

Connected Sleep and Wake-Up Light

- Personalized sunrise and sunse
- SleepMapper app enabled
- AmbiTrack bedroom monitoring
- Formerly known as Somneo

HF3670/60

Fall asleep faster*

and personalize your best natural wake up.

Create your ideal sleep and wake expereince through your smartphone. Built-in sensors measure your bedroom's temperature, noise, light and humidity levels - syncing with the SleepMapper app and suggesting ways to improve your sleep space.

Benefits

Natural sunrise and sunset simulation
- The Wake-Up Light clinically proven to work

Choose your night and morning
- App enabled customization
- Personalize your sunrise and sunset experience
- PowerWake Alarm
- Choose the sound or music you wake up to
- Select the brightness level that's right for you

Designed for style and function
- AmbiTrack monitoring for your bedroom
- A soft light to guide you in the dark
- Smart touch display for easy device control
- Just tap the top of the product to snooze

RelaxBreathe: Light-guided wind-down breathing
- Light-guided breathing helps you relax to sleep

PHILIPS

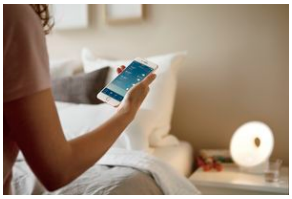
Features

AmbiTrack monitoring



The built in AmbiTrack sensor measure our bedroom's temperature, noise, light, and humidity levels. You can see this information on your SleepMapper app where it suggests ways to improve your sleep space and routine.

SleepMapper app enabled



Through the SleepMapper app, Philips Connected Sleep and Wake Up Light offers you the ability to control your light and personalize your experience. You can set an advanced weekday or weekend alarm with the Advanced Alarm Scheduler that offers 20 different sounds, lights, and intensity patterns.

Personalize sunrise and sunset



Tailor your waking and sleeping routine with personalized sunrise and accompanying settings by adjusting the light's length and intensity, as well as soothing sounds. From the bright white sunrise of a crisp Nordic morning, to the warm pink dawn in the Carribean, the Connected Sleep and Wake Up Light offers 4 different sunrises to personalize each day.

Optional additional alarm



If a simple snooze alarm can't do the job, the optional PowerWake alarm combines the blaring sound of a traditional alarm clock with flashing lights to get your out of bed, and avoid oversleeping.

With RelaxBreath for sleep



Inspired by well-known breathing and relaxation exercises our light-guided wind-down function is designed to help get you to sleep by helping you decompress from the day's activities and unwind. Follow one of seven rhythms of light intensity or sound with your breathing while keeping your eyes closed for a calm and peaceful transition from your day to your dreams

Midnight and reading light



When turned on in the middle of the night, the Connected Sleep and Wake Up Light provides a soft light that is just enough to let you find your way in the dark - without jarrign your senses. The midnight light can be easily activated and de-activated with a few simple taps on the clock.

Smart touch display



Our seamlessly integrated multi-level touch display lets you set your chosen parameters intuitively and fast. Just approach the display with your hand and control your light with a touch on the buttons. The light will adjust the brightness of the display automatically to the light level in your room. You also have the option to siwtch off the display completely.

Tap to snooze



A slight tap on top of the wake-up light sets the snooze mode. After 9 minutes the sound will gently start playing again.

Multiple sound & music options



Wake up to nature sounds, ambient music or your favorite local FM radio station. At your set wake up time your selected sound will start to play softly, and gradually increase in volume to your pre-set level within a few minutes. The transition from sleep to waking is gentle, but intended to eventually get you fully awake. Connect your mobile device or tablet to the AUX port to turn the light into a speaker.

Multiple brightness settings



Sensitivity to light differs from person to person—a brightness level that could instantly wake you might not budge someone else. Multiple light settings let you choose which intensity level is just right for you. In general, when the brightness is set to a higher light intensity a person needs less time to become

fully awake. When you are not sleeping, the wake up light becomes an adjustable bedside or reading light.

Clinically validated



Philips wake-up lights are clinically proven to improve your general wellbeing after waking up. Several independent studies have shown that our wake-up light improves the quality of waking up, improves your mood and makes you feel more refreshed in the morning. 92% of users say our wake-up light wakes them up pleasantly, while 88% of users say that the wake-up light is a better way to wake up than how they did before.* In addition, 92% of users find it easier to get out of bed**

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Product details

App enabled w/ alarm scheduler	Yes
AmbiTrack bedroom monitoring	Yes
Anti-slip rubber feet	Yes
Charges mobile phone	Yes
Control by Smart-phone	Yes
Cord length	5 feet
Dimensions	8.8 x 8.6 x 4.7 inches
Weight	3.36 pounds
Type of lamp	LED

Alarm

PowerWake alarm	Yes
Snooze type	Smart Snooze
Tap snooze for sound	9 minutes

Sound

Number of Wake-up Sounds	8
Number of relaxation sounds	4
AUX entry	Yes
FM radio	Yes

Light

Sun themes	4
Midnight light	Yes
Display brightness control	Self adjusting
Number of Bright-ness settings	25
Light colors	white, orange, yellow, amber
Max Lux level	315

Technical Specification

Frequency	50/60Hz
Power Output adapter	18W
UV-free	Yes
Voltage	10-240 VAC
Country of Origin	China

* *77% of users report that, Philips SmartSleep Sleep and Wake-Up Light helps them fall asleep faster using RelaxBreathe, after 4 weeks of use. Metrixlab, n=106 users.
* 1. Blauz Research 2008, N=471 users
* *Previously called Somneo

data subject to change
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