PHILIPS

Wake-up Light

HF3480/60

Wake up naturally

Gradually wakes you up by light

The Wake-up Light wakes you up in a natural way, by light that increases gradually. From now on waking up will be a pleasant experience. It makes use of an energy saving lamp and the design in the shape of a lamp suits every bedroom.

Light intensity
- Up to 300 Lux for natural awakening

Wake up to your favorite radio station
- Digital FM radio
- Great sound quality thanks to the integrated sound box

Natural wake-up sounds
- Choice of 4 natural and pleasant wake-up sounds

Dusk simulation
- Drift to sleep with gradually dimming light and sound

Light wakes you gently
- Gradual light prepares your body to wake up
- Energy saving lamp

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Highlights

300 Lux light intensity

The senitivity to light differs a lot per person. In general, when using a higher light intensity a person needs less time to become fully awake. The light intensity of the Wake-up Light can be set up to 300 Lux. This makes sure you can wake up to the light intensity that suits your personal preference best.

4 natural wake-up sounds

At your set wake-up time, you will start hearing a natural sound or the the selected radio station. It starts out quietly and takes a minute and a half to reach the volume level you selected. There are four sounds you can choose from: morning birds in the forest, cows from the alpes, a chuckoo sound and relaxing yoga music. The gradually increasing sound will make the wake up process even more pleasant, ensuring you're never rudely awakened.

Dusk simulation

The gradual decreasing light and sound help you to drift to sleep. You can set your preferred time for the duration of the dusk simulation.

Energy saving lamp

Wake-up Light is the only dawn simulator that makes use of an energy saving lamp. It consumes up to 24% less energy compared to a Wake-up Light with a normal light bulb.

Light wakes you gently

Light gradually increases in 30 minutes before your set wake up time. Light falls on your eyes and positively affects your energy hormones, preparing your body to wake up. This makes waking up a more pleasant feeling.

Digital FM radio

The built-in digital FM radio lets you wake up to your favourite songs or news station every day. Just select your favourite radio station, and at your set wake-up time it will start to play, at first gently, gradually increasing over ninety seconds to the volume level you selected.

Great sound quality

The speaker in this Wake-up Light is backed up by an integrated sound box, assuring a great sound quality when listing to the FM radio or when waking up with the natural wake-up sounds.

Specifications

Easy to use

Anti-slip rubber feet
Alarm test function
Snooze button for sound: 9 minute(s)
Compact size: Limited bedside table space required (14x19.5cm)
Electricity back-up function: 5 minute(s)

Technical specifications

Voltage: 110 V
Frequency: 60 Hz
Cord length: 200 cm
Type of lamps: Philips Energy Saving Lamp
Insulation: Class II (double isolation)
Lifetime of lamps: expected >6.000 hours
Power: 26 W

Safety

UV-free: No UV radiation

Logistic data

Country of origin: China
CTV code: 884348060

Display

Display brightness control: 4 settings
Hidden LED display: Invisible display projected to the product

Sound

FM radio
Sound off function: Option to mute sound immediately
Premium sound box: Integrated sound box
Number of Wake-up Sounds: 4

Light

Light on/off function
Sunrise Simulating process (0-: 30 minute(s)
Light intensity dimmer: 0-300 Lux at 40-50 cm
Dusk simulation

Weight and dimensions

Product dimensions: 14x19.5x23 (DxWxH) cm
Product weight: 1.3 kg

* Norden, M.J. et al. Acta Psychiatr Scand, 1993; Gordijn, M. et al. Universiteit van Groningen, 2007