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# Feel more energetic

## Energy throughout the day, in a natural way

The Philips goLITE BLU is a compact and portable energy light which produces blue light like a clear summer sky. This particular light therapy is known to naturally help increase your energy level whenever you need it and help fight winterblues.

### Increases energy levels and fights winter blues

- Uses specific blue light like a clear sunny sky
- Helps to alleviate the symptoms of the winter blues
- Helps to increase energy levels

### Comfortable, convenient and easy to use

- Use for just 15-45 minutes per day to experience results
- Conveniently portable and rechargeable
- Backlit touch screen to adjust timer & intensity
- Extra durable LED lights
- 100% UV free blue light

### **Proven benefits**

- Clinically proven\* to improve mood and energy
- 100 years of Philips expertise in light technology
- · Independent research show improved energy levels with users

# Highlights

### **Natural blue light**



goLITE BLU energy light produces a particular kind of pure blue light that occurs naturally on very sunny, clear days. Special receptors in the eyes absorb this blue light which makes you feel energetic whenever you need it.

### **Fights winter blues**



In countries with long winters, many people experience loss of energy and low spirits due to lack of light. These symptoms are referred to as the winter blues. They typically start in autumn and may last for several weeks. Philips goLITE BLU is a simple and natural way to alleviate these symptoms and restore your summer mood and energy level.

### **Increases energy levels**



Our busy lifestyles demand a lot from us and we want to be at our best both during work and private time. Sometimes we experience low moments or dips during the day. Using the goLITE BLU energy light at any time of the day will help you to increase your energy level and alertness in a natural way.

### Use for 15-45 minutes per day



Place goLITE BLU in your field of vision - no need to look directly into the light. Using the goLITE BLU energy light for at least 15 minutes naturally improves your mood and energy level whenever you need it. Using it for longer is absolutely safe. Regular use every morning during winter months will help to alleviate the symptoms of the winter blues.

### **Use everywhere**



Compact design, storage case, rechargeable battery and international adapters make the goLITE BLU easy to use, easy to store and easy to take with you when you travel.

### Adjustable timer and intensity



Set the timer according to your needs (1-60 min) by using the touch display and choose the right level of brightness out of the four levels by using the dimmer. Set the treatment time alarm to ensure that you don't miss your session of blue light.

### Long lasting LEDs



The durable LED lights in the goLITE BLU energy light can be used 30 minutes a day for 50 years, without losing its efficacy.

### **UV free**



The pure, blue light increases your energy naturally, like on a sunny day, but without the UV rays associated with sunlight.

### Improved energy levels



Independent research shows that 70% felt their energy levels improved after 2 weeks use. Bzz Agent UK 2011; n = 823

### Clinically proven\*



Clinically proven\* to fight winter blues and increase energy levels.

# Specifications

### Well-being by light

Fight winter blues Increase energy level Increase alertness

### **Comfortable light**

Specific blue light Light Intensity dimmer: Yes, 4 levels Advanced diffusion optics Wide treatment field

### Easy to use

Backlit touch screen Built in clock On/off button Pause function Treatment reminder alarm Treatment timer: 0-60 min

### Portable

Small, compact design Internal rechargeable battery International power adapters Protective pouch included

### Safety

Complies to IEC 60601-1 Ed. 3 cTUVus safety mark FCC Part 15 compliance UV-free: No UV or near UV radiation

### **Technical specifications**

Power: 12 W Voltage: 100-240 V Frequency: 50/60 Hz Insulation: Class II (double insulation) Type of lamps: LED Lifetime of lamps: 10,000 hour(s) Cord length: 180 cm

### Weight and dimensions

Product dimensions: 14x 14 x 2.5 cm Product weight: 0.4 kg Box dimensions (WxHxD): 5 3/4 x 5 7/8 x 3 5/8 in - 14.6 x 14.9 x 9.2 cm Box weight: 0.75 kg Master carton: 4

### Logistic data

Country of origin: China CTV code: 884333160

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