

# Always here to help you

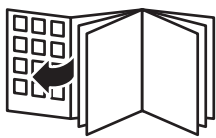
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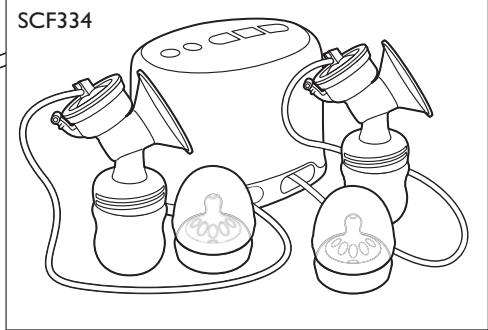
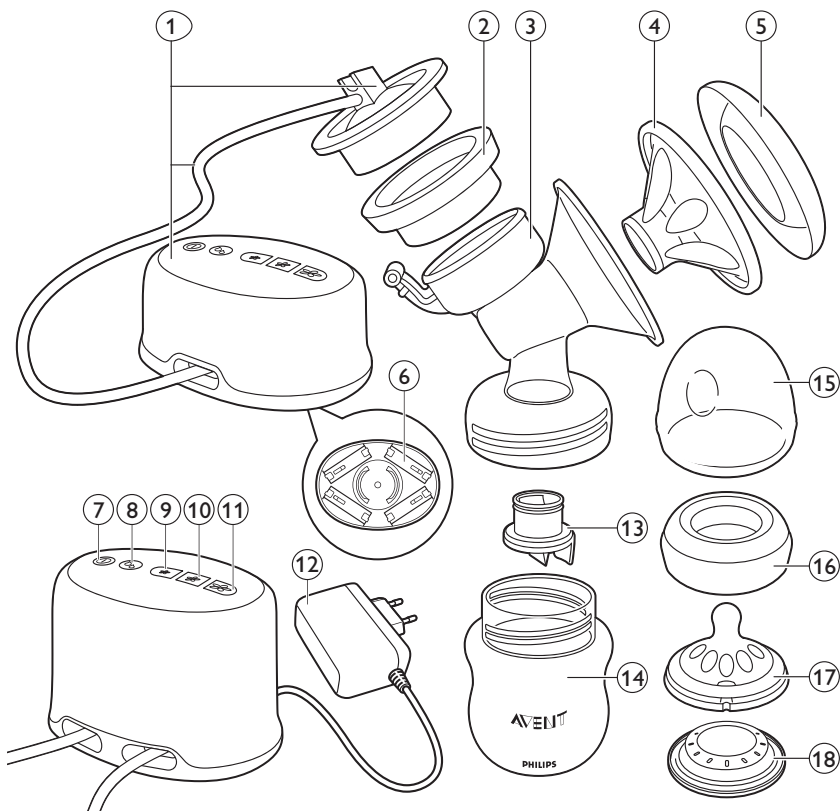
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SCF334  
SCF332



**PHILIPS**  
**AVENT**







**SCF334, SCF332**

**ENGLISH 6**

## Introduction

Congratulations on your purchase and welcome to Philips Avent! To fully benefit from the support that Philips Avent offers, register your product at **[www.philips.com/welcome](http://www.philips.com/welcome)**.

The Philips Avent breast pump has a unique design that enables you to sit in a more comfortable position while expressing. The soft massage cushion\* is designed to feel soft and warm and imitates your baby's sipping action to provide fast milk flow - comfortably and gently. The breast pump starts in a gentle mode that helps to stimulate your milk flow. You can then choose from three suction modes, according to your own personal comfort. The pump is easy to assemble and operate and all parts that come into contact with breast milk are dishwasher-safe.

Healthcare professionals say that breast milk is the best nutrition for babies during the first year; combined with solid food after the first 6 months. Your breast milk is specially adapted to your baby's needs and contains antibodies which help protect your baby against infection and allergies.

A breast pump can help you to breastfeed longer. You can express and store your milk so that your baby can still enjoy the benefits of it, even if you cannot be there to provide it yourself. As the pump is compact and discrete to use, you can take it with you anywhere, allowing you to express milk at your own convenience and maintain your milk supply.

\*The cushion included with this pump was designed to comfortably fit the majority of mothers. However, should you need it, you can buy a cushion for larger nipples separately.

## General description (Fig. 1)

- 1 Motor unit with silicone tube and cap\*
- 2 Silicone diaphragm\*
- 3 Pump body\*
- 4 Massage cushion\*
- 5 Cover\*
- 6 Battery housing (SCF332 only)
- 7 On/off button
- 8 Stimulation button
- 9 Low suction button
- 10 Medium suction button
- 11 Deep suction button
- 12 Adapter
- 13 White valve\*
- 14 Philips Avent Natural container\*
- 15 Cap\*
- 16 Screw ring\*
- 17 Teat\*
- 18 Sealing disc\*

**\*Note: Model SCF334 comes with two pieces of the marked parts, except for the motor unit.**

**Important**

Read this user manual carefully before you use the breast pump and save it for future reference.

**Danger**

- Keep the motor unit and the adapter dry.
- Do not use the breast pump in the bath or in the shower.
- Do not place or store the breast pump near a tub or sink.
- Do not reach for a product that has fallen into water. Unplug immediately.

**Warning**

- Always unplug the breast pump immediately after use.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- Inspect the breast pump, including the adapter, for signs of damage before each use. Do not use the breast pump if the adapter or plug is damaged, if it does not work properly, if it is damaged or if it has been dropped or submerged in water.
- Do not use the breast pump outdoors, where aerosol spray products are used or where oxygen is administered.
- The breast pump is not suitable for use in the presence of flammable anaesthetic mixtures with air or with oxygen or nitrous oxide.
- There are no user serviceable parts inside the motor unit of the breast pump. Do not attempt to open, service or repair the breast pump yourself. If you do, your guarantee becomes invalid.
- Keep the adapter and the silicone tubes away from heated surfaces.
- Only use the adapter indicated on the appliance.
- Do not attempt to remove the pump body from your breast while under vacuum. Switch off the appliance and break the seal between your breast and the pump funnel with your finger. Remove the pump from your breast.
- Never use the breast pump while you are pregnant, as pumping can induce labour.
- Never use the breast pump while you are sleepy or drowsy.
- Do not expose the breast pump to extreme heat and do not place it in direct sunlight.

**Caution**

- The breast pump is only intended for repeated use by a single user.
- Do not leave the breast pump unattended when it is plugged in.
- Never drop or insert any foreign object into any opening.
- Although the breast pump is compliant with applicable EMC directives, it may still be susceptible to excessive emissions and/or may interfere with more sensitive equipment.
- Never use any accessories or parts from other manufacturers or that Philips Avent does not specifically recommend. If you use such accessories or parts, your guarantee becomes invalid.
- Clean, rinse and sterilise all pump parts, except the motor unit, the tube and cap and the adapter before each use.
- Never put the motor unit or the adapter in water or in a steriliser, as this causes permanent damage to these parts.
- Do not use antibacterial or abrasive cleaning agents when you clean breast pump parts.
- Do not use the breast pump if the silicone diaphragm appears to be damaged or broken. See chapter 'Ordering accessories' for information on how to obtain replacement parts.
- Do not continue pumping for more than five minutes at a time if you do not succeed in expressing any milk.
- If the pressure generated is uncomfortable or causes pain, switch off the appliance, break the seal between the breast and the pump body with your finger and remove the pump from your breast.

**Electromagnetic fields (EMF)**

This Philips appliance complies with all applicable standards and regulations regarding exposure to electromagnetic fields.

**Preparing for use**

The motor unit, the silicone tube and cap and the adapter do not require cleaning and sterilising, as they do not come into contact with breast milk.

Clean and sterilise all other parts of the breast pump before first use as described in chapter 'Cleaning and sterilising'. Also clean these parts after each subsequent use and sterilise them before each subsequent use.

**Assembling the breast pump**

*Note: Make sure you have cleaned and sterilised the appropriate parts of the breast pump. Wash your hands thoroughly before you handle the cleaned parts.*

**Be careful, the cleaned parts may still be hot.**

*Tip: You may find it easier to assemble the breast pump while it is wet.*





- 1** Insert the white valve into the pump body from underneath. Push in the valve as far as possible.



- 2** Screw the pump body clockwise onto the container until it is securely fixed.

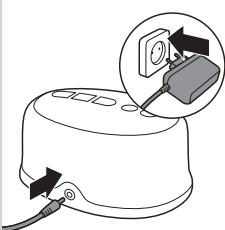


- 3** Place the silicone diaphragm into the pump body from above. Make sure it fits securely around the rim by pressing down with your fingers to ensure a perfect seal.



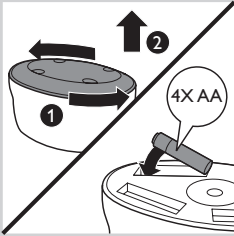
- 4** Place the massage cushion into the funnel-shaped section of the pump body. Push in the inner part of the massage cushion as far as possible and make sure that it is perfectly sealed all around the rim of the pump body. Press in between the petals to remove any trapped air.

*Note: Place the cover over the massage cushion to keep the breast pump clean while you prepare for expressing.*



- 5** Insert the adapter into the wall socket and insert the other end into the motor unit.

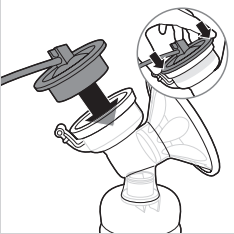
The adapter reference code is indicated on the bottom of the appliance. Only use the indicated adapter with the appliance.



- For battery operation (SCF332 only), turn the bottom of the motor unit in the direction indicated by the marks on the bottom (1) and remove it (2). Insert four new 1.5V AA batteries (or 1.2V, if rechargeable) into the battery housing. Reattach the bottom to the motor unit.

*Note: A new set of batteries provides up to 3 hours of operation. If you have inserted batteries in the battery housing of the motor unit and plug in the adapter, the breast pump will run from the main power supply. The batteries cannot be charged in the unit.*

- 6** Attach the silicone tube and cap onto the diaphragm. Push down the cap until it is securely in place.



## Using the breast pump

### When to express milk

If breastfeeding goes well for you, it is advisable (unless advised otherwise by your healthcare professional/breastfeeding advisor) to wait until your milk supply and breastfeeding schedule are established (normally at least 2 to 4 weeks after giving birth).

Exceptions:

- If breastfeeding does not immediately work for you, expressing regularly can help to establish and maintain your milk supply.
- If you are expressing milk for your baby to be given in hospital.
- If your breasts are engorged (painful or swollen): you can express a small amount of milk before or between feeds to ease the pain and to help your baby latch on more easily.
- If you have sore or cracked nipples, you may wish to express your milk until they are healed.
- If you are separated from your baby and wish to continue to breastfeed when you are reunited, you should express your milk regularly to stimulate your milk supply.

You need to find the optimum times of the day to express your milk, for example just before or after your baby's first feed in the morning when your breasts are full, or after a feed if your baby has not emptied both breasts. If you have returned to work, you may need to express during a break.

Using a breast pump requires practice and it may take several attempts before you succeed. Fortunately, the Philips Avent electric breast pump is easy to assemble and use so you will soon get used to expressing with it.

### Tips

- Familiarise yourself with the breast pump and how to operate it before you use it for the first time.
- Choose a time when you are not in a rush and will not be interrupted.
- A photograph of your baby can help encourage the 'let-down' reflex.
- Warmth can also help: try to express after a bath or shower, or place a warm cloth or Philips Avent Thermopad on the breast for a few minutes before you start expressing.
- You may find it easier to express while your baby is feeding from the other breast, or immediately after a feed.
- If expressing becomes painful, stop and consult your breastfeeding advisor or healthcare professional.

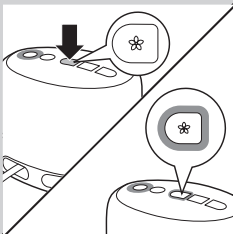
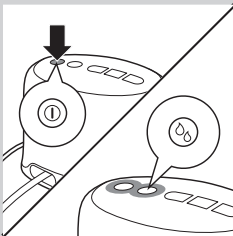
### Operating the breast pump

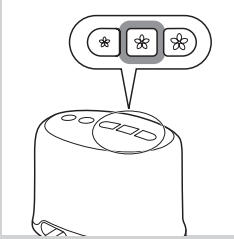
- 1** Wash your hands thoroughly and make sure your breasts are clean.
- 2** Relax in a comfortable chair (you may wish to use cushions to support your back). Make sure you have a glass of water nearby.
- 3** Press the assembled pump body against your breast. Make sure that your nipple is centered, so that the massage cushion creates an airtight seal.

SCF334: The twin electric breast pump enables you to express milk from both breasts at the same time. However, you can also use the appliance to express from one breast in just the same way.

- 4** Press the on/off button.
  - ▶ The breast pump automatically starts up in stimulation mode and the on/off button and the stimulation button light up.
  - ▶ You begin to feel the suction on your breast.
- 5** Once your milk starts flowing, you can adopt a slower rhythm by pressing the lowest suction button.
  - ▶ This button lights up instead of the stimulation button.

*Note: Do not worry if your milk does not flow immediately. Relax and continue pumping. The first few times you use the breast pump, you may need to use a higher suction mode to get your milk flowing.*





- 6** Depending on your own personal comfort, you may wish to use a higher suction mode that provides deeper suction. You can return to a lower suction mode, or switch off the breast pump whenever you like by pressing the appropriate button.

*Note: You do not need to use all suction modes, only use the modes that are comfortable for you.*

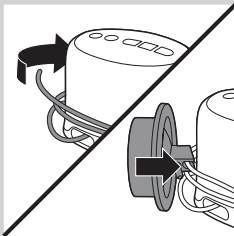
Always switch off the breast pump before you remove the pump body from your breast.

Do not continue pumping for more than 5 minutes at a time if you do not succeed in expressing any milk. Try to express at another time during the day. If the process becomes very uncomfortable or painful, stop using the pump and consult your breastfeeding advisor.

- 7** On average, you need to pump for 10 minutes to express 60-125ml (2-4fl oz) of breast milk from one breast. However, this is just an indication and varies from woman to woman.

*Note: If you regularly express more than 125ml per session, you can use a 260ml/9fl oz Philips Avent bottle to prevent overflowing and spillage.*

- 8** When you have finished expressing, switch off the breast pump and carefully remove the pump body from your breast.
- 9** Unscrew the container from the pump body ready for feeding/storage. Clean the other used parts of the breast pump according to the instructions in chapter 'Cleaning and sterilising'.
- 10** Unplug the motor unit. For easy storage, wrap the silicone tube around the motor unit and clip the cap onto the tube.



## After use

### Storing breast milk

#### Only store breast milk collected with a sterile pump.

Breast milk can be stored in the fridge (not in the door) for up to 48 hours. Expressed milk should be refrigerated immediately. If you store milk in the fridge to add to during the day, only add milk that has been expressed into a sterilised bottle or breast milk container. Breast milk can be stored in the freezer for up to three months as long as it is kept in either sterilised containers fitted with a sterilised screw ring and sealing disc. Clearly label the container with the date and time of expression and use older breast milk first.

If you intend to feed your baby with the expressed breast milk within 48 hours, you can store the breast milk in the fridge in an assembled Philips Avent container:

- 1** Unscrew the container and remove it from the pump body.
- 2** Assemble a sterilised teat and screw ring onto the container. Seal the teat with the dome cap.
- 3** Alternatively, insert a sterilised sealing disc into a sterilised screw ring and screw this onto the container.

**Do's**

- Always refrigerate or freeze expressed milk immediately.
- Only store milk collected with a sterilised breast pump in sterilised containers.

**Don'ts**

- Never refreeze thawed breast milk.
- Never add fresh breast milk to frozen breast milk.

**Feeding your baby expressed breast milk**

You can feed your baby with breast milk from Philips Avent bottles and storage cups:

- 1 If you use frozen breast milk, let it defrost completely before you heat it.

*Note: In case of an emergency, you can defrost the milk in a bowl of hot water.*

- 2 Heat the bottle or storage cup with defrosted or refrigerated breast milk in a bowl of hot water or in a bottle warmer.
- 3 Remove the screw ring and sealing disc from the container or remove the lid from the storage cup.
- 4 If you are using a storage cup, screw the adapter ring onto the cup.
- 5 Screw a sterilised screw ring with sterilised teat onto the container or onto the storage cup with adapter ring.

**Do's**

- Always check the temperature of the milk before you feed it to your baby.
- Always discard any breast milk that is left over at the end of a feed.

**Don'ts**

- Never heat breast milk in a microwave, as this can cause uneven heating, which can lead to hot spots in the milk. It may also destroy nutrients in the milk.

## Cleaning and sterilising

The motor unit, the silicone tube and cap and the adapter do not require cleaning and sterilising, as they do not come into contact with breast milk.

Clean and sterilise all other parts of the breast pump before first use. Also clean these parts after each subsequent use and sterilise them before each subsequent use.

**Danger: Never put the motor unit or the adapter in water or in a steriliser.**

- 1** Disassemble the breast pump completely. Also remove the white valve.

**Be careful when you remove the white valve and when you clean it. If it gets damaged, your breast pump does not function properly. To remove the white valve, gently pull at the ribbed tab on the side of the valve.**

- 2** Clean all parts, except the motor unit, the silicone tube and cap and the adapter, in the dishwasher (on the top rack only) or in hot water with some mild washing-up liquid and then rinse them thoroughly.

**To clean the valve, rub it gently between your fingers in warm water with some washing-up liquid. Do not insert objects into the valve, as this may cause damage.**

- 3** Sterilise the cleaned parts of the breast pump in a Philips Avent steam steriliser or by boiling them for 5 minutes.

**Never put the motor unit or the adapter in water or a steriliser. If necessary, you can wipe the motor unit with a soft, damp cloth.**

## Storage

Keep the breast pump out of direct sunlight as prolonged exposure may cause discolouration.

- 1** Store the breast pump and its accessories in a safe and dry place.

## Compatibility

The Philips Avent electric breast pump is compatible with Philips Avent bottles in our range. When you use Classic bottles that feature our two-piece anti-colic system, always insert the ring in the top of the bottle before you attach it to the breast pump. When you use other Philips Avent bottles, use the same type of teat that was supplied with that bottle. For details on how to assemble the teat and general cleaning instructions, refer to the user manual that came with your bottle. These details can also be found on our website, **[www.philips.com/support](http://www.philips.com/support)**.

## Replacement

### Batteries

Only replace the non-rechargeable batteries of the breast pump (SCF332 only) with four 1.5V AA batteries (or 1.2V if rechargeable). For instructions on how to replace the batteries see chapter 'Preparing for use'.

## Ordering accessories

To buy accessories or spare parts, visit **[www.shop.philips.com/service](http://www.shop.philips.com/service)** or go to your Philips dealer. You can also contact the Philips Consumer Care Centre in your country (see the worldwide guarantee leaflet for contact details).

## Recycling

Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

### Removing the disposable batteries

To remove the disposable batteries, see chapter 'Preparing for use', section 'Assembling the breast pump'.

## Guarantee and support

If you need information or support, please visit **[www.philips.com/support](http://www.philips.com/support)** or read the separate worldwide guarantee leaflet.

## Troubleshooting

This chapter summarises the most common problems you could encounter with the appliance. If you are unable to solve the problem with the information below, contact the Consumer Care Centre in your country or visit us online at **[www.philips.com/support](http://www.philips.com/support)**.

Problem	Solution
I experience pain when I use the breast pump.	Stop using the breast pump and consult your breastfeeding advisor. If the pump body does not come away easily from the breast, it may be necessary to break the vacuum by placing a finger between the breast and the massage cushion.
The breast pump is scratched.	In case of regular use, some light scratching is normal and does not cause problems. However, if a part of the breast pump becomes badly scratched or if it cracks, stop using the breast pump and contact the Philips Consumer Care Centre to obtain a replacement part. Be aware that combinations of cleaning agents, sterilising solution, softened water and temperature fluctuations may, under certain circumstances, cause the plastic to crack. Avoid contact with abrasive or antibacterial detergents as these can damage the plastic.
The breast pump does not work and the on/off button flashes.	First check if you have assembled the breast pump correctly and make sure that there is no kink in the tube. If you are using SCF332 with batteries, replace the batteries according to the instructions in chapter 'Preparing for use', action 5. If you are using SCF334 or SCF332 on mains electricity, check to make sure you are using the adapter that was supplied with the product. If the problem persists, contact the Consumer Care Centre in your country.
I do not feel any suction.	Check if you have assembled the breast pump correctly by following the steps in chapter 'Preparing for use'. Make sure the silicone tube is firmly attached to the motor unit and to the cap and diaphragm.
I need to replace the silicone tube, but do not know how to remove it.	To remove the tube, grab it close to the motor unit and pull while twisting it. To reconnect the tube, ease the tube back onto the connector on the motor unit with a slight twisting motion. Make sure it is securely attached.





[www.philips.com/avent](http://www.philips.com/avent)

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