

PHILIPS

Wireless TENS

TensRelief

1 channel using 2 electrodes

Wireless controlled

Integrated activity monitor

8 programs

PR3093/00



Wireless TENS proven to help relieve your pain*

Recognized pain relief therapy by professionals

The wireless controlled Philips TensRelief gives you complete freedom of movement during your TENS treatment. No hassle with wires anymore. It is clinically proven to help relieve your pain and comes with 2 electrode TENS units.

Advanced pulse technology

- Recognized pain relief therapy used by health professionals
- 8 pre-programmed settings for a tailored treatment
- Premium pulse sensation for a comfortable treatment
- Self-adhesive electrodes with patented hydrogel technology

Wireless controlled

- Move around freely with no wires attached to remote control
- Portable remote control to move around freely
- Easy magnet connection to connect TENS Units to electrodes

Integrated activity monitor

- Advanced activity measurement to help you pace your day
- Direct feedback on activity displayed on remote control

Highlights

Recognized therapy



TENS is a recognized therapy used by health professionals to help relieve pain. Studies suggest that applying TENS treatment stimulates the body's own pain suppressing mechanisms by releasing endorphins. Soft electrical pulses can block the pain signal going to the brain, so you can move around freely with less pain and enjoy your daily activities. It can be used for musculo-skeletal pain, osteoarthritis or chronic pain in general.*

Self-adhesive electrodes



The self-adhesive electrodes have patented hydrogel technology to minimize the effects of skin irritation. There are 4 in a resealable plastic pack and the recommended use is up to 20 times per electrode. This is dependent on skin type and usage. The electrodes optimize the even distribution of the pulse over your selected body area.

Direct feedback on hand

The activity monitor is integrated in the remote control, so with one push at the button you get direct objective feedback on your activity levels

on a daily, weekly or monthly basis. You can use the objective feedback of the integrated activity monitor to optimize your pain treatment together with your health professional

Easy snap-on magnet connection



The two TENS Units are connected easily with the self-adhesive electrodes by a magnet. You first apply the self-adhesive electrodes to your body and then just snap-on the TENS Units via the magnet connection. The TENS Units come with a docking station and fully charged can last up to 8 hours of continuous use. This will keep you going all day so you can enjoy life to the fullest with less pain.

No hassle with wires



The Philips TensRelief makes use of a wireless connection between the portable remote control and the TENS Units. No hassle of wearing wires anymore. With Philips you now have the freedom to start your TENS treatment while doing your daily activities. You can easily wear the TENS Units under your clothes and store the remote in your pocket or bag.

Portable remote control

The portable remote control has a large high quality LCD display and is small enough to fit in almost any pocket or bag. It is simple to operate with only 3 buttons so you can always start your treatment quickly. The remote control, which comes with 2 AAA batteries, can be simply attached to your belt with a clip that is included in the package.

Premium pulse sensation

A premium one channel pulse sensation is delivered through the use of an unique symmetrical bi-phase pulse technology without artifact symptoms. It is specially developed by Philips engineers to give you a gentle and comfortable feeling during your treatment. You can control the intensity of the pulse yourself with the remote control.

8 pre-programmed settings

On the device there are 8 pre-programmed settings available for you to start an optimal and personalized treatment. The settings are made in conjunction with leading scientific experts in the field and are based on the three generally accepted TENS pulses, namely Conventional, Burst and Frequency Modulated. Feel free to choose the setting that fits your pain relief treatment best.

Advanced activity measurement

The first TENS device with integrated activity monitoring to give you an objective insight in your daily activity levels. The advanced activity algorithms calculate your daily activity in minutes. You can set your activity target in minutes and track how you are performing. In this way you get direct feedback if you are being too active and need to pace your day better or you can increase your daily activities.

Specifications

Power

Adaptor type: 100 - 240V AC, 50/60Hz

AC/DC Adaptor: 5V - 500mA

Battery type: Li-Ion (rechargeable)

Class

Medical device class: Medical device Class IIa

Operating conditions

Atmospheric pressure: 700hPa - 1060hPa

Relative humidity: 15 to 93 %

Temperature range: from +5 to +40 °C

Pulse output parameters

Frequency range: 1 - 120 Hz

Pulse width: 40 - 400 µs

Current output: Max. 60mA at 500-1000 Ohm

Maximum output voltage: 120 V

Current pulse shape: Biphasic symmetrical

Weight and dimensions

Weight TENS: 65.9 gr

Dimensions TENS (L x W x H): 53 x 53 x 12.5 mm

A-box dimensions (L x W x H): 265 x 268 x 185 mm

F-box dimensions (L x W x H): 176 x 253 x 64 mm

Number of F-boxes in A-box: 4

Remote control

Weight with batteries: 96 gr

Weight without batteries: 79 gr

Dimensions (L x W x H): 111 x 59 x 28 mm

Pre-programmed settings: 8

Storage

Temperature - device: from -10 to +50 °C

Temperature - electrodes: from +5 to +40 °C

Atmospheric pressure: 700hPa - 1060hPa

What's in the box

Self-adhesive electrodes: 4

Number of TENS units: 1

Batteries - remote control: 2 AAA 1.5V alkaline batteries

Remote control

Power adapter

Belt clip

