



Philips goLITE BLU  
energy light



HF3320/01

## Feel more energetic

Energy throughout the day, in a natural way

The Philips goLITE BLU is a compact and portable energy light which produces blue light like a clear summer sky. This particular light therapy is known to naturally help increase your energy levels whenever you need it and help fight winter blues.

### Comfortable, convenient and easy to use

- Extra durable LED lights
- Easy control of timer and intensity
- Use for just 15-45 minutes each day to experience results
- 100% UV-free blue light

### Increases energy levels and fights winter blues

- Helps to alleviate the symptoms of the winter blues
- Helps to increase energy levels
- Uses specific blue light like a clear sunny sky

### Proven benefits

- Clinically proven\* to improve mood and energy
- 100 years of Philips expertise in light technology
- Independent research shows improved energy levels with users

# PHILIPS

# Highlights

## Natural blue light



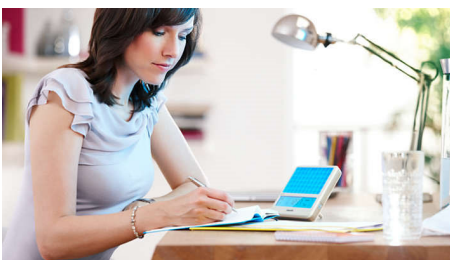
goLITE BLU energy light produces a particular kind of pure blue light that occurs naturally on very sunny, clear days. Special receptors in the eyes absorb this blue light, which makes you feel energetic whenever you need it.

## Fights the winter blues



In countries with long winters, many people experience loss of energy and low spirits due to lack of light. These symptoms are referred to as the winter blues. They typically start in autumn and may last for several weeks. Philips goLITE BLU is a simple and natural way to alleviate these symptoms and restore your summer mood and energy level.

## Increases energy levels



Our busy lifestyles demand a lot from us and we want to be at our best both during work and private time. Sometimes we experience low moments or dips during the day. Using the goLITE BLU energy light at any time of day will

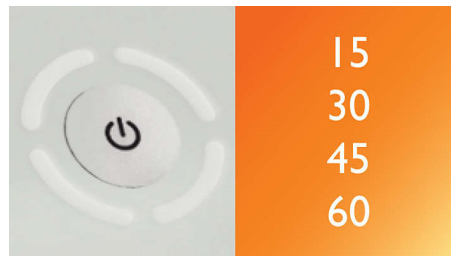
help you to increase your energy levels and alertness in a natural way.

## Use for 15-45 minutes per day



Place goLITE BLU in your field of vision—no need to look directly into the light. Using the goLITE BLU energy light for at least 15 minutes naturally improves your mood and energy level whenever you need it. Using it for longer is absolutely safe. Regular use every morning during the winter months will help to alleviate symptoms of the winter blues.

## Simple timer and dimmer



Set the timer according to your needs to 15, 30, 45, 60 minutes and choose the right brightness from the three levels by using the dimmer.

## Long lasting LEDs



The durable LED lights in the goLITE BLU energy light can be used for 30 minutes a day for 50 years, without losing efficacy.

## UV-free



The pure, blue light increases your energy naturally, like on a sunny day, but without the UV rays associated with sunlight.

## Improved energy levels



Independent research shows that 70% felt their energy levels improved after using for 2 weeks. Bzz Agent UK 2011; n = 823

## Clinically proven\*



Clinically proven\* to fight winter blues and increase energy levels.

# Specifications

## Technical specifications

- Voltage: 100–240 V
- Cord length: 150 cm
- Power: 5.4 W
- Frequency: 50/60 Hz
- Insulation: Class II (double insulation)
- Type of lamps: LED
- Lifetime of lamps: 10,000 hour(s)

## Weight and dimensions

- Product dimensions: 14 x 14 x 2.5 cm
- Product weight: 0.3 kg
- Box dimensions (W x H x D): 17 x 18 x 10.5 cm
- Box weight: 0.5 kg
- Master carton: 2

## Logistic data

- CTV code: 884332001
- Country of origin: China

## Easy to use

- On/off button
- Treatment timer: 15, 30, 45, 60 min

## Comfortable light

- Advanced diffusion optics
- Wide treatment field
- Light Intensity dimmer: Yes, 3 levels
- Specific blue light

## Medical appliance

- Medical Device Directive: 2007/47/EC, MDD 93/42/EEC

## Portable

- Small, compact design
- Corded use only

## Well-being by light

- Fight the winter blues
- Increase alertness
- Increase energy level

## Safety and Regulations

- UV-free: No UV or near UV radiation
- Not for general illumination
- Complies to IEC 60601-1 Ed. 3
- CE 0344 Certified



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\* Anderson, J. et al. Acta Psychiatr Scand 2009 120: 203-12