



- Philips' best-selling Wake-up Light
- Colored Sunrise Simulation
- Sunset Simulation for relaxing bedtime
- 5 Natural Wake-up Sounds & FM Radio

HF3520/60

Wake up naturally

with a Wake-up Light and a coloured sunrise

Inspired by nature's sunrise, the Philips Wake-up Light uses a unique combination of light and sound to wake you in a more natural way, so you feel more refreshed. The relaxing sunset simulation helps you wind down for bedtime. Developed with Philips' clinical Sleep & Respiroics healthcare knowledge and our 100+ years of Lighting expertise. Only Philips Wake-up lights are clinically proven and backed by our 90 Day No Hassle Money Back Guarantee.

Benefits

Natural light wakes you gradually

- Colored Sunrise Simulation Wakes you and Sunset Relaxes for Bedtime
- Dimming light gently sends you off to sleep
- 20 brightness settings to fit your personal preference

Natural sounds wake you gently

- Choice of 5 different natural wake up sounds
- FM radio lets you wake up with your favorite radio show

Naturally designed around you

- Display automatically dims itself when the bedroom gets dark
- Just tap the product to snooze
- 4 display brightness levels - adjust to your preference

Naturally proven to work

- The only Wake-up Light clinically proven to work
- Developed by Philips, experts in light for over 100 years.
- 92% of users agree that it is easier to get out of bed

PHILIPS

Features

Coloured Sunrise Simulation



Inspired by nature's sunrise, light gradually increases within 30 minutes until your room is filled with bright yellow light. This process of increasing light mirroring a sunrise, stimulates your body to wake up naturally. By the time light has filled the room your chosen natural sound is added to complete the gentle wakeup experience, leaving you ready to Rise and Thrive for the day ahead.

5 Natural Sounds



At your set wake up time natural sound will play to complete the wake up experience and ensure you are awake. The selected sound gradually increases in volume to your selected level within one and a half minute. There are five natural sounds you can choose from: Forest Birds, Buddha, Yoga, Ocean Waves, and Nepal Bowls.

FM Radio



Listen to your favorite radio show while you are waking up.

Intuitive Dimming Display



The brightness of the display adjusts itself. If the bedroom is filled with light, the brightness increases to keep the display readable. When the bedroom is dark the brightness dims so it doesn't light up your bedroom when you are trying to sleep

Tap Snooze



A slight tap anywhere on the Wake-up light, sets the snooze mode. After 9 minutes the sound will gently start playing again.

Proven by scientists



At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the best possible product it can be in genuinely waking you up naturally and energized we have done a lot of clinical research. This research was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energized and that it improves your mood in the morning.

Developed by Philips



Philips was founded over a 100 years ago as a company that produced and sold lightbulbs. Over 100 years Philips grew into a global company that brings innovation in lots of different areas. To this day lighting still is the soul of Philips. The Wake-up Light is proud to continue its heritage by building on years of knowledge and expertise of the world's most well know lighting expert.

Sunset Simulation



Sunset simulation is a light therapy used before you go to sleep. Sunset simulation prepares your body to fall asleep by gradually decreasing light to your set duration.

Preferred by consumers



Independent research* shows that 92% of Philips Wake-up light users find it is easier to get out of bed (Metrixlab 2011, N=209)

Light Settings



The sensitivity to light differs per person. In general, when using a higher light intensity a person needs less time to become fully awake. The 20 light

SmartSleep

intensities of the Wake-up light can be personalized and even be set up to 300 lux.

4 display brightness levels



The brightness of the display can change from high-medium-low-very low-none.

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Easy to use

Anti-slip rubber feet	Yes
Snooze type	Smart snooze
Display brightness control	Self adjusting
Instore demo function	Yes
Number of alarm times	2 alarms
Tap snooze for sound	9 minutes
Charges iPhone/ iPod Touch	No
Controlled by iPhone/ iPod App	No

Insulation Powerplug	Class II (double isolation)
Power	16.5 W
Power Output	12W
Adapter	
Type of lamps	Lumiled Luxeon Rebel
Voltage	100/240 V
Time backup	4 to 8 hours

Weight and dimensions

Country of origin	China
Power Plug weight	99 gram
Product dimensions	19.2 (height) x 19.9 (diameter) x14.6 (depth) cm
Product weight	730 grams g

Safety

UV-free	UV-free
---------	---------

Sound

FM radio	Yes
Number of Wake-up Sounds	5
Music from smart-phone / iPod	No

Well-being by light

Increase alertness	Yes
Drift to sleep naturally	Yes
Wake up naturally	Yes
Wake-up gradually	Yes

Natural light

Brightness settings	20
Colored sunrise simulation	Yes. Red, to orange to yellow
Light intensity	300 Lux
Sunrise simulating process	adjustable 20-40 minutes
Sunset simulation	Yes

Technical specifications

Cord length	150 cm
Frequency	50/60 Hz
Insulation	Class III

Packaging dimensions

Height	10.3149662 inch
Width	10.551186800000002 inch
Depth	7.913390100000001 inch
Nett weight	3.1481973599999997 lb
Gross weight	4.684817499999999 lb
EAN	00075020026491
Number of products included	1
Country of origin	CN
Harmonised Systems Code	852792

Outer Carton

Length	31.496080000000003 inch
Width	11.1417383 inch
Height	8.8582725 inch
Gross weight	16.0496336 lb
EAN	20075020024576
Number of consumer packagings	3



data subject to change
2021, August 8

Version: 11.2.1
UPC: 00075020026491

© 2021 Koninklijke Philips N.V.
All rights reserved.

Specifications are subject to change without notice. Trademarks are the property of Koninklijke Philips N.V. or their respective owners.

www.philips.com