

Philips
EnergyLight

HF3319/01



Feel as energetic

Boosts your energy as on a sunny day

The Philips Energy Light is a special light therapy device that gives you the daylight and energy for you to retain the summer feeling all year long in a way that easily fits your daily routine.

Comfortable and easy to use light

- Adjustable angle
- Light intensity dimmer
- Treatment time indicator
- UV-free

Proven benefits

- 100 years of Philips expertise in light technology
- 91% of users are satisfied with their EnergyLight
- Clinically proven to fight winter blues
- 94% agree EnergyLight fights winter blues

Fight winter blues and increase energy levels

- 10,000 lux light intensity
- Helps to alleviate the symptoms of the winter blues and SAD
- Use it for 30 minutes per day

PHILIPS

Highlights

Fight the winter blues



In countries with long winters, many people experience loss of energy and low spirits due to lack of light. These symptoms are referred to as the winter blues. They typically start in autumn and may last for several weeks. Philips EnergyLight is a simple and natural way to alleviate these symptoms and restore your summer mood and energy level.

10,000 lux light intensity



The EnergyLight produces light with all the intensity and quality of natural daylight. In fact, it can give you up to 10,000 lux, but without any unpleasant dazzle or glare.

Use for 30 min per day



Using the Philips EnergyLight at full intensity for just 30 minutes a day naturally improves your mood and energy level. Using it for longer is absolutely safe. Place the EnergyLight in your field of vision - no need to look directly into

the light. Regular use every morning during winter months will help to alleviate the symptoms of the winter blues and SAD.

Treatment time indicator



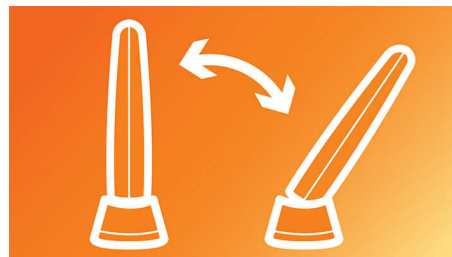
The EnergyLight has an LED timer that indicates the time the product has been used.

Light intensity dimmer



Fight winter blues and get the energy you have in summer while using the appliance at a convenient level of light you need for easy-reading etc. The EnergyLight features a light intensity dimmer so it can easily be adjusted between zero to about 10,000 lux (at 15-20 cm) matching the intensity of your personal preference.

Adjustable angle



The appliance can be positioned at various angles for comfortable use.

UV-free



The EnergyLight uses the full natural daylight spectrum. It meets European safety standards and features a UV-filtering screen. The EnergyLight is therefore safe to use.

Users prove it works

94% of users agree that the Philips EnergyLight successfully fights winter blues. Tested in US, CA, UK, NL (metrix lab) with 286 consumers.

High customer satisfaction

91% of users are satisfied with their Philips EnergyLight product. Tested in US, CA, UK, NL (metrix lab) with 286 consumers.

Clinically proven



Independent research shows that the Philips energy light products provide the light your body needs to fight winter blues and to increase your energy level. Energylight: 1) Avery et al. (2001) Acta Psychiatr Scand 103(4): 267-74; 2) Partonen et al. (2000) J Affect Disord 57(1-3): 55-61.

Specifications

Technical specifications

- Cord length: 200 cm
- Power: 75 W
- Frequency: 50 Hz
- Insulation: Class II (double insulation)
- Voltage: 230 V
- Type of lamps: 2 PL-L 36 W Philips EnergyLight
- Lifetime of lamps: 1700 hours (10,000 lux)
- Ballast operating frequency: 45 kHz...125 kHz

Weight and dimensions

- F-box weight (= A-box): 4.4 kg
- Box dimensions (W x H x D): 36 x 62.2 x 21.5 cm
- Box weight: 4.4 kg

Logistic data

- CTV code: 884331901
- Country of origin: Germany

Easy to use

- Adjustable angle: 20 degrees
- On/off button
- Treatment time indicator

Comfortable light

- Light intensity dimmer
- Even screen luminance
- Light intensity: 10.000 lux
- Natural white light
- Replaceable lamp

Easy positioning

- Adjustable angle: 20 degrees

Medical appliance

- Medical Device Directive: 2007/47/EC, MDD 93/42/EEC

Well-being by light

- Fight the winter blues
- Increase alertness
- Increase energy level

Safety and Regulations

- UV-free: No UV or near UV radiation
- Not for general illumination
- Complies to IEC 60601-1 Ed. 3
- CE 0344 Certified



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* Avery et al. (2001) Acta Psychiatr Scand 103(4): 267-74; Partonen et al. (2000). J Affect Disord 57(1-3): 55-61