

# PHILIPS

Connected Sleep  
and Wake-Up Light

SmartSleep

Personalized sunrise and sunset

SleepMapper app enabled

AmbiTrack bedroom monitoring

Formerly known as Somneo

HF3670/60



## Fall asleep faster\*

and personalize your best natural wake up.

Create your ideal sleep and wake experience through your smartphone. Built-in sensors measure your bedroom's temperature, noise, light and humidity levels – syncing with the SleepMapper app and suggesting ways to improve your sleep space.

### Natural sunrise and sunset simulation

- The Wake-Up Light clinically proven to work

### Choose your night and morning

- Choose the sound or music you wake up to
- Select the brightness level that's right for you
- App enabled customization
- PowerWake Alarm
- Personalize your sunrise and sunset experience

### Designed for style and function

- A soft light to guide you in the dark
- Just tap the top of the product to snooze
- Smart touch display for easy device control
- AmbiTrack monitoring for your bedroom

### RelaxBreathe: Light-guided wind-down breathing

- Light-guided breathing helps you relax to sleep

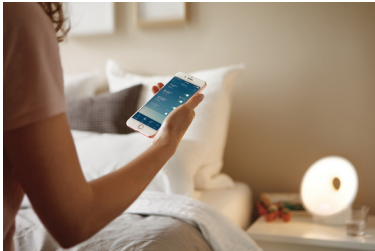
# Highlights

## AmbiTrack monitoring



The built in AmbiTrack sensor measure our bedroom's temperature, noise, light, and humidity levels. You can see this information on your SleepMapper app where it suggests ways to improve your sleep space and routine.

## SleepMapper app enabled



Through the SleepMapper app, Philips Connected Sleep and Wake Up Light offers you the ability to control your light and personalize your experience. You can set an advanced weekday or weekend alarm with the Advanced Alarm Scheduler that offers 20 different sounds, lights, and intensity patterns.

## Personalize sunrise and sunset



Tailor your waking and sleeping routine with personalized sunrise and accompanying settings by adjusting the light's length and intensity, as well as soothing sounds. From the bright white sunrise of a crisp Nordic morning, to the warm pink dawn in the Caribbean, the Connected Sleep and Wake Up Light offers 4 different sunrises to personalize each day.

## Optional additional alarm



If a simple snooze alarm can't do the job, the optional PowerWake alarm combines the blaring sound of a traditional alarm clock with flashing lights to get your out of bed, and avoid oversleeping.

## With RelaxBreath for sleep



Inspired by well-known breathing and relaxation exercises our light-guided wind-down function is designed to help get you to sleep by helping you decompress from the day's activities and unwind. Follow one of seven rhythms of light intensity or sound with your breathing while keeping your eyes closed for a calm and peaceful transition from your day to your dreams

## Midnight and reading light



When turned on in the middle of the night, the Connected Sleep and Wake Up Light provides a soft light that is just enough to let you find your way in the dark - without jarrign your senses. The midnight light can be easily activated and de-activated with a few simple taps on the clock.

## Smart touch display



Our seamlessly integrated multi-level touch display lets you set your chosen parameters intuitively and fast. Just approach the display with your hand and control your light with a touch on the buttons. The light will adjust the brightness of the display automatically to the light level in your room. You also have the option to switch off the display completely.

## Tap to snooze



A slight tap on top of the wake-up light sets the snooze mode. After 9 minutes the sound will gently start playing again.

## Multiple sound & music options



Wake up to nature sounds, ambient music or your favorite local FM radio station. At your set wake up time your selected sound will start to play softly, and gradually increase in volume to your pre-set level within a few minutes. The transition from sleep to waking is gentle, but intended to eventually get you fully awake. Connect your mobile device or tablet to the AUX port to turn the light into a speaker.

# Specifications

## Product details

App enabled w/ alarm scheduler  
AmbiTrack bedroom monitoring  
Anti-slip rubber feet  
Charges mobile phone  
Control by Smartphone  
Cord length: 5 feet  
Dimensions: 8.8 x 8.6 x 4.7 inches  
Weight: 3.36 pounds  
Type of lamp: LED

## Alarm

PowerWake alarm  
Snooze type: Smart Snooze  
Tap snooze for sound: 9 minutes

## Sound

Number of Wake-up Sounds: 8  
Number of relaxation sounds: 4  
AUX entry  
FM radio

## Light

Sun themes: 4  
Midnight light  
Display brightness control: Self adjusting

Number of Brightness settings: 25

Light colors: white, orange, yellow, amber  
Max Lux level: 315

## Technical Specification

Frequency: 50/60Hz  
Power Output adapter: 18W  
UV-free  
Voltage: 10-240 VAC  
Country of Origin: China

