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Massage Gun

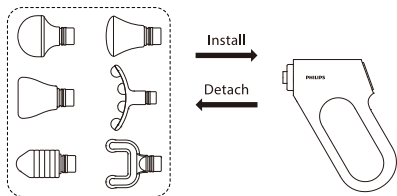
Sports Massage Gun

PPM7322

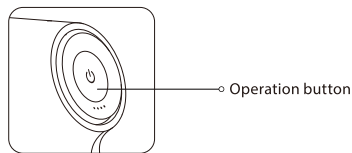


Quick Start Guide

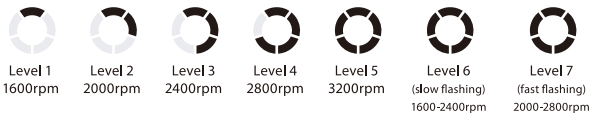
1. Select a massage head according to the massage demand, and insert it into the front round hole of the fascial gun.



2. Hold the operation button on the back of the device for 2 s to turn it on.



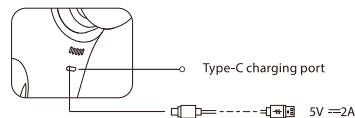
3. Press the operation button to switch from level 1 to level 7. At this moment, the light ring will display the level;



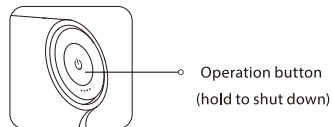
4. 3 seconds no operation, then the lamp ring automatically switch to pressure feedback mode, the color of the lamp ring to display the strength of massage.



5. When the battery capacity is less than 10%, the light ring will flash in red. Please charge in time. Under the charging condition, the light ring is on. When it is in static green, it indicates that the battery has been fully charged.



6. The default off time is 10 minutes. To stop the device midway, please hold the operation button to turn it off.



- 1. Do not operate the device during charging.
- 2. It is recommended to operate the device from the lowest level for the initial use.
- 3. Never apply the device for the body parts with weak muscle coverage, such as spine, neck, head and joints.
- 4. Avoid using the device on the same part for a long time to prevent physical injury.