪使用時，按摩器上的綁帶可能會勾破絲襪，請避免穿著絲襪時使用按摩器。

使用操作：



開關按鍵

1. 待機狀態下長按開關按鍵 2 秒開機 / 關機，開機默認加熱 50°C，震動力度 1 段；
2. 短按開關按鍵可開啟 / 關閉加熱功能；
3. 機器默認定時 30 分鐘，操作 30 分鐘後自動關機。

力度調較按鍵

1. 短按力度“<”、“>”按鈕調節震動力度（1段、2段、3段、關閉震動循環切換）；
2. 調節時，相應的力度指示燈亮起，顯示屏同步亮起（L1、L2、L3），2秒後自動切換為溫度顯示。

溫度調較按鍵

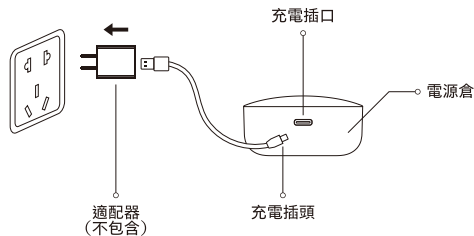
- 短按溫度“<”、“>”按鈕調節溫度（40°C、45°C、50°C、55°C、60°C循環切換），中間顯示屏顯示當前溫度。

鎖屏按鍵

- 當機器正常工作時，長按2秒鎖屏按鍵可以鎖定/開啟螢幕，每次操作伴隨有提示音。

充電方法

1. 將充電插頭插入控制器側面的充電孔內；
2. 將充電器插頭插入220V~ / 50Hz 的電源插座上；
3. 充電時指示燈圈呈現藍色呼吸燈狀態，直至充滿電常亮藍色燈；
4. 充滿電約需3小時。
5. 請使用正規廠家的5V/1A充電器進行充電。



- ❗ 當電量少於10%時，指示燈顯示藍色頻閃5秒提示，並關機。
- ❗ 請關機後再充電，禁止充電期間使用產品。

指示燈說明

控制器圖燈	狀態	描述
橙色	長亮	開啟加熱
藍色	長亮	關閉加熱
橙色	呼吸燈	開啟加熱，鎖屏中
藍色	呼吸燈	關閉加熱，鎖屏中
藍色	頻閃5秒	電量<10%
藍色（關機狀態下）	呼吸燈	充電中
藍色（關機狀態下）	長亮	電量已充滿

5 保養維護

清潔方式

1. 控制器護理：應妥善保護好有觸控功能的控制器顯示屏，清潔時請使用軟布擦抹。
2. 布料區域護理：布料區域不能水洗。需要清潔保養時，請用酒精殺菌除汗漬或用潔淨濕毛巾擦抹。



- ❗ 保養的時候，必須把電源線拔掉。
- ❗ 長時間未使用時，建議1個月充電一次。

6 故障診斷

本章列出了關於本產品最常見的問題。如果您無法在其中找到您所遇問題的答案，請聯繫服務熱線或您所在地區的授權服務中心。

問題描述	可能原因	解決方式
無法啟動	產品仍連接在電源插座上	將充電線從機身上移除
	電池電量耗盡	請充電
充電指示燈不點亮	電源按鈕未按下地按下	確定已按下電源按鈕2秒，直至按動到位
	USB充電線未正確插入電源插座	請將USB充電線正確插入電源插座
即便剛充過電後只能使用幾分鐘	電池壽命用盡(大約5年)	請向經銷商諮詢(請勿自行更換電池)
機身不加熱	在建議的環境溫度範圍之外使用時，本產品可能無法正常運行	在建議的0~40°C的使用溫度範圍內使用
產品在操作過程中停止工作	電池電量已耗盡	電量不足請充電
	30分鐘定時結束，產品自動關機	如需繼續使用，請重新開機

長時間未使用後，務必先確認功能正常，才能再次使用。		
定期檢查	有無以下故障	若出現上述故障，為了防止引發事故，請立刻停止使用，並切斷電源。請送往您所在地區的維修中。
	<ul style="list-style-type: none"> • 充電線或者插頭髮熱 • 充電線有嚴重的傷痕或者變形、有焦味 • 工作中有異常的聲音或者震動 • 開啟開關後，不正常工作 • 有其他異常或者故障 	

注意：

如果無法排除故障或產品仍無法正常操作，請與售後服務人員聯繫，切勿自行拆卸或嘗試維修

7 主要技術參數

產品名稱	飞利浦膝蓋按摩器
產品型號	PPM5301
額定電壓	5V ---
額定功率	7W
充電電壓	5V ---
充電電流	1A
產品尺寸	500×290×30mm
產品淨重	310g
電池容量	2500mAh
生產日期	見產品合格證

8 產品保修服務指南

保修及服務

此產品是一件設計精良，用高品質元件製造之家用電器，在正常使用及保養下應能發揮其優越性能。在購買日期後起計兩年內，凡經本公司特約維修站人員確認為正常使用情況下，因製作工藝或原配件造成之損壞，您都將獲得免費保修服務。此免費服務不包括需時常更換的消耗品，運輸費及維修人員上門服務費，維修時請提供有效購買憑證。

以下情況將不能獲得免費服務

1. 使用不當引起的人為損壞，例如接入不適當配件、不適當之安裝、不依說明書使用、錯誤使用或疏忽而造成損壞等。
2. 因運輸及其他意外而造成之損壞。
3. 非經本公司認可之維修和改裝。
4. 其他因不可抗力（如自然在乎，電壓異常等）造成的損壞。
5. 一般家庭以外使用（如工業、商業用等）而造成的損壞。
6. 正常使用引起的產品老化，磨損等，但不影響產品使用。

該說明作為在規定期限及條件之內進行免費維修的宣貫，並不限製消費者的法定權力。

若您需諮詢相關資訊，或遇困難事項時，請聯絡本公司當地維修服務中心，或向服務熱線諮詢。

香港：

服務熱線：852-3188-4987

服務郵箱：Philips.Massage.hk@centuryfield.com

臺灣：

服務熱線：0800-661-600

服務郵箱：Philips.massager@xander.com.tw

保修卡

產品型號		用戶姓名	
銷售單位		聯繫電話	
購買日期		出廠編號	
技術服務站		用戶地址	
維修內容		時間	保修人員

9 裝箱清單

主機	1×	控制器	1×
充電線	1×	說明書	1×
快速入門指南	1×	合格證	1×