

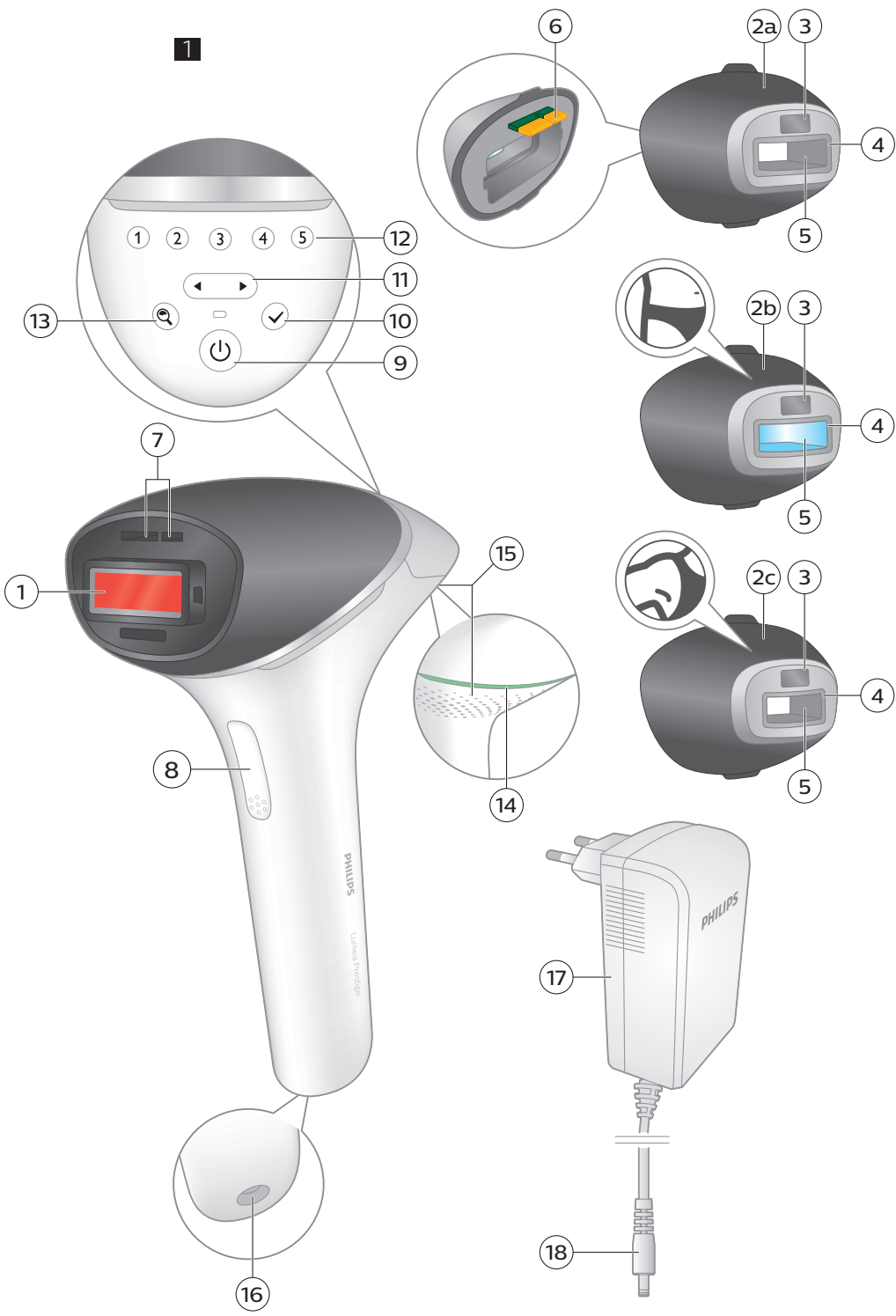
**PHILIPS**

Lumea

BG9041



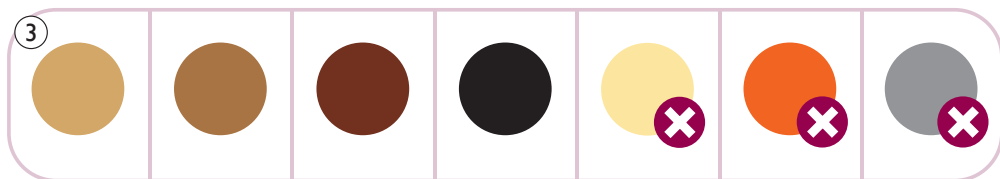
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## Skin tone table / 皮肤类型



## Hair color table / 毛发颜色



**English 6**  
**简体中文 31**

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## Welcome

Welcome to the beauty world of Lumea! You are only a few weeks away from silky-smooth skin.

Philips Lumea uses Intense Pulsed Light (IPL) technology, known as one of the most effective methods to continuously prevent hair regrowth. In close collaboration with skin experts we adapted this light-based technology, originally used in professional beauty salons, for easy and effective use in the comfort of your home. Philips Lumea is gentle and offers convenient and effective treatment at a light intensity that you find comfortable. Unwanted hairs are finally a thing of the past, look and feel amazing every day.

To fully benefit from the support that Philips offers, register your product at [www.philips.com/welcome](http://www.philips.com/welcome). For further information, please go to [www.philips.com/lumea](http://www.philips.com/lumea) to find our experts' advice, tutorial videos and FAQs and make the most of your Lumea.



Note: Keep these instructions with your product at all times.

## Device overview

- 1 Light exit window with integrated UV filter
  - 2 Attachments
    - 2a. Body attachment
    - 2b. Sensitive areas attachment
    - 2c. Underarm attachment
  - 3 Skin tone sensor
  - 4 Integrated safety system
  - 5 Reflector inside the attachment
  - 6 Electronic contacts
  - 7 Opening for electronic contacts
  - 8 Flash button
  - 9 On/off button
  - 10 Confirmation button
  - 11 Toggle buttons
  - 12 Intensity light indicators
  - 13 Setting indication button
  - 14 Ready to flash indicator
  - 15 Air ventilation slots
  - 16 Device socket
  - 17 Adapter
  - 18 Small plug
- Not shown: Cleaning cloth

# Contraindications

## General conditions

- Never use the device if you have brownish black or darker skin tone (you rarely to never sunburn, very dark tanning). In this case you run a high risk of developing skin reactions, such as hyperpigmentation and hypopigmentation, strong redness or burns.

Note: To check if your skin type allows usage of the device, consult the skin tone table with number 2 on the foldout page.



- Never use the device if you are pregnant or breastfeeding as the device was not tested on pregnant or breastfeeding women.
- Never use the device if you have any active implants such as a pacemaker, neurostimulator, insulin pump etc.

## Medications/History

Never use the device if you take any of the medications listed below:

- If your skin is currently being treated with or has recently been treated in the past week with Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.
- If you have taken any form of isotretinoin Accutane or Roaccutane in the last six months. This treatment can make skin more susceptible to tears, wounds and irritations.
- If you are taking photosensitizing agents or medications, check the package insert of your medicine and never use the device if it is stated that it can cause photo-allergic reactions, photo-toxic reactions or if you have to avoid sun when taking this medicine.

- If you take anticoagulation medications, including heavy use of aspirin, in a manner which does not allow for a minimum 1-week washout period prior to each treatment.

Never use the device:

- If you have received radiation therapy or chemotherapy within the past 3 months.
- If you are on painkillers which reduce the skin's sensitivity to heat.
- If you take immunosuppressive medications.
- If you have had surgery in the areas to be treated in the last 3 weeks.

## **Pathologies/Disorders**

Never use the device:

- If you have diabetes or other systemic or metabolic diseases.
- If you have congestive heart disease.
- If you have a disease related to photosensitivity, such as polymorphic light eruption (PMLE), solar urticaria, porphyria etc.
- If you have a history of collagen disorder, including a history of keloid scar formation or a history of poor wound healing.
- If you have epilepsy with flashlight sensitivity.
- If your skin is sensitive to light and easily develops a rash or an allergic reaction.
- If you have a skin disease such as active skin cancer, you have a history of skin cancer or any other localized cancer in the areas to be treated.
- If you have a history of vascular disorder, such as the presence of varicose veins or vascular ectasia in the areas to be treated.
- If you have any bleeding disorder.
- If you have a history of immunosuppressive disease (including HIV infection or AIDS).



## Skin condition

Never use the device:

- If you have infections, eczema, burns, inflammation of hair follicles, open lacerations, abrasions, herpes simplex (cold sores), wounds or lesions and haematomas in the areas to be treated.
- On irritated (red or cut), sunburned, recently tanned or fake-tanned skin.
- On the following areas without consulting your doctor first: moles, freckles, large veins, darker pigmented areas, scars and skin anomalies. This can result in a burn and a change in skin color, which makes it potentially harder to identify skin-related diseases.
- On following areas: warts, tattoos or permanent make-up.

## Location/areas general

Never use the device on the following areas:



- Around the eyes and on or near the eyebrows.
- On areas where you use long-lasting deodorants. This can result in skin reactions.
- Over or near anything artificial like silicone implants, subcutaneous injection ports (for instance an insulin dispenser) or piercings.
- On lips, nipples, the inside of the nostrils, ears and anus.

## Location/areas men

Never use the device on the following areas:

- Do not use the device on the face and neck including all beard-growing areas.
- Do not use the device on the genital area or scrotum. Men can use the device in the pubic area.

## Location/areas women

Never use the device on the following areas:

- areolas, labia minora, vagina.

Note: This list is not exhaustive. If you are not sure whether you can use the device, we advise you to consult your doctor.

## Important

### Danger



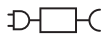
- Keep the device and the adapter dry.
- If the device is broken, do not touch any inner part to avoid electric shock.
- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. near a filled bath, a running shower or a filled swimming pool).

### Warning



- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety
- Children should be supervised to ensure that they do not play with the device.
- The device is not intended for children under the age of 18 years. Teenagers aged below 18 years can use the device with the consent and/or assistance of their parents or the persons who have parental authority over them. Adults of 18 years and older can use the device freely.

- Always check the device before you use it. Do not use the device or adapter if it is damaged.
- The external flexible cable or cord of this transformer cannot be replaced; if the cord is damaged, the transformer shall be scrapped.
- Do not use the device if the UV filter of the light exit window and/or attachment is broken.
- Do not use any pencil or pen to mark the areas to be treated. This may cause burns on your skin.
- If you have a dark-colored skin, be careful with treating a darker area immediately after a lighter area. The skin tone sensor may not immediately block the treatment on the darker body area.
- Hair removal by intense pulsed light sources can cause increased hair growth in some individuals. Based upon currently available data, the highest risk groups for this response are females of Mediterranean, Middle Eastern and South Asian heritage treated on the face and neck.
- Adapter, light exit window and the filter of the attachment(s) can become very hot after usage. Do not touch the adapter, inner part of the light exit window and the filter or the inner part of the attachment(s) without having these cool down.



- This device has a detachable power adapter. Only use the adapter provided with this device. The reference number (AD2069x20020HF) can be found on your device. The 'x' in this number refers to the plug type for your country.
- For hygienic reasons, the device should only be used by one person.

Note: If you notice a skin tone change from last treatment (e.g. due to tanning), we recommend you to perform a skin test and to wait 30 minutes before your next treatment.

## To prevent damage

- Make sure that nothing obstructs the airflow through the ventilation slots of the device.
- Never subject the device to heavy shocks and do not shake or drop it.
- If you take the device from a very cold environment to a very warm environment or vice versa, wait approximately 3 hours before you use it.
- Store the device in a dust free and dry place.
- Do not expose the device to temperatures lower than 5 °C or higher than 35 °C during use.
- To prevent damage, do not expose the device to direct sunlight or UV light for prolonged periods of time (exceeding several hours).

## Caution

- This device is only intended for removing unwanted body hair from areas below the cheekbones. Do not use it for any other purpose. Doing so may expose you to a hazardous situation. Do not use the device on the face and neck including all beard-growing areas. Men can use the device in the pubic area (excluding the genital area and scrotum).



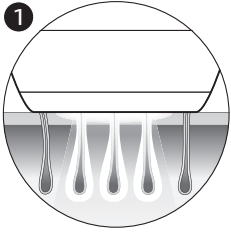
- This device is not washable. Never immerse the device in water and do not rinse it under the tap.
- For hygienic reasons, the device should only be used by one person.
- Use the device only at settings suitable for your skin type. Use at higher settings than those recommended can increase the risk of skin reactions and side effects.

- Never use compressed air, scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the device.
- The scattered light produced by the device is harmless to your eyes. Do not look at the flash while using the device. It is not necessary to wear goggles during use. Use the device in a well-lit room so that the light is less glaring to your eyes.
- Always return the device to a service center authorized by Philips for examination or repair. Repair by unqualified people could cause an extremely hazardous situation for the user.
- Never leave the device unattended when it is switched on. Always switch off the device after use.
- Do not use the device if any of the conditions mentioned in chapter 'Who should not use Lumea? Contraindication' apply to you.
- Tanning with natural or artificial sunlight might influence the sensitivity and color of your skin. Perform a skin test to determine the appropriate light intensity setting.
- Before you use Lumea, you should clean your skin and make sure it is hair-free, entirely dry and free from oily substances.
- Do not treat the same skin area more than once during a session. This does not improve the effectiveness of the treatment, but increases the risk of skin reactions.
- Lumea should never be painful. If you experience discomfort, reduce the light intensity setting.

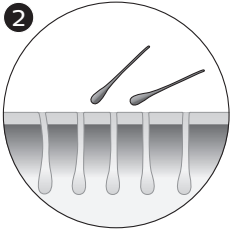
## **Electromagnetic fields (EMF)**

This Philips device complies with all applicable standards and regulations regarding exposure to electromagnetic fields.

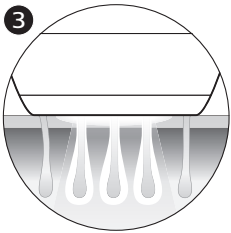
## How IPL works



With Intense Pulsed Light technology, gentle pulses of light are applied to the skin and absorbed by the hair root. The lighter the skin and the darker the hair, the better the pulses of light are absorbed.



The pulses of light stimulate the hair follicle to go into a resting phase. As a consequence, the hair sheds naturally and hair regrowth is prevented.



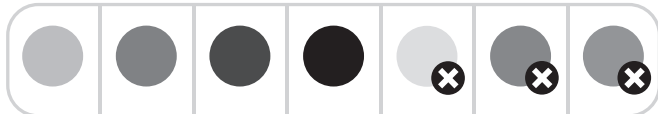
The cycle of hair growth consists of different phases. IPL technology is only effective when the hair is in its growing phase. Not all hairs are in the growing phase at the same time. This is why we recommend you to follow the initial treatment phase (4-5 treatments, every treatment 2 weeks apart) and then the follow-up treatment phase (touch-ups every 4-8 weeks) to make sure all hairs are effectively treated in the growing phase.

**Tip:** To assure long lasting hair removal, touch-ups every 4 weeks are recommended.

**Note:** Treatment with Lumea is not effective if you have light blond, grey, red or white hairs as light hairs do not absorb enough light. Below you can see the hair colors for which Lumea is suitable and effective.

## Suitable body hair colors

**Note:** To check if your body hair color allows usage of the device, consult the hair color table with number 3 on the foldout page.



# Recommended treatment schedule

## Initial phase



For the first 4 to 5 treatments, we advise you to use Lumea Prestige once every two weeks to ensure that all hairs are treated.

Note: Replacing one of the IPL treatments with another hair removal method (waxing, epilating, etc.) will not help to reach the desired hair reduction.

Note: If you want to remove hairs in between the Lumea treatments, you can use your normal hair removal method.

## Touch-up phase

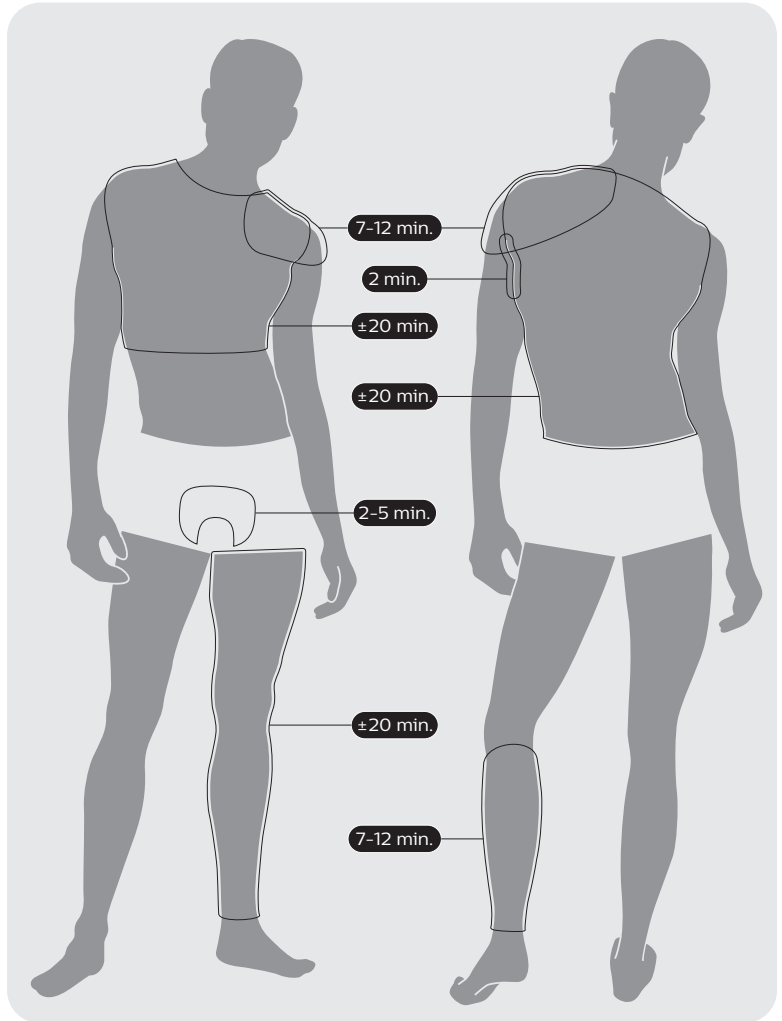


After the initial treatment phase (4-5 treatments), we recommend touch-ups every 4-8 weeks, when you see hairs growing back. This to maintain results and enjoy smooth skin for months. The time between treatments may vary based on your individual hair regrowth and also across different body areas.

Tip: You can write the treatment schedule in your agenda to remind yourself of the treatments so you will not forget.

Note: Using the device more often does not enhance the effectiveness.

## Treatment time per area



## What to expect

### After initial treatment phase

- After the first treatment, it can take 1 to 2 weeks for the hairs to fall out. In the first weeks following the initial treatments, you still see some hairs growing. These are likely to be hairs that were not in their growing phase during the first treatments.
- After 2-3 treatments, you should see a noticeable reduction in hair growth. However, to effectively treat all hairs, it is important to keep on treating according to the recommended treatment schedule.



- After 4-5 treatments, you should see a significant reduction of hair growth in the areas that you treated with Lumea. A reduction of hair density should be visible as well.

## During touch-up treatment phase

- Keep on treating with frequent touch-ups (every 4-8 weeks) to maintain the result.

## Using your Lumea Prestige before and after tanning

### Tanning with natural or artificial sunlight



Intentionally exposing your skin to natural or artificial sunlight with the aim of developing a tan influences the sensitivity and color of your skin.

Therefore the following is important:

- After each treatment, wait at least 48 hours before tanning. Even after 48 hours, make sure that the treated skin does not show any redness from the treatment anymore.
- In case of exposing your skin to the sun (without tanning intentionally) in the 48 hours after treatment, use a sunblock SPF 50+ on the treated areas. After this period, you can use a sunblock SPF 30+ for two weeks.
- After tanning, wait at least 2 weeks before you use Lumea.
- After recent tanning, perform a skin test to determine the appropriate light intensity setting. For instructions see chapter 'Skin test'.
- Do not use Lumea on sunburned body areas.
- The back and chest are often tanned. Take special care to select the appropriate intensity for treating the tanned skin to prevent skin reactions

Note: Occasional and indirect sun exposure does not qualify as tanning.

### Tanning with creams

If you have used an artificial tanning lotion, wait until the artificial tan has disappeared completely before you use the device.

## Before you use your Lumea Prestige

### Pretreating your skin

Before you use Lumea, you should pretreat your skin by removing hairs on the surface of your skin. This allows the light to be absorbed by the hair parts below the skin surface to ensure effective treatment. You can either shave, epilate or wax. Do not use depilatory creams, as chemicals may cause skin reactions.



If you choose to wax, please wait 24 hours before using Lumea to let your skin rest. We recommend that you take a shower before the treatment to ensure that all possible residue of wax has been removed from your skin.

- 1 Pretreat the areas you intend to treat with Lumea.
- 2 Clean your skin and make sure it is hair-free, entirely dry and free from oily substances.

Note: if shaving causes skin irritation, we advise you not to use the device until skin irritation is resolved.

## Skin test

When you use Lumea Prestige for the first time or after tanning, perform a skin test on each area to be treated. The skin test is necessary to check your skin's reaction to the treatment and to determine the correct light intensity setting for each body area.

Note: do not try the device on difficult or sensitive areas (ankle and bony area).

- 1 Attach the attachment for the area you want to treat (see 'Attachments').
- 2 Turn on the device. Make sure you select setting 1.
- 3 Place the device at a 90° angle on the skin so that the integrated safety system is in contact with your skin.

The integrated safety system prevents unintentional flashing without skin contact.

- 4 Press the flash button to release a flash.
- 5 Slide the device over the skin to the next area to be treated.
- 6 Increase the setting by one level, apply a flash and slide the device to the next area. Repeat this for all levels, as long as each level still feels comfortable. See the table in: 'Selecting the right light intensity'.
- 7 After the skin test, wait 24 hours and check your skin for any reaction. If your skin shows reactions, choose the highest setting that did not result in any skin reaction for subsequent use.

## Using your Lumea Prestige

### Smartskin sensor

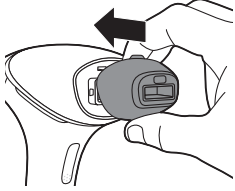
Each attachment of the Lumea Prestige has integrated skin tone sensor which measures the skin tone at the beginning of each session and occasionally during the session. If it detects a skin tone that is too dark for treatment with Lumea, the 'ready to flash' light starts blinking orange and the device automatically disables to prevent you from developing skin reactions. This means that it does not flash when you press the flash button.

# Attachments

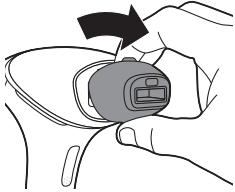
For optimal results it is important to use specific attachments for specific body areas. Lumea Prestige offers full-body treatment with up to three attachments for specific body areas.

Note: The device may not work anymore and show an error when there is dirt on the attachment connector. Clean the contact leads when this occurs.

To place the attachment, simply snap it onto the light exit window.



To remove the attachment, pull it off the light exit window.



## Body Attachment

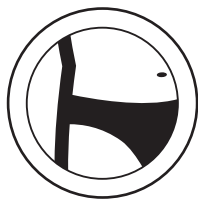
The body attachment has a curved-in design to cover effectively and treat areas below the neckline. Especially large areas such as chest, back, legs, arms and stomach.

## Underarm attachment

The armpit attachment has a specifically curved-out design to treat hard to reach armpit hairs.



## Sensitive areas attachment



The sensitive areas attachment has a specialized design for effective treatment in the private area. It has a curved-out design with transparent filter. Hair in this area tends to be typically thicker and stronger than leg hair, therefore the sensitive areas attachment has a special filter for treating the coarser hair.

## Selecting the right light intensity

Lumea provides 5 different light intensities. You will always be able to change to a light intensity setting you find comfortable.

- 1 Press the on/off button to turn on the device. The device starts to operate at light intensity setting 1.

Note: To adjust the light intensity setting manually without using the setting indication feature, use the toggle buttons until you have reached the required setting. The corresponding intensity light level lights up white.

- 2 Press the setting indication button (⊙) and put the device to your skin.
- 3 After the device scanned your skin, the light intensity indicators blink white. This shows which intensities are most comfortable based on your skin tone.
- 4 Press the confirmation button (✓) to confirm that you want to use the indicated setting to start using the device.

Philips Lumea will automatically use the highest suggested intensity, indicated by a continuous lighting led indicator.

Lumea gives you the freedom to select the light intensity that you find most comfortable. If you want to set the light intensity setting manually, please consult the table below. This table shows settings that for the majority of users provides a comfortable, but still effective setting.

- 5 Using Lumea should never be painful. If you experience discomfort, reduce the light intensity setting. You can do this by using the toggle buttons.

Note: The device automatically disables when your skin tone is too dark. The 'ready to flash' light will blink orange to indicate if the skin tone is too dark for IPL treatment with Lumea.

- 6 After moving to another body area or after recent tanning, perform a skin test to determine the right light intensity setting. To re-activate the setting indication feature, press the setting indication button.

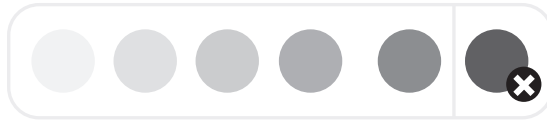
Note: Since body areas might differ in skin color, you need to select the right setting for each body area separately.



**Skin tone****Light intensity setting**

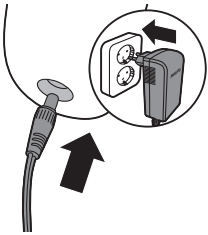
White: you always sunburn, never tan.	4/5
Beige: you easily sunburn, tan minimally.	4/5
Light brown: you sunburn easily, tan slowly to light brown.	4/5
Mid brown: you rarely sunburn, tan easily.	3/4
Dark brown: you rarely sunburn, tan very easily.	1/2/3
Brownish black or darker: you rarely or never sunburn, very dark tanning.	You cannot use the device

Note: To check if your skin type allows usage of the device, consult the skin tone table with number 2 on the foldout page.



Note: Your skin may react differently on different days/occasions for a number of reasons.

## Handling the device



- 1 Before use, clean the attachment and the light exit window.
- 2 Put the small plug in the device and put the adapter in the wall socket.

Note: If the device is not fully charged when you start a treatment, the battery will run out during a full body treatment. We advise you to always fully charge the device before you start a treatment or to use it corded.

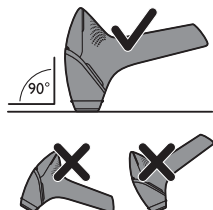
If you use the device to treat your shoulders, chest, back and legs you may have to recharge the device during the treatment. This is normal.

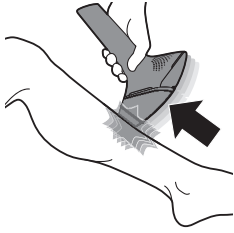
Tip: If you want to treat your back and your shoulders, you require the help of your partner or a friend to guarantee complete coverage and best results.

- 3 Switch on the device and select the right light intensity for your skin tone. For selecting the right skin tone, you can make use of the setting indication feature (see 'Selecting the right light intensity').

- 4 Place the device at a 90° angle on the skin so that the integrated safety system is in contact with your skin.

The integrated safety system prevents unintentional flashing without skin contact.

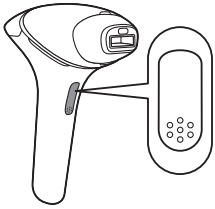




- 5** Press the device firmly onto your skin to ensure proper skin contact. The 'ready to flash light' on the back of the device lights up white to indicate that you can proceed with the treatment.

Note: When the 'ready to flash' light starts blinking orange, your skin is not suitable for treatment. In this case, the device automatically disables. You can try to use the device on other areas with a lighter skin tone.

Note: If the 'ready to flash' light does not light up white, the device is not completely in contact with your skin.



- 6** Press the flash button to release a flash. The device makes a soft popping sound. You should feel a warm sensation because of the flash.

Note: The scattered light produced by the device is harmless to your eyes. Do not look at the flash while using the device. It is not necessary to wear goggles during use. Use the device in a well-lit room so that the light is less glaring to your eyes.

- 7** Place the device on the next area to be treated. After each flash, it takes up to 3.5 seconds until the device is ready to flash again. You can release a flash when the 'ready to flash' light lights up white.

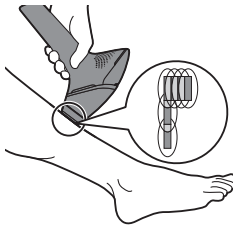
- 8** To make sure that you have treated all areas, release the flashes close to each other. Effective light only comes out of the light exit window. Part of the device that is in contact with your skin is slightly larger therefore there should be some overlap. However, make sure you flash the same area only once.

Note: Flashing the same area twice does not improve the effectiveness of the treatment, but increases the risk of skin reactions.

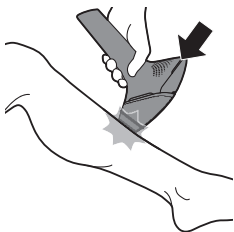
Note: Do not use any pencil or pen to mark the areas to be treated, as this may cause side effects to your skin.

- 9** When you have finished the treatment, press and hold the on/off button to switch off the device. Remove the adapter from the wall socket if you used the device corded.

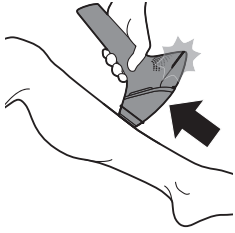
Note: If you did not use the device for a long period of time, it is important to perform a skin test again.



## Two treatment modes: Stamp & Flash and Slide & Flash



- Your Philips Lumea has two treatment modes for more convenient use on different body areas:
- The Stamp & Flash mode is ideal to treat small or curvy areas like knees and underarms. Simply press and release the flash button to release a single flash.



- The Slide & Flash mode offers convenient use on larger areas like chest and back. Keep the flash button pressed while you slide the device over your skin to release several flashes in a row.

Note: The device needs up to 2 seconds (when used with cord, or up to 3.5 seconds when used without cord) in between two flashes, so make sure you flash on every area you wish to treat. Sliding too fast over the skin will cause missed spots.

## After use

### Common skin reactions

Your skin may show slight redness and/or may prickle, tingle or feel warm. This reaction is absolutely harmless and disappears quickly.

Dry skin and itching may occur due to shaving or a combination of shaving and light treatment. You can cool the area with an ice pack or a wet face cloth. If dryness persists, you can apply a non-scented moisturizer on the treated area.

### Rare side effects

- Burns, excessive redness (e.g. around hair follicles) and swelling: these reactions occur rarely. They are the result of using a light intensity that is too high for your skin tone. If these reactions do not disappear within 3 days, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity.
- Skin discoloration: this occurs very rarely. Skin discoloration manifests itself as either a darker patch (hyperpigmentation) or a lighter patch (hypopigmentation) than the surrounding area. This is the result of using a light intensity that is too high for your skin tone. If the discoloration does not disappear within 2 weeks, we advise you to consult a doctor. Do not treat discolored areas until the discoloration has disappeared and your skin has regained its normal skin tone.
- Skin infection is very rare but is a possible risk following a (micro)wound, a skin burn, skin irritation etc.

- Epidermal heating (a sharply defined brownish area which often occurs with darker skin tones and is not accompanied with skin dryness): This reaction occurs very rarely. In case this reaction does not disappear within 1 week, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity.
- Blistering (looks like small bubbles on the surface of the skin): this occurs very rarely. In case this reaction does not disappear within 1 month or when the skin gets infected, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity.
- Scarring: often the secondary effect of a burn, which can take longer than a month to heal.
- Folliculitis (swelling around hair follicles combined with pustule formation): this reaction occurs very rarely and is the result of bacteria penetrating the damaged skin. In case this reaction occurs, we advise you to consult a doctor as folliculitis may need antibiotic ointment.
- Pain: this can occur during or after treatment if you have used the device on skin that is not hair-free, if you use the device at a light intensity that is too high for your skin tone, if you flash the same area more than once and if you use the device on open wounds, inflammations, infections, tattoos, burns, etc.

## Aftercare

After use, you can safely apply lotions, creams, deodorant, moisturizer or cosmetics to the treated areas. If you experience skin irritation or skin redness after treatment, wait until it disappears before you apply any product to your skin. If you experience skin irritation after you apply a product to your skin, wash it off with water.

Note: When following all instructions you may still get skin reactions. In this case stop using the device and contact the consumer care center in your country.



## Charging

Fully charge the batteries before you use the device for the first time and when the batteries are empty. Fully charging the batteries takes up to 1 hour and 40 minutes. Charge the device when the charging light lights up orange during use to indicate that the battery is low and will run out soon. Fully charged batteries provide at least 130 flashes at light intensity 5.

Charging the device:

- 1 Switch off the device.
- 2 Insert the small plug into the device and put the adapter in the wall socket.
  - The charging light flashes white to indicate that the appliance is charging.
  - When the batteries are fully charged, the charging light lights up white continuously.

Notes: The adapter and the device feel warm during charging. This is normal.

Note: This device is equipped with battery-overheat protection and does not charge if the room temperature exceeds 40 °C.

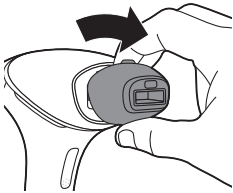
- Never cover the appliance and device during charging.

- 3 After charging, remove the adapter from the wall socket and pull the small plug out of the device.

Note: The battery functionality is not enough for a full body treatment. We recommend you to use the device attached to the wall socket while treating large body areas such as shoulders, chest, back and legs.

Tip: Charge the device after each use to save battery life.

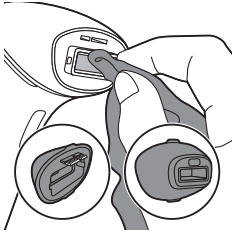
## Cleaning & storage



- 1 After use, switch off the device, unplug it and let it cool down.

Note: Light exit window and the attachment can become very hot after usage.

- 2 Remove the attachment.



- 3 Moisten the soft cloth supplied with the device with a few drops of water and use it to clean the following parts:
  - the light exit window on the device
  - the outside surface of the attachment
  - the reflector inside the attachment
  - the skin tone sensor window
  - the transparent glass filter in the front part of the sensitive areas attachment
- 4 Let all parts air dry thoroughly.
- 5 Store the device in a dust-free place at a temperature between  $-25\text{ }^{\circ}\text{C}$  to  $+70\text{ }^{\circ}\text{C}$  and a humidity range between 15–90 %.

## Warranty and support

If you need information or support, please visit [www.philips.com/support](http://www.philips.com/support) or read the international warranty leaflet.



## Recycling

- Do not throw away the product with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.
- This product contains a built-in rechargeable battery which shall not be disposed of with normal household waste. Please take your product to an official collection point or a Philips service center to have a professional remove the rechargeable battery.
- Follow your country's rules for the separate collection of electrical and electronic products and rechargeable batteries. Correct disposal helps prevent negative consequences for the environment and human health.



Philips Lumea products contain recyclable materials and should not be put into the municipal waste stream. Refer to the Philips Lumea support website for recycling options. Do not dispose of in fire.

## Technical specifications

### BG9041

Rated voltage	100 V - 240 V ~
Rated frequency	50 Hz - 60 Hz
Rated input	65 W
Protection against electric shock	Class II 
Protections rating	IP 30 (EN 60529)
Operating conditions	Temperature: $5\text{ }^{\circ}\text{C}$ to $35\text{ }^{\circ}\text{C}$ 
Relative humidity	15 % to 90 % (non condensing)

## 28 English

Storage conditions temperature	-25 °C to +70 °C 
Storage conditions humidity	Less than 90 % (non condensing) 
Maximum variation of the light output over the treatment area	<20 %
Operating pressure	700 hPa-1060 hPa
Duration of the pulsetrain	Single pulse
Emitted wavelengths	560 to 1400 nm
Lithium-ion battery	2 x 3.6 Volt 1000 mAh
Optical exposure	2.4-6.5 J/cm <sup>2</sup>
Maximum optical energy	4.8 - 23 J
Optical homogeneity	Max. +/- 30 % deviation from average optical exposure in treatment area
Repetition time	0.9 s - 2 s (corded), 1.6 s - 3.5 s (cordless)
Pulse duration	<2.5 ms
Flash interval	Between 1-3.5 s depending on battery/mains connected use
Pulse sequence	Single pulse

## Troubleshooting

Problem	Possible cause	Solution
The device/adapter becomes warm during use.	It is normal for the device and adapter to become warm (but not too hot to touch) during use.	Use the device in a slightly cooler environment and/ or let it cool down before continuing use.
	The fan is not working.	Check if the attachment is well connected. Clean the connectors on the attachment if needed. In case the attachment is well connected and it is possible to produce flashes with the device, contact the Consumer Care Center in your country, your Philips dealer or a Philips service center.
	The cooling airflow of the fan is blocked by hands or a towel.	Make sure the cooling airflow of the fan is unblocked.

Problem	Possible cause	Solution
When I place the device on the skin, it cannot release a flash. The 'ready to flash' light blinks orange.	Your skin tone in the area to be treated is too dark.	Treat other body areas with lighter skin tones with Lumea.
The ready to flash light blinks orange and all 5 intensity lights are blinking green.	The device needs to be reset.	To reset the device take the plug out of the socket, wait for 30 minutes to let the device cool down. The device should function normally again. In case it doesn't work again, contact the Consumer Care Center in your country.
The ready to flash light does not light up white.	The device is not completely in contact with your skin.	Place the device at a 90 degree angle on the skin so that the integrated safety system is in contact with your skin.
The device produces a strange smell.	The light exit window or the skin tone sensor is dirty.	Clean the light exit window and the skin tone sensor carefully.
	You have not removed the hairs on the area to be treated properly. These hairs may get burned and can cause the smell.	Pretreat your skin before you use Lumea.
The device doesn't flash, the fan is not switched on and all 5 intensity lights blink.	The attachment is not attached properly.	Make sure you attach the attachment completely. If necessary clean the electronic contacts on the attachment.
The skin feels more sensitive than usual during treatment. I experience discomfort when I use the device.	The light intensity setting you use is too high.	Check if you have selected the right light intensity setting. If necessary, select a lower setting.
	You did not remove the hairs on the areas to be treated.	Pretreat your skin before you use Lumea.
	The UV filter of the light exit window is broken.	If the UV filter is broken, do not use the device anymore. Contact the Consumer Care Center in your country, your Philips dealer or a Philips service center.
	You treated an area for which the device is not intended.	Never use the device on the following areas: inner labia, anus, nipples, areolas, lips, moles, freckles, tattoos, piercings, inside the nostrils and ears, around the eyes and near the eyebrows. Do not use the device on the face and neck including all beard-growing areas. Men can use the device in the pubic area (excluding the genital area and scrotum).

<b>Problem</b>	<b>Possible cause</b>	<b>Solution</b>
The skin reaction after treatment lasts longer than usual.	You have used a light intensity setting which is too high for you.	Select a lower intensity next time. See chapter 'Using your Philips Lumea', section 'Selecting the right light intensity'.
The flash is very bright to my eyes. Do I need to wear goggles?	No, Philips Lumea does not hurt your eyes.	The scattered light produced by the device is harmless to your eyes. Do not look at the flash while using the device. It is not necessary to wear goggles during use. Use the device in a well-lit room so that the light is less glaring to your eyes. Be sure to make good skin contact to avoid scattered light.
The results of the treatment are not satisfactory.	You have used a light intensity setting which is too low for you.	Select a higher setting next time.
	You did not flash an area adjacent to an area you treated before.	You have to release the flashes close to each other and there should be some overlap between the flashes.
	The device is not effective on your body hair color.	If you have light blond, grey, red or white hair, the treatment is not effective.
	You do not use the device as often as recommended.	To remove all hairs successfully, we advise you to follow the recommended treatment schedule. You can reduce the time between treatments, but do not treat more often than once every two weeks.
	You respond more slowly to IPL treatment.	Continue using the device for at least 6 months, as hair regrowth can still decrease over the course of this period.
I experience discomfort when I use the appliance.	You treated an area for which the appliance is not intended	Only use the appliance on the underarms, pubic area (excluding the genital area), shoulders, chest, back and legs.

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## 欢迎

欢迎来到 Lumea 的美容世界！只需几周您就能获得如丝般光滑的肌肤。

飞利浦 Lumea 采用强脉冲光 (IPL) 技术，这是一种为我们所知的最有效的持续防止毛发再生的方法之一。通过与皮肤专家密切合作，我们对这种最初用于专业美容沙龙的光学技术进行了改进，使您在家中即可舒适、便捷、有效地使用这种技术。飞利浦 Lumea 光照柔和，照射便捷、有效，光强让人感觉非常舒适。多余的毛发最终将不复存在，每天焕发迷人光彩。

为了让您能充分享受飞利浦提供的支持，请在 [www.philips.com/welcome](http://www.philips.com/welcome) 上注册您的产品。有关详细信息，请转到 [www.philips.com/lumea](http://www.philips.com/lumea) 查找专家建议、教学视频和常见问题解答，了解如何充分利用您的 Lumea。



**注意：** 请将本说明书始终与产品放在一起。

## 设备概述

- 1 带集成式紫外线滤光器的透光窗口
- 2 附件

- 2a. 身体修剪附件
  - 2b. 敏感部位附件
  - 2c. 腋下附件
  - 3 肤色传感器
  - 4 集成式安全系统
  - 5 附件内部的反光镜
  - 6 电子触点
  - 7 电子触点开口
  - 8 闪光按钮
  - 9 开/关按钮
  - 10 确认按钮
  - 11 切换按钮
  - 12 光强指示灯
  - 13 设置指示按钮
  - 14 “准备闪光”指示灯
  - 15 通风槽
  - 16 设备插座
  - 17 适配器
  - 18 小插头
- 未显示： 清洁布

## 禁忌

### 一般状况

- 如果您的肤色属于棕黑色或更深的颜色（极少甚至从未晒伤过，美黑得很深），切勿使用本设备。在这种情况下，发生皮肤反应的风险非常高，例如色素沉着和色素减退、严重发红或灼伤。

**注意：**如需确认您的皮肤类型是否适合使用本设备，请查阅插页中的 2 号肤色表。



- 由于本设备未针对孕妇或哺乳期妇女进行测试，切勿对这类人使用本设备。
- 如果您体内植入了任何有源植入式装置（如心脏起搏器、神经刺激器或胰岛素泵等），切勿使用本设备。



## 用药情况/病史

使用下列任何药物的人员切勿使用本设备：

- 皮肤目前或在过去一周内使用了果酸 (AHA)、水杨酸 (BHA)、外用异维 A 酸和杜鹃花酸。
- 在最近六个月内曾使用任何形式的异维 A 酸 Accutane 或 Roaccutane。此照射会使皮肤更容易裂开、损伤及刺痛。
- 如果您正在服用光敏剂或光敏药物，请检查药物的包装说明书，如果其中明确指出该药物可能造成光过敏反应、光毒性反应或在服药期间要避免日晒，请切勿使用本设备。
- 如果使用抗凝血药物，包括大量使用阿司匹林，要求在每次处理前至少一周不得冲洗伤口。

在以下条件下切勿使用本设备：

- 如果您在过去 3 个月内曾接受过放疗或化疗。
- 如果您服用了会降低皮肤对热的敏感性的止痛药。
- 服用了免疫抑制药。
- 需要照射的部位在最近 3 周内动过手术。

## 病理/病症

在以下条件下切勿使用本设备：

- 患有糖尿病或其他全身性或代谢性疾病。
- 患有充血性心脏病。
- 患有与光过敏相关的疾病，如多形性日光疹 (PMLE)、日光性荨麻疹、卟啉症等。
- 曾患有胶原代谢紊乱，包括瘢痕瘤形成史或伤口愈合不良史。
- 患有闪光过敏性癫痫症。
- 您的皮肤对光敏感且容易产生皮疹或过敏反应。
- 需要照射的部位患有皮肤病（如活性皮肤癌），或曾患有皮肤癌或任何其他局部癌症。
- 曾患有血管疾病，如在照射部位患有静脉曲张或血管扩张症。
- 患有任何出血病症。
- 曾患有抑制免疫反应疾病（包括 HIV 感染或艾滋病）。

## 皮肤状况

在以下条件下切勿使用本设备：

- 需要照射的部位患有感染、湿疹、烧伤、毛囊发炎、开放性撕裂伤、擦伤、单纯疱疹（唇疱疹）、伤口或病变和血肿。
- 在过敏（红肿或破损）、晒伤、近期做过美黑或伪美黑的皮肤上使用。
- 在未先行咨询医生的情况下，在以下区域使用：痣、雀斑、大静脉、色素较深的部位、疤痕和皮肤异常的部位。这可能会引起皮肤灼伤和肤色改变，从而可能会更难确诊皮肤相关疾病。
- 在以下区域使用：疣体、纹身或永久性妆饰上使用。

## 区域/部位概述

切勿在以下部位使用本设备：



- 双眼周围和眉毛之上或附近。
- 使用了长效香体液的部位。这可能造成皮肤反应。
- 在任何人造植入物之上或附近，如硅胶植入物、皮下注射针头（例如胰岛素分配器）或穿洞。
- 嘴唇、乳头上以及鼻孔、耳朵和肛门内侧。

## 区域/部位（男士）

切勿在以下部位使用本设备：

- 切勿在面部和颈部（包括所有长胡须的部位）使用本设备。
- 请勿在生殖部位或阴囊上使用本设备。男士可在耻区使用本设备。

## 位置/部位（女士）

切勿在以下部位使用本设备：

- 乳晕、小阴唇、阴道。

**注意：**此列表并不详尽。如果您不确定是否可以使用本设备，建议您咨询医生。

## 注意事项

### 危险

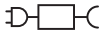


- 使本设备和适配器保持干燥。
- 一旦设备损坏，请勿触摸任何内部部件，以免触电。
- 水与电接触极其危险。请勿在潮湿环境中（如盛满水的浴缸、开着的淋浴器或注满水的游泳池附近）使用本产品。

### 警告



- 本产品不打算由肢体不健全、感觉或精神上有障碍或缺乏相关经验和知识的人（包括儿童）使用，除非有负责他们安全的人对他们使用本产品进行监督或指导。
- 应照看好儿童，确保他们不摆弄本设备。
- 本设备不适合 18 周岁以下儿童使用。18 周岁以下的青少年可以在得到其父母或监护人的同意和/或协助的情况下使用本设备。18 周岁及以上的成年人可以自主使用本设备。
- 使用前，请务必检查设备。如果本设备或适配器发生损坏，请勿再使用。
- 变压器的外部软电线不能更换；如果电线发生损坏，应弃用变压器。
- 如果透光窗口和/或附件的紫外线滤光器损坏，请勿再使用本设备。
- 请勿使用任何铅笔或钢笔标记要照射的部位。这可能会导致皮肤烧伤。
- 如果您的肤色较深，那么在照射完肤色较浅部位后立即照射肤色较深部位时请务必当心。肤色传感器可能不会立即阻止对肤色较深部位的照射。
- 通过激光或强脉冲光源脱毛可能会导致某些人毛发增生。根据最近的数据来看，可能会出现此反应的最高风险人群是具有地中海、中东和南亚血统的女性（照射面部和颈部）。
- 适配器、透光窗口和附件滤光器在使用后会变得非常热。在适配器、透光窗口的内部部件以及附件的滤光器或内部部件未冷却的情况下，切勿触摸这些部件。



- 本设备带有可拆卸电源适配器。请仅使用本设备随附的适配器。可在您的设备上找到参考编号 (AD2069x20020HF)。此编号中的“x”是指您所在国家/地区的插头类型。
- 出于卫生考虑，此设备只应供一人使用。

**注意：**如果您发现肤色在上一次照射（例如，进行美黑）之后发生了改变，我们建议您进行皮肤测试并等待 30 分钟后再进行下一次照射。

为防止损坏，请遵循以下几点

- 确保设备通风槽气流畅通无阻。
- 请勿猛烈撞击、摇晃或跌落本设备。
- 如果将本设备从低温环境转移到高温的环境，请等待约 3 小时后再使用，反之亦然。
- 将本设备存放在无尘、干燥的地方。
- 在使用过程中，切勿将本设备置于低于 5 °C 或高于 35 °C 的环境中。
- 请勿将本设备长时间（数小时以上）直接暴晒于阳光或紫外线下，以免损坏。

**注意**

- 本设备仅适用于除去颧骨以下部位的多余体毛。请勿将其用作任何其它用途。否则您可能会遭遇危险。切勿在面部和颈部（包括所有长胡须的部位）使用本设备。男士可以在耻区（不包括生殖部位和阴囊）使用本设备。



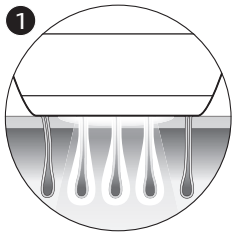
- 本设备不可水洗。请勿将设备浸入水中，也不要在水龙头下冲洗。
- 出于卫生考虑，此设备只应供一人使用。

- 请只在适合您皮肤类型的设置下使用本设备。使用高于推荐设置的设置可能增加皮肤反应和副作用的风险。
- 切勿使用压缩气体、钢丝绒、研磨性清洁剂或汽油、丙酮等腐蚀性液体清洁本设备。
- 本设备发出的散射光对眼睛无害。使用本设备时，请勿直视闪光。使用时无需佩戴护目镜。请在光照条件良好的房间内使用本设备，以减少闪光对眼睛造成的眩目感。
- 本设备应送往由飞利浦授权的服务中心检查或维修。由不合格人员进行维修可能将用户置于极度危险的境地。
- 打开电源后，本设备必须有人看管。使用后，务必关闭产品电源。
- 若您出现章节“禁忌症（哪些人不宜使用 Lumea？）”中的任何情况，请勿使用本设备。
- 使用自然光或人造光进行美黑可能会影响皮肤的敏感度和颜色。应进行皮肤测试以确定合适的光强设置。
- 在使用 Lumea 前，应清洁皮肤，确保皮肤上没有毛发、完全干燥且没有任何油性物质。
- 照射期间，请勿在相同皮肤区域照射多次。这样并不会提高照射的效果，反而会增加皮肤反应的风险。
- 在使用 Lumea 时不应有任何痛苦的感觉。如果您感觉不舒服，应降低光强设置。

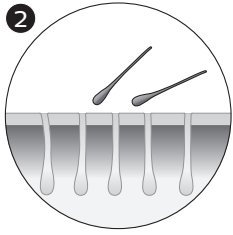
## 电磁场 (EMF)

本飞利浦设备符合所有有关暴露于电磁场的适用标准和法规。

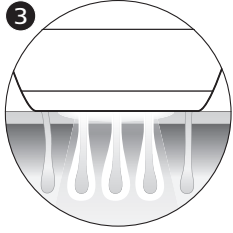
## IPL 工作原理



在脉冲光技术的作用下，柔和的脉冲光照射在皮肤上并被发根吸收。皮肤越白，毛发越黑，脉冲光的吸收就越好。



脉冲光能刺激毛囊进入休眠期。因此，毛发会自然脱落，并防止毛发再生。



毛发生长周期包含不同的阶段。IPL 技术仅在毛发处于生长阶段有效。并非所有毛发都同时处于生长阶段。这就是为什么我们建议您遵循初始照射阶段（4-5 次照射，每次照射相隔 2 周）和后续照射阶段（每 4-8 周照射一次）以确保所有毛发在生长阶段得到有效照射的原因。

**提示：** 为了确保持久的脱毛效果，建议每 4 周照射一次。

**注意：** 如果您的毛发为淡金色、灰色、红色或白色，那么使用 Lumea 照射不会有效果，因为浅色毛发不能吸收足够的光。下面列出了适合使用 Lumea 并有效果的毛发颜色。

## 适用的毛发颜色

**注意：** 如需确认您的毛发颜色是否适合使用本设备，请查阅插图页中的 3 号毛发颜色表。



## 推荐照射方案

### 初始阶段

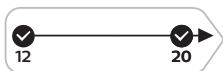


在进行前 4 到 5 次照射时，建议您每两周使用一次 Lumea Prestige，以确保所有毛发得到照射。

**注意：** 用其他脱毛方法（使用蜜蜡或脱毛刀等）来代替某次的脉冲光照射将无法帮助您达到期望的脱毛效果。

**注意：** 如果您想在 Lumea 照射间隔期脱毛，可以使用通常的脱毛方法。

## 后续阶段

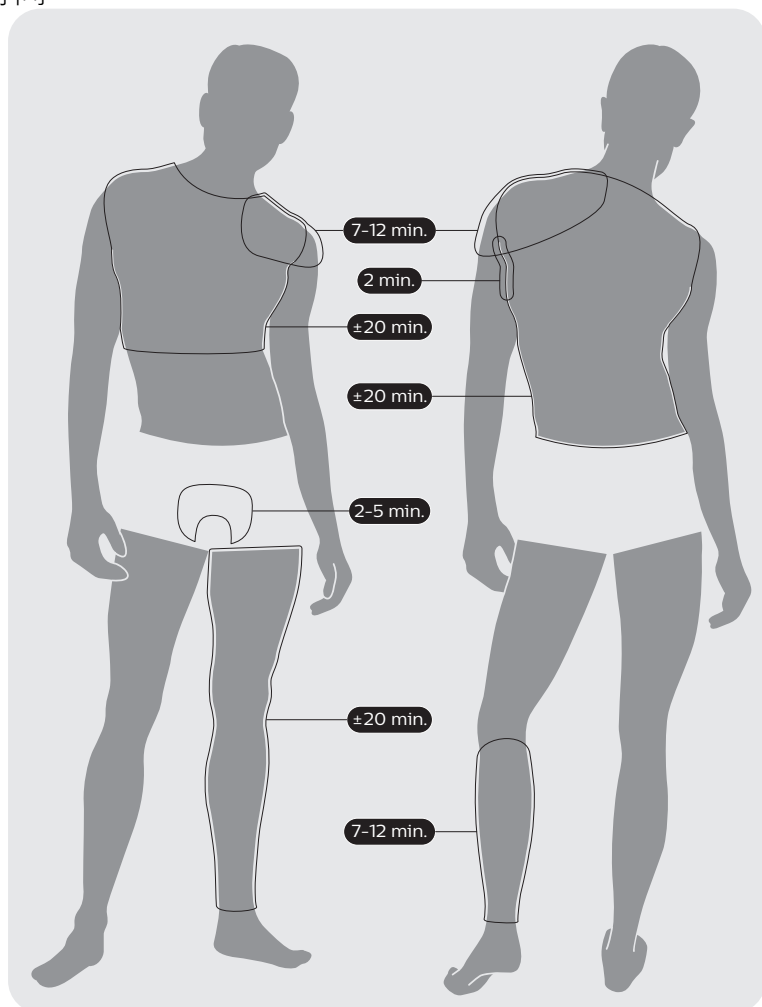


初始照射阶段（4-5 次照射）结束后，如果看到毛发重新生长，建议每隔 4-8 周进行后续照射。这是为了保持效果并让皮肤在数月中保持光滑。照射的间隔时间可以根据个人毛发再生速度和不同的身体部位进行调整。

提示：您可以在自己的日程中记录照射时间表，提醒自己不要忘记照射。

注意：增加设备的使用频率并不能加强脱毛效果。

## 每个部位的照射时间



## 预期效果

### 初始照射阶段后

- 在第一次照射后，可能需要 1 到 2 周毛发才会脱落。在初次照射后的前几周内，您仍会看到一些毛发生长。这些有可能是第一次照射时未处于生长阶段的毛发。
- 照射 2-3 次后，您应该会看到毛发生长明显减少。但是，为有效地照射所有毛发，一定要根据推荐的照射方案持续照射。
- 照射 4-5 次后，您应该会看到用 Lumea 照射的部位毛发生长显著减少。还应看到毛发密度降低。

### 后续照射阶段内

- 保持（每隔 4-8 周）的后续照射频率以长期保持效果。

## 在美黑前后使用您的 Lumea Prestige

### 自然光或人造光美黑



如果为了得到美黑效果而有意将皮肤暴露在自然光或人造光之下，则可能影响皮肤的敏感度和颜色。因此，以下做法非常重要：

- 每次照射后等待 48 小时再进行美黑。即便在 48 小时后，也应确保照射后的皮肤不再因照射而发红。
- 如果需要在照射后 48 小时内将皮肤暴露在阳光下（并非有意美黑），可以在照射部位涂抹 SPF 50+ 防晒霜。在这段时间过后，可以涂抹 SPF 30+ 防晒霜两周。
- 美黑后应至少等待 2 周再使用 Lumea。
- 如果近期做过美黑，应进行皮肤测试以确定合适的光照强度设置。有关说明，请参见“皮肤测试”一章。
- 请勿在晒伤的身体部位使用 Lumea。
- 背部和胸部是经常进行美黑的部位。在照射做过美黑的皮肤时应小心选择合适的光照强度，以防引起皮肤反应

**注意：** 偶尔和间接日晒不应算是美黑。

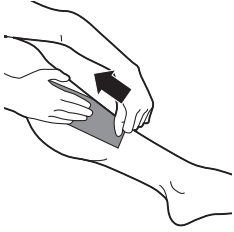
### 乳霜美黑

如果您使用了人造美黑霜，应等到人造美黑霜完全消失后再使用本设备。



## 在使用 Lumea Prestige 前

### 皮肤预处理



在使用 Lumea 前，应对皮肤进行预处理，除去皮肤表面的毛发。这可以让皮肤表面下的毛发部分吸收光照以确保照射效果。您可以剃毛、脱毛或用蜡脱毛。请勿使用脱毛膏，因为化学制剂可能引起皮肤反应。

如果您选择用蜡脱毛，请等待 24 小时后再使用 Lumea，以便让皮肤得到休息。我们建议您在照射前先洗澡，以确保去除皮肤上可能残留的所有蜡。

- 1 对您希望使用 Lumea 照射的部位进行预处理。
- 2 清洁皮肤，确保皮肤上没有毛发、完全干燥且没有任何油性物质。

**注意：** 如果剃毛造成皮肤过敏，建议您在皮肤过敏痊愈后再使用本设备。

### 皮肤测试

如果是首次使用 Lumea Prestige 或进行过美黑，应对每个待照射部位进行皮肤测试。之所以需要进行皮肤测试，是为了检查皮肤对照射是否存在反应，并确定每个身体部位的正确光强设置。

**注意：** 请勿尝试在难度较大或敏感的部位（脚踝或骨骼部位）使用本设备。

- 1 请安装适用于照射 (请参见 '附件') 部位的附件。
- 2 打开设备。确保选择设置 1。
- 3 将设备呈 90 度垂直放在皮肤上，使集成式安全系统与皮肤完全接触。

**集成式安全系统可防止在未与皮肤接触时出现意外闪光。**

- 4 按下闪光按钮发出闪光。
- 5 将设备贴着皮肤滑动至下一个待照射部位。
- 6 逐级提高设置，发出一次闪光，然后将设备滑动至下一个部位。对所有级别重复此操作，前提是每个级别仍然感觉舒适。参见以下章节中的表格：“选择合适的光强”。
- 7 皮肤测试后，等待 24 小时，检查您的皮肤是否发生任何反应。如果您的皮肤出现反应，此后使用时请选择不会导致皮肤反应的最高设置。

# 使用 Lumea Prestige

## Smartskin 传感器

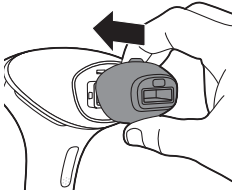
Lumea Prestige 的所有附件均配备了集成式肤色传感器，它会在每次照射之前（偶尔在照射之时）对肤色进行测量。如果传感器检测到您的肤色过深，不适合使用 Lumea 进行照射，那么“准备闪光”指示灯会显示为橙色且不停闪烁，并且设备会自动停止运作以防您出现皮肤反应。这意味着即使您按下闪光按钮，设备也不会出光。

## 附件

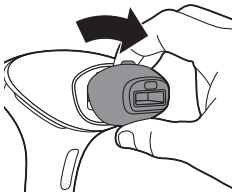
为获得最佳效果，对于特定的身体部位应使用特定的附件，这一点非常重要。Lumea Prestige 提供多达三个适用于特定部位的附件，可进行全身脱毛。

**注意：** 如果附件连接器上有污垢，设备可能不再工作或会显示错误。发生这种情况时，请清洁接点面。

若要安装附件，只需将其按到透光窗口上即可。



若要取下附件，将其从透光窗口上拉下。



## 身体附件

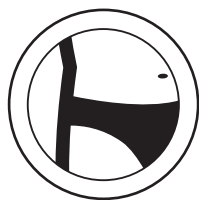
身体附件采用向内弯曲设计，可有效覆盖并照射颈部以下的身体部位。尤其是胸部、背部、腿部、手臂和腹部等大面积区域。

## 腋下附件



腋下附件有专门的向外弯曲设计以照射难以触及的腋下毛发。

## 敏感部位附件



敏感部位附件采用专门设计，可为私密部位提供有效照射。它采用向外弯曲设计，并配备透明滤光器。另外，该部位的毛发通常比腿部的毛发更厚更浓，为此，敏感部位附件还配备了特殊的滤光器，用于照射浓密的毛发。

## 选择合适的光强



Lumea 提供 5 种不同的光强。您可以随时切换到感觉舒适的光强设置。

1 按下开/关按钮打开设备。设备从光强设置 1 开始工作。

**注意：** 若要在不使用设置指示功能的情况下手动调节光强设置，请使用切换按钮，直至达到所需的设置。相应的光强指示灯将呈白色亮起。

2 按设置指示按钮 (⊙)，然后将设备贴近您的皮肤。

3 设备扫描完您的皮肤后，光强指示灯闪烁白色。这表明已根据您的肤色测得最适合您的光照强度。

4 请按确认按钮 (✓) 以确认您要以指示的设置开始使用设备。

飞利浦 Lumea 将会自动建议最高可使用光强，该光强由持续亮起的 LED 指示灯指示。

Lumea 允许您随意选择您感觉最舒适的光强。如果您想手动设置光强，请查阅下表。此表显示的是令大多数用户感觉舒适但仍然有效的设置。

- 5 使用 在使用 Lumea 时不应有任何痛苦的感觉。如果您感觉不舒适，应降低光强设置。您可以使用切换按钮来执行此操作。

注意：当您的肤色太深时，设备会自动停止。“准备闪光”指示灯会呈橙色闪烁，指示您的肤色过深，不适合使用 Lumea 进行 IPL 照射。

- 6 如果移动至其它身体部位或近期做过美黑，请进行皮肤测试以重新确定合适的光强设置。要重新启用设置指示功能，请按设置指示按钮。

注意：由于身体各部位的肤色可能不同，您需要分别为各部位选择合适的设置。

肤色	光强设置
白色： 总会晒伤，无法美黑。	4/5
米黄色： 容易晒伤，可轻度美黑。	4/5
浅棕色： 容易晒伤，美黑速度较慢，会变为浅棕色。	4/5
棕色： 很少晒伤，美黑较为容易。	3/4
深棕色： 很少晒伤，美黑非常容易。	1/2/3
棕黑色或更深的颜色： 很少或从未晒伤，可深度美黑。	您无法使用本设备

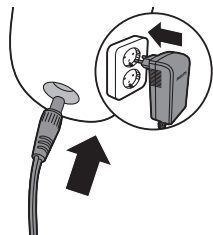
注意：如需确认您的皮肤类型是否适合使用本设备，请查阅插图中的 2 号肤色表。



注意：由于各种原因的存在，您的皮肤可能因不同的照射天数/场合出现不同的反应。

## 使用设备

- 1 使用前请清洁附件和透光窗口。



- 2 将小插头插入设备，然后将适配器插入墙上插座。

注意：如果开始照射时设备未充满电，则电池电量将在全身照射期间耗尽。我们始终建议您先充满电再开始照射或连接电源使用。

如果使用本设备照射肩膀、胸部、背部和腿部，则可能需要在照射期间对设备进行充电。这是正常现象。

提示：若想照射背部和肩膀，请寻求伴侣或朋友的帮助，以确保照射全面均匀，实现最佳效果。

- 3 打开设备，根据您的肤色选择合适的光强。您可使用设置指示功能 (请参见 '选择合适的光强') 以正确选择肤色。

- 4 将设备呈  $90^\circ$  角放在皮肤上，使集成式安全系统与皮肤接触。

集成式安全系统可防止在未与皮肤接触时意外地闪光。



- 5 将设备紧贴在皮肤上，以确保与皮肤适当接触。当设备背面的“准备闪光”指示灯亮起并呈白色时，表明您可以进行照射了。

注意：当“准备闪光”指示灯显示为橙色且不停闪烁时，则表示您的皮肤不适合进行照射。在这种情况下，设备会自动停止运作。您可以尝试在其他肤色较浅的部位使用本设备。

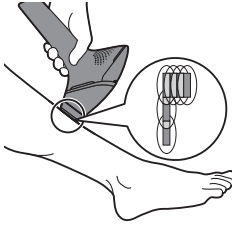
注意：如果“准备闪光”指示灯未呈白色亮起，则表示设备未与您的皮肤完全接触。

- 6 按下闪光按钮发出闪光。设备会发出轻微的爆音。由于闪光的缘故，您会感觉到微热。

注意：本设备发出的散射光对眼睛无害。使用本设备时，请勿直视闪光。使用时无需佩戴护目镜。请在光照条件良好的房间内使用本设备，以减少闪光对眼睛造成的眩目感。

- 7 将设备置于下一个待照射部位。每次闪光后，设备需要 3.5 秒的时间才可以再次闪光。当“准备闪光”指示灯呈白色亮起时，本产品才能出光。





- 8 为确保照射到所有部位，应在相互靠近的部位发出闪光。有效光只能透过出光窗口才能出光。由于与您的皮肤接触的设备部件较大，因此会产生一定的重叠照射。但请确保对同一部位只闪一次光。

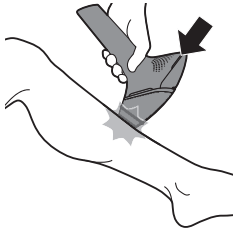
注意：对同一部位闪两次光并不会提高照射的效果，反而会增加皮肤反应的风险。

注意：请勿使用任何铅笔或钢笔标记待照射的部位，因为这样会对皮肤产生副作用。

- 9 完成照射后，按住开/关按钮关闭设备。如果在连接电源的情况下使用设备，请断开适配器与电源插座的连接。

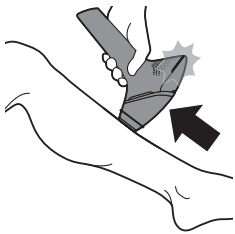
注意：如果您长期未使用设备，请再次进行皮肤测试，这一点很重要。

## 两种照射模式：



## 一闪一停模式，以及滑动式闪光模式

- 飞利浦 Lumea 拥有两种照射模式，这样可以更加方便地用于不同的身体部位：
- 一闪一停模式非常适合照射膝盖和腋下等较小或曲面部位。只需按下再松开闪光按钮即可发出一次闪光。



- 滑动和闪光模式可以方便地用于胸部和背部等较大面积部位。在皮肤上滑动设备时按住闪光按钮即可发出一连串闪光。

注意：在连接电源的情况下使用时，设备发出两次闪光之间的间隔约为 2 秒（如果在不连接电源的情况下使用，则最多为 3.5 秒），请确保在希望照射的每个部位上闪光。过快地滑过皮肤会导致错过一些部位。

## 使用后

### 常见的皮肤反应

皮肤可能会轻微发红和/或感到刺痒、刺痛或温热。这种反应对身体完全无害，很快就会消失。

剃毛或剃毛和光子脱毛结合进行可能出现皮肤干燥和发痒。您可以使用冰袋或湿毛巾冷却此部位。如果干燥现象持续不消退，可以在照射部位涂抹无香味润肤霜。

## 罕见副作用

- 灼伤、严重变红（例如在毛囊附近）和胀痛：这些反应极少出现，这是由使用对肤色而言过高的光照强度造成的。如果三天内这些反应仍未消失，建议您咨询医生。请等到皮肤痊愈后再进行第二次照射，并确保使用较低的光照强度。
- 皮肤变色：这种现象极少发生。皮肤变色通常表现为比周围区域更暗（色素沉着）或更亮（色素减退）。这是由使用对肤色而言过高的光照强度造成的。如果两周内皮肤变色反应仍未消失，建议您咨询医生。请等到皮肤变色反应消失且恢复正常肤色后再对变色部位进行照射。
- 皮肤感染现象极少出现，但可能会在（小）伤口、皮肤烧伤、皮肤过敏后发生。
- 表皮发热（边缘清晰的褐色区域，通常表现为较深的肤色且不会伴随皮肤干燥现象）：这种现象极少发生。如果一周内表皮发热现象仍未消失，建议您咨询医生。请等到皮肤痊愈后再进行第二次照射，并确保使用较低的光照强度。
- 起泡（在皮肤表面看起来像一些小泡泡）：这种现象极少发生。如果一个月内起泡现象仍未消失或皮肤发生感染，建议您咨询医生。请等到皮肤痊愈后再进行第二次照射，并确保使用较低的光照强度。
- 结疤：通常是皮肤烧伤的副效应，可能至少需要一个月才能痊愈。
- 毛囊炎（毛囊周围肿胀并伴有化脓现象）：这种现象极少发生，通常是由于细菌渗入受损的皮肤而导致的。如果发生这种现象，建议您咨询医生，因为毛囊炎治疗可能需要使用抗生素软膏。
- 疼痛：如果您在未剃毛的皮肤上或在对肤色而言过高的光照强度下使用本设备，或者在同一皮肤区域闪光多次，或者在开放性伤口、发炎、感染、纹身或灼伤等部位使用本设备，则可能在照射期间或之后产生此反应。

## 后期护理

在照射后，您可以在照射部位放心涂抹乳液、乳霜、香体液、润肤霜或化妆品。如果您在照射后发生皮肤过敏或皮肤发红现

象，应等到症状消除后再在皮肤上涂抹任何产品。如果在皮肤上涂抹某种产品后发生皮肤过敏现象，应用水将其洗净。

注意：即便遵守了所有说明，您仍有可能发生皮肤反应。在这种情况下，请停止使用本设备，并联系您所在国家/地区的客户服务中心。

## 充电

在首次使用设备之前及电池电量耗尽时，请为电池充满电。为电池充满电最多需要 1 小时 40 分钟。在使用过程中，如果充电指示灯呈橙色亮起，则表示电池电量不足并将很快耗尽，此时应为设备充电。光强为 5 时，充满电的电池至少可以进行 130 次闪光。

为设备充电：

- 1 关闭设备电源。
- 2 将小插头插入设备，然后将适配器插入电源插座。
  - 充电指示灯呈白色闪烁，表示产品正在充电。
  - 电池充满电时，充电指示灯将呈白色持续亮起。

注：充电期间，适配器和设备会产生微热。这是正常现象。

注意：本设备配备了电池过热保护装置，在室温超过 40 °C 时不会充电。

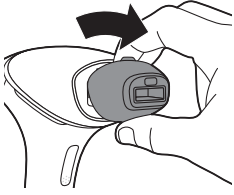
- 充电时切勿遮盖本产品和设备。
- 3 充电之后，从电源插座上拔下适配器，并从设备上拔下小插头。

注意：电池容量不足以完成全身照射。在照射大面积的身体部位（如肩部、胸部、背部和腿部）时，我们建议您将设备连接到壁式插座后再进行使用。

提示：每次使用后为设备充电可延长电池寿命。



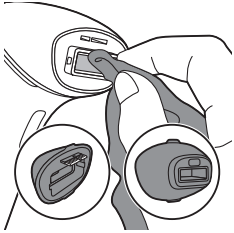
## 清洁和存放



1 使用后应关闭设备，拔下电源插头，并使其冷却。

注意：透光窗口和附件在使用后会变得滚烫。

2 取下附件。



3 用少许水将设备随附的软布沾湿，然后用它清洁以下部件：

- 设备上的透光窗口
- 附件的外表面
- 附件内部的反射镜
- 肤色感应器窗口
- 敏感部位附件前端的透明玻璃滤光器

4 让所有部件彻底晾干。

5 将本设备存放在无尘的地方，温度应介于  $-25^{\circ}\text{C}$  至  $+70^{\circ}\text{C}$  之间，湿度范围为 15-90 %。

## 保修和支持

如需信息或支持，请访问 [www.philips.com/support](http://www.philips.com/support) 或阅读国际保修卡。

## 回收

- 弃置本产品时，请不要将其与一般生活垃圾放在一起，应将其交给政府指定的回收中心。这样做将有利于环保。
- 此产品包含内置充电电池：请勿将充电电池与一般生活垃圾一起弃置。请您将产品送到官方收集中心或飞利浦服务中心，请专业人士移除充电电池。
- 遵循您的国家/地区有关分类回收电子电气产品和充电电池的规定。正确弃置产品有助于避免对环境和人类健康造成不良后果。


飞利浦 Lumea 产品含有可回收材料，不应归为城市垃圾。有关回收选项，请参阅飞利浦 Lumea 支持网站。不要投入火中。

产品中有害物质的名称及含量						
部件名称	有害物质					
	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr (VI) )	多溴联苯 (PBB)	多溴二苯醚 (PBDE)
Main appliance 主机	X	O	O	O	O	O
Exchangeable front part 可替换前段部件	O	O	O	O	O	O
Adapter 电源适配器	X	O	O	O	O	O
Pouch 袋子	O	O	O	O	O	O
本表格依据 SJ/T 11364 的规定编制						
O: 表示该有害物质在该部件所有均质材料中的含量均在 GB/T 26572 规定的限量要求以下。						
X: 表示该有害物质至少在该部件的某一均质材料中的含量超出 GB/T 26572 规定的限量要求。						

- 该表格中所显示的“有害物质”在产品正常使用情况下不会对人身和环境产生任何伤害。
- 该表格中所显示的“有害物质”及其存在的部件向消费者和回收处理从业者提供相关物质的存在信息，有助于产品废弃时的妥善处理。

## 技术规格

### BG9041

额定电压	100 伏 - 240 伏 ~
额定频率	50 赫兹 - 60 赫兹
额定输入	65 瓦
防电击保护	II 类 
保护等级	IP 30 (EN 60529)
使用条件	温度: 5 ° C 至 35 ° C ↓
相对湿度	15 % 至 90 % (无冷凝)
存放环境温度	-25 ° C 至 +70 ° C ↓
存放环境湿度	小于 90 % (无冷凝)
	
在照射部位上的最大光输出变化	<20 %

运行压力	700 百帕 - 1060 百帕
脉冲串持续时间	单次脉冲
发射波长	560 至 1400 纳米
锂电池	2 x 3.6 伏 1000 毫安时
光学曝光	2.4-6.5 焦/平方厘米
最大光能	4.8-23 焦
光学均匀性	照射区域的平均光学照射量偏差最大为 +/- 30 %
重复时间	0.9 秒 - 2 秒（接电源）， 1.6 秒 - 3.5 秒（不接电源）
脉冲持续时间	<2.5 毫秒
闪烁间隔	在 1-3.5 秒之间，取决于电池/接电使用情况
脉冲序列	单次脉冲

## 故障处理方法

问题	可能的原因	解决方法
设备/适配器会在使用 过程中发热。	设备和适配器在使用过程 中发热（但不至于热 得烫手）属于正常现象。	请在温度较低的环境下使用设备 和/或在其冷却后再继续使用。
	风扇不工作。	检查附件是否已连接好。 如果需 要，清洁附件上的接头。 如果附 件已连接好并且能够通过设备发 出闪光，请联系您所在国家/地区 的客户服务中心、您的飞利浦经 销商或飞利浦服务中心。
	手或毛巾挡住了风扇的 冷气流。	确保风扇的冷气流不被遮挡。
我将设备放在皮肤上 后，不能够发射闪光。“准备闪光”指 示灯呈橙色且不停闪烁。	您尝试照射的部位肤色 太深。	请使用 Lumea 对其他肤色较浅的 身体部位进行照射。

问题	可能的原因	解决方法
“准备闪光”指示灯呈橙色且不停闪烁，并且 5 种光强指示灯均呈绿色亮起且不停闪烁。	设备需要重置。	要重置设备，请从插座上拔下电源插头，等待 30 分钟，让设备冷却。随后设备应会恢复正常工作。如果设备再次出现问题，请联系您所在国家/地区的客户服务中心。
“准备闪光”指示灯未呈白色亮起。	设备未与皮肤完全接触。	将设备呈 90 度垂直放在皮肤上，使集成式安全系统与皮肤接触。
设备散发出一种奇怪的味道。	透光窗口或肤色传感器不干净。	小心清洁透光窗口和肤色传感器。
	您没有很好地剃除待照射部位的毛发。这些毛发可能发生灼烧而发出气味。	在使用 Lumea 前请剔除皮肤上的毛发。
设备不闪光，风扇未开启且 5 个光强指示灯全部闪烁。	未正确连接附件。	确保您完全连接了附件。如有必要，清洁附件上的电子触点。
在照射期间，皮肤可能比平常更敏感。使用本设备时，出现皮肤不适。	您使用的光强设置过高。	检查您选择的光强设置是否合适。必要时选择较低的设置。
	您没有去除待照射部位的毛发。	在使用 Lumea 前请剔除皮肤上的毛发。
	透光窗口的紫外线滤光器损坏。	如果紫外线滤光器损坏，请勿再使用本设备。请与您所在国家/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦服务中心联系。
	所脱毛的部位不适合使用本设备。	切勿在以下部位使用本设备：内阴唇、肛门、乳头、乳晕、嘴唇、痣、雀斑、纹身、穿洞、鼻孔和耳朵内侧、眼睛周围和眉毛附近的区域。切勿在面部和颈部（包括所有长胡须的部位）使用本设备。男士可以在耻区（不包括生殖部位和阴囊）使用本设备。

问题	可能的原因	解决方法
照射后皮肤反应的持续时间比平时要长。	您使用了对您而言过高的光强设置。	下一次应选择低一些的光强。请参阅“使用飞利浦 Lumea”一章中“选择合适的光强”一节。
闪光非常刺眼。是否需要佩戴护目镜？	不需要，飞利浦 Lumea 不会伤害您的眼睛。	本设备发出的散射光对眼睛无害。使用本设备时，请勿直视闪光。使用时无需佩戴护目镜。请在光照条件良好的房间内使用本设备，以减少闪光对眼睛造成的眩目感。确保良好的皮肤接触，以避免散射光。
对照射的效果不满意。	您使用了对于您而言过低的的光强设置。	下一次请选择较高的设置。
	您没有在与之前照射过的部位邻近的部位发出闪光。	您应在相互靠近的部位发出闪光并且闪光区域之间应有一些重叠。
	本设备对于您的毛发颜色没有效果。	如果您的毛发是淡金色、灰色、红色或白色，则照射不会有效果。
	使用本设备的频率不足。	要成功地去除所有毛发，我们建议您遵循推荐的照射方案。您可以缩短两次照射的间隔时间，但照射频率不应超过每两周一次。
	您对 IPL 照射的反应偏慢。	此设备应至少连续使用 6 个月，因为在此期间仍然可以抑制毛发再生。
使用本设备时，出现皮肤不适。	所脱毛的部位不适合使用本产品	只能在腋下、耻骨区（不包括生殖部位）、肩膀、胸部、背部和腿部使用本产品。

**PHILIPS**

产品：飞利浦脉冲光脱毛仪  
型号：BG9041  
额定电压：220V~  
额定频率：50Hz  
额定输入电流：1.5A  
生产日期：请见产品本体  
产地：斯洛文尼亚

IP22



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上海市静安区灵石路718号A1幢  
全国顾客服务热线：4008 800 008

本产品根据国标 GB4706.1-2005,  
GB4706.9-2008制造

保留备用

发行日期: 14/1/2019

