



Philips  
Wake-up Light



HF3451



## Start your day in a pleasant way

The light that wakes you naturally

The Wake-up Light wakes you easily and naturally, leaving you with as much energy as on a summer's morning. Drawing on Philips' 100 years of lighting expertise, the Wake-up Light offers medically proven benefits.

### Light wakes you naturally

- Gradual light positively affects energy hormones

### Light intensity

- Up to 300 Lux for natural awakening

### Philips — the light expert

- 100 years of lighting expertise

### Proven health benefits

- Supported by the Medical Device Directive (MDD)

**PHILIPS**  
sense and simplicity

# Specifications

## Technical specifications

- Power: 75 W
- Voltage: 230 V
- Frequency: 50 Hz
- Type of lamps: 1 Philips incandescent lamp
- Lifetime of lamps: 1000 hours (easy to replace)
- Insulation: class II (double isolation)
- Cord length: 3 m

## Weight and dimensions

- Product dimensions: 13.5 x 20.0 x 30.0 cm (DxWxH) cm
- Product weight: 1.5 kg
- F-box dimensions: 16.0 x 21.0 x 32.0 cm (DxVxH) cm
- F-box weight: 2.1 kg
- No. of F-boxes in A-box: 3 pcs
- A-box dimensions: 22.5 x 49.5 x 34.1 cm (DxVxH) cm
- A-box weight: 7.8 kg
- Qnt. on Euro pallet: 126 pcs

## Logistic data

- CTV code: 884345101000
- Country of origin: China

## Safety

- UV-free: no UV radiation
- Cenelec certified

## Easy to use

- Quick on/off button

- Snooze button for sound and light: 9 minute(s)
- Quick check function (90 sec.): Check next morning's light/sound level in 90 sec.
- Compact size: Limited bedside table space required (13.5x20 cm)
- Electricity back-up function: 5 minute(s)
- Anti-slip rubber feet

## Medical appliance

- Proven health benefits: supported by Medical Device Directive certificate

## Light

- Wake-up Light bulb with natural daylight spectrum: 75 W
- Sunrise simulating process (0-selected intensity): 30 minute(s)
- Light for easy reading: 300 Lux at 40–50 cm
- Light intensity dimmer: 0-300 Lux at 40–50 cm
- Light on/off function

## Sound

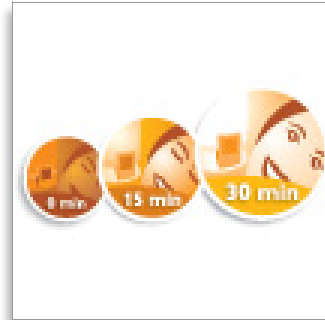
- Wake-up sound: Friendly beep and one natural sound (morning birds)
- Sound off function: Option to mute sound immediately
- Premium sound box: 2 W

## Display

- Easy-to-read LCD display: 50x50 mm
- Display brightness control: Three settings (off, medium, high)

# Highlights

## Light wakes you naturally



Light gradually increases over 30 minutes before your set wake up time. Light falls on your eyes and positively affects your energy hormones, preparing your body to wake up. This makes waking up a more pleasant feeling.

## 300 Lux light intensity



The sensitivity to light differs a lot per person. In general, when using a higher light intensity a person needs less time to become fully awake. The light intensity of the Wake-up Light can be set up to 300 Lux. This makes sure you can wake up to the light intensity that suits your personal preference best.

## Philips — the light expert

Philips is a leading company worldwide in the field of lighting technology. With more than 100 years' experience in this field, Philips is a true expert on light and its effects on the human body. The Wake-up Light combines all this expertise in a meaningful, technologically advanced and easy-to-use product that will improve the wellbeing of many.

## Supported by the Medical Device Directive (MDD)



This device has proven health benefits, as certified by the Medical Device Directive (MDD).



Issue date 2009-05-26

Version: 3.0.1

12 NC: 0000 000 00000

© 2009 Koninklijke Philips Electronics N.V.  
All Rights reserved.

Specifications are subject to change without notice.  
Trademarks are the property of Koninklijke Philips Electronics N.V. or their respective owners.

[www.philips.com](http://www.philips.com)