



Philips
EnergyLight

Natural white light

Corded & angle adjustment
10,000 lux light intensity
Treatment time indicator



HF3418

Feel more energized with light, naturally

Natural white light energizes like bright daylight

Philips EnergyLight is an energy light that uses the natural power of daylight to improve energy levels and mood. Just 20-30 minutes a day is all it takes to feel more energized, active and alert, helping you to perform whenever you need to

Advanced Philips LEDs provide comfortable light

- 10,000 lux - same intensity, benefits as natural daylight
- 100+ years of Philips lighting and healthcare knowhow
- Even brightness, ultimate eye comfort
- 100% UV free light - safe for eyes and skin

Clinically proven: energizes naturally with light

- Fights energy dips, fatigue and winter blues
- Improves energy levels, alertness and mood
- Light is a natural energizer that fits a healthy lifestyle

Designed to fit into your daily routine easily

- Natural white light complements any environment
- Includes adjustable stand and wall mount
- Results in just 20-30 min/day; use while reading, working

PHILIPS

Highlights

Natural white light

Natural white light complements any environment.

10,000 lux light intensity

Philips EnergyLight produces light with a high luminance of up to 10,000 lux and a color close to natural daylight. This revitalizing light has the same effect on the body as a summer's day, and is clinically proven to improve vitality and energy levels, and to help fight fatigue and winter blues. EnergyUp uses the latest high-power Philips LED lights and technology; these innovations keep EnergyLight slim in size. As a result, EnergyLight takes up little desk space, and is suitable for use virtually anywhere in the home or workplace.

Convenient design

EnergyUp is slim and easy to set up. Simply place EnergyLight at about arm's length within your field of vision. Slightly in front and to the side of you on a desk or table is ideal, with the unit angled upward so that the light reaches your eyes. Or you may attach EnergyLight to a wall using the included wall mount.

Developed by Philips

Philips was founded more than one hundred years ago as a pioneer of affordable light bulbs, and later used its expertise in vacuum tube technology to develop one of the world's first X-ray imaging machines. To this day, the company remains a global leader in lighting and healthcare, driven on by the desire to improve people's lives around the world every day by creating innovations that matter to you. This proud heritage continues with EnergyLight, an innovative product which benefits from all of Philips' experience as a leading lighting, healthcare and consumer technology company.

Fights energy dips

Lack of light during the darker winter months causes many people to experience a noticeable drop off in their energy levels and low spirits as autumn sets in. Known as 'winter blues' (or sub-syndromal seasonal affective disorder, sub-SAD), symptoms may cause the sufferer to feel low, listless and fatigued for weeks or even months on end, affecting both personal performance and mood. Philips EnergyLight fights these symptoms of winter fatigue with the natural energizing power of sunlight, sustaining the body with summer vitality throughout the dark winter months.

Increases energy level

Today's busy modern lifestyles demand peak performance all day long – but even the fittest person

suffers energy crashes or lows, particularly when deprived of natural daylight, such as in an office in winter. EnergyLight fights energy dips and improves mood using the natural energizing power of sunlight to stimulate the body and improve alertness. With just a single 20-30 minute session proven to be effective, use EnergyLight whenever you need to charge up and energize: to get going in the morning, reboot after lunch, or maintain sustained energy levels throughout the day.

Just 20-30 minutes a day

Just 20-30 minutes a day with EnergyLight is proven to revitalize and promote a positive mood. Simply position the energy light at arm's length so that the light reaches your eyes. There's no need to look directly into the light, so you can multitask with EnergyLight, benefitting from it at breakfast, or when working or reading. Since the light is UV free and comfortable and safe for eyes, you can use it for as long as you wish during the day (if used in the evening or before bedtime it may delay sleep). With daily use, you are likely to feel EnergyLight's energizing effect within 1-2 weeks.

Light is a natural energizer

Daylight is essential to well-being and keeping fit and energized throughout the day – just like healthy nutrition and regular exercise. Philips EnergyLight mimics the natural energizing power of daylight on a bright sunny day, stimulating special receptors in the eye that trigger the body's natural response to sunlight. This helps you to feel more energetic, active and alert. On days when your energy level is low and you're feeling tired, EnergyLight promotes vitality, naturally.

Ultimate eye comfort

EnergyLight uses a unique lighting system to control glare for complete eye comfort. A unique combination of diffusers, reflectors and filters distribute the powerful LED light evenly across the whole surface of the screen. This controls glare and prevents bright spots, for diffuse light that is always comfortable and pleasant to experience.

UV-free

EnergyLight Natural white uses the full natural daylight spectrum of light, but without the harmful UV rays associated with sunlight. EnergyLight is therefore safe to use for eyes and skin.

Specifications

Weight and dimensions

- Product dimensions: 29,4 x 37,6 x 4,1 cm
- Product weight: 2,0 kg
- F-box weight: 3,0 kg
- F-box dimensions: 31,7 x 41,4 x 11,2 (WxHxD) cm
- Master carton: 2

Logistic data

- Country of origin: China

Easy to use

- On/off button
- Treatment time indicator
- Touch button operation
- Light intensity settings: 5
- Light intensity indicator

Comfortable light

- 10,000 lux
- Even screen luminance

Easy positionable

- Adjustable angle

Well-being by light

- Fight winter blues
- Increase alertness
- Increase energy level
- Lift your mood
- Feel more rested

Technical

- Voltage: 100/240 Vac
- Frequency: 50/60 Hz
- Type of Lamp: Medium power LED
- Cordlength: 210 cm
- Power adapter: 24W

Safety and Regulations

- UV-free: No UV or near UV radiation
- Complies to Portable: CSA22.2 no 12, Electric Luminaire UL153
- cULus certified
- Light Emitting Diode Equipment: UL8750



Issue date 2023-09-21

Version: 2.2.1

UPC: 0 75020 04504 1

© 2023 Koninklijke Philips N.V.
All Rights reserved.

Specifications are subject to change without notice.
Trademarks are the property of Koninklijke Philips N.V.
or their respective owners.

www.philips.com