

PHILIPS

腿部按摩器

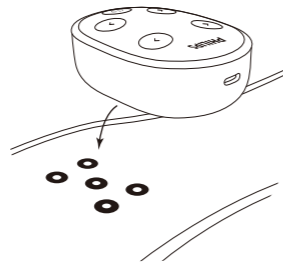
膝蓋按摩器

PPM5301

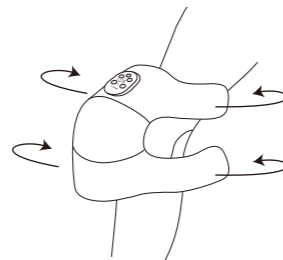


Quick Start Guide 快速入門指南

1. The magnetic suction buckle behind the battery compartment (controller) and the magnetic suction buckle on the body phase suction, so that the battery compartment (controller) is firmly installed on the body.



2. Knee use: the net cloth surface is oriented toward the body, the fever area is aimed at the knee joint, respectively, to fix the magic stickers on the 2 groups of binding belts.



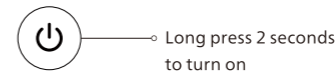
3. Elbow use: the net cloth surface is facing the arm, the heating area is aimed at the elbow joint, and the Velcro on the 2 groups of bands are fixed respectively.



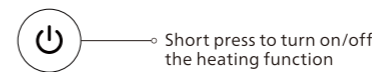
4. Shoulder use: connect the extension belt to one end of the longer strap, and fix it by Velcro; the mesh surface of the massager is toward the shoulder, the heating area aims at the shoulder joint, and finally fix the Velcro on the 2 groups of straps respectively.



5. Long press the switch button for 2 seconds to start, start the default heating 50°C, vibration strength 1 gear.



6. Short press of the switch button to turn on / off the heating function.



7. Short press the strength "<",">" keys to adjust the vibration strength (1,2,3, close the vibration cycle switch).



8. Short press the temperature "<",">" key to adjust the temperature (40°C, 45°C, 50°C, 55°C, 60°C cycle switch), and the display shows the current temperature.



9. Short press the button to lock/open the screen.



10. The massager automatically turns off and goes into standby state.



11. The cloth area cannot be washed, please use alcohol sterilization and sweat stains or wipe with a clean and wet towel.



Unwashable

- ❗ 1. When wearing silk stockings, the strap on the massager may break through your silk stockings. Please DO NOT wear the silk stockings for further use.
- 2. It is recommended to use level 1 strength at the beginning of using the massager. Your knees may turn red after use, and you can relieve themselves after a period of time.



請在以下網站連接中了解詳情

www.philips.com

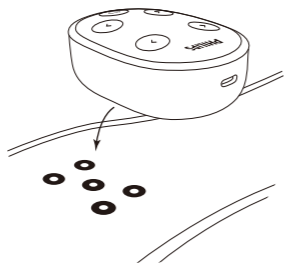
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水護盾是飛利浦淨飲水解決方案、熱水解決方案、衛浴解決方案、水杯及個人按摩器唯一品牌官方授權運營主體。

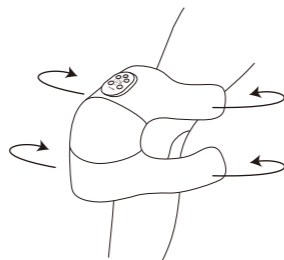
Rev A JUL 22



1. 將控制器背後的磁吸扣與機身上的磁吸扣相吸，使控制器穩固安裝於機身上。



2. 膝部使用：網布面朝向身體，發熱區域對準膝關節，分別將2組綁帶上的魔術貼固定好。



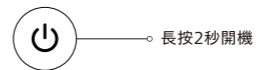
3. 肘部使用：網布面朝向手臂，發熱區域對準肘關節，分別將2組綁帶上的魔術貼固定好。



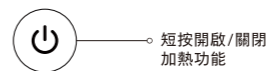
4. 肩部使用：把延長帶接在較長的綁帶一端，通過魔術貼固定；按摩器的網布面朝向肩部，發熱區域對準肩關節，最後將2組綁帶上的魔術貼分別固定好即可。



5. 長按開關按鈕2秒開機，開機默認加熱50°C，震動力度1段。



6. 短按開關按鈕可開啟/關閉加熱功能。



7. 短按力度“<”、“>”按鈕調節震動力度（1段、2段、3段、關閉震動循環切換）。



8. 短按溫度“<”、“>”按鈕調節溫度（40°C、45°C、50°C、55°C、60°C循環切換），屏幕顯示當前溫度。



9. 開機狀態下，短按按鈕可以鎖定/開啟屏幕。



10. 按摩器操作30分鐘後自動開機，進入待機狀態。



11. 布料區域不可水洗，請用酒精殺菌抹除汗漬或用乾淨濕毛巾擦抹。



- 1. 穿著絲襪使用時，按摩器上的綁帶可能會勾破您的絲襪，請請避免穿著絲襪時使用按摩器。
- 2. 建議在剛開始使用按摩器階段請先選用1段力度，使用初期膝蓋會有微紅現象，稍後會自然消退。如感到持續不適，敬請暫停使用。