



はじめに

フィリップス ソニッケアー クリーン ケアをお買いあげいただき、誠にありがとうございます。長い間ご使用いただきために、ご使用前にこの取扱説明書をよくお読みの上、正しくお使いください。

また、お読みになった後は、お使いになる方がいつでも見られるところに必ず保管してください。

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① 必ずお守りください

ご使用の前に必ず取扱説明書をよくお読みのうえ、正しくお使いください。また、取扱説明書は大切に保管してください。

安全上の注意

●ここに示した注意事項は、安全に関する重要な内容ですので、必ず守ってください。

●誤った取り扱いをしたときに想定される内容を「危険」、「警告」、「注意」に区分しています。

○印表示について

危険 人が死亡または重傷を負う可能性が大きい内容。

警告 人が死亡または重傷を負う可能性が想定される内容。

注意 人が傷害を負う可能性があるか想定される内容。

○印表示の例

△記号は、「危険、警告、注意」を示します。図の中や近くに具体的な注意内容(左図の場合は高溫注意)を示します。

○記号は、はてはいけない(禁止)を示します。図の中や近くに具体的な禁止内容(左図の場合は分解禁止)を示します。

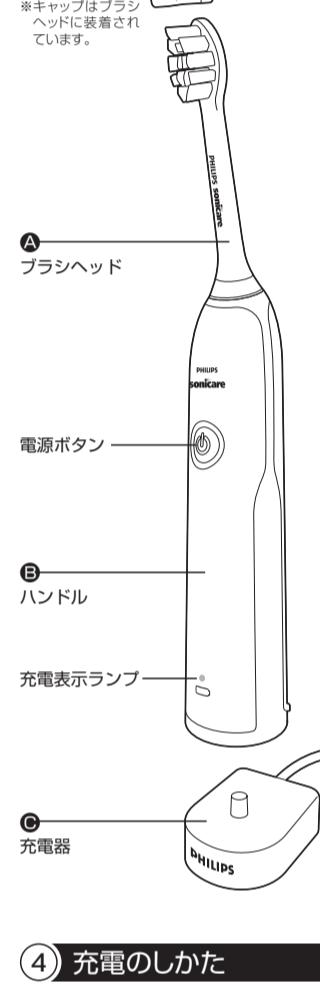
●記号は、必ずしていただく「強制」を示します。図の中や近くに具体的な強制内容(左図の場合は電源プラグをコンセントから抜くこと)を示します。

② 商品のご確認

	HX3293/07 HX3293/32 HX3293/42	各部 番号
ハンドル	1本	B
プロリガル ブラック デュフェン ブラシヘッド	1本	A
充電器	1個	C

*改良のため、仕様を予告なく変更することがあります。

③ 各部の名称



④ 充電のしかた

初めてお使いのときや半年以上使用していないかった場合は、充電を始めても充電表示ランプが点滅しないことがあります。このような場合でも、数分後に充電表示ランプが点滅し始めますので、そのまま充電してください。

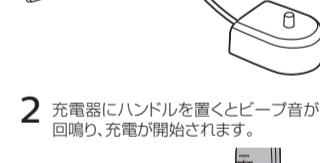
*充電器は、水で濡れたところや水がかかるところに置かないでください。

この商品は通常48時間充電です。

*48時間経過しなくても充電が完了することがあります。

満充電で10日間使用できます。(1日2回、1回10分間使用の場合)

1 充電器の電源プラグをコンセントに差し込みます。



2 充電器にハンドルを置くとビープ音が2回鳴り、充電が開始されます。



6 ブラシヘッドが終わったら、かみ合わせ部分や着色汚れ(ステイン)がある部位を追加でブラッシングすることも可能です。

●最もブラッシング効果を得るために、ブラシヘッドを約3ヶ月ごとに交換してください(使用頻度により異なります)。

充電器

7 ブラッシング後は、水で口をゆすぎます。

6 上手なみがきかた

効果的に歯を磨くために、以下のポイントにご注意ください。

効果的なブラッシング方法

●充電以外は、充電器の電源プラグをコンセントから抜いてください。ガタガタや、絶対劣化による感電・漏電の原因になります。

●使用して気分が悪くなった場合は、使用を中止してください。事故や体調の原因になります。

●本製品は、歯、舌の洗浄のために設計されています。本取扱説明書に記載されている以外の目的では、絶対に使わないでください。本製品を通して使用しない場合は、すこしでも歯科医師に相談ください。

●自分で歯磨きができない人(児童)や、お年寄りの方(お年寄り)などでは、必ずお手伝いしていただけます。お年寄りの方(お年寄り)の感覚が弱いなどとお使いにならない場合は、事故やケガの原因になります。

⑤ ブラシヘッドの使いかた

ハンドルが充電器に置かれているとき(充電器の電源プラグがコンセントに差し込まれているとき)

ランプ表示

充電完了 ●緑色のランプが点灯(10分後に消灯)

充電中 ●緑色のランプが点滅

電池残量(高~中) ●緑色のランプが点灯

電池残量(低) ●オレンジ色のランプが点滅

充電促進表示 ●オレンジ色のランプが点滅

ランプ表示 管理用回数

電池残量(高~中) 約6回以上

電池残量(低) 約2~5回

充電促進表示 約1回

※残り使用回数は自动生成になります。

●充電器底面に表示されている電源以外は、専用の充電器のみで使用してください。

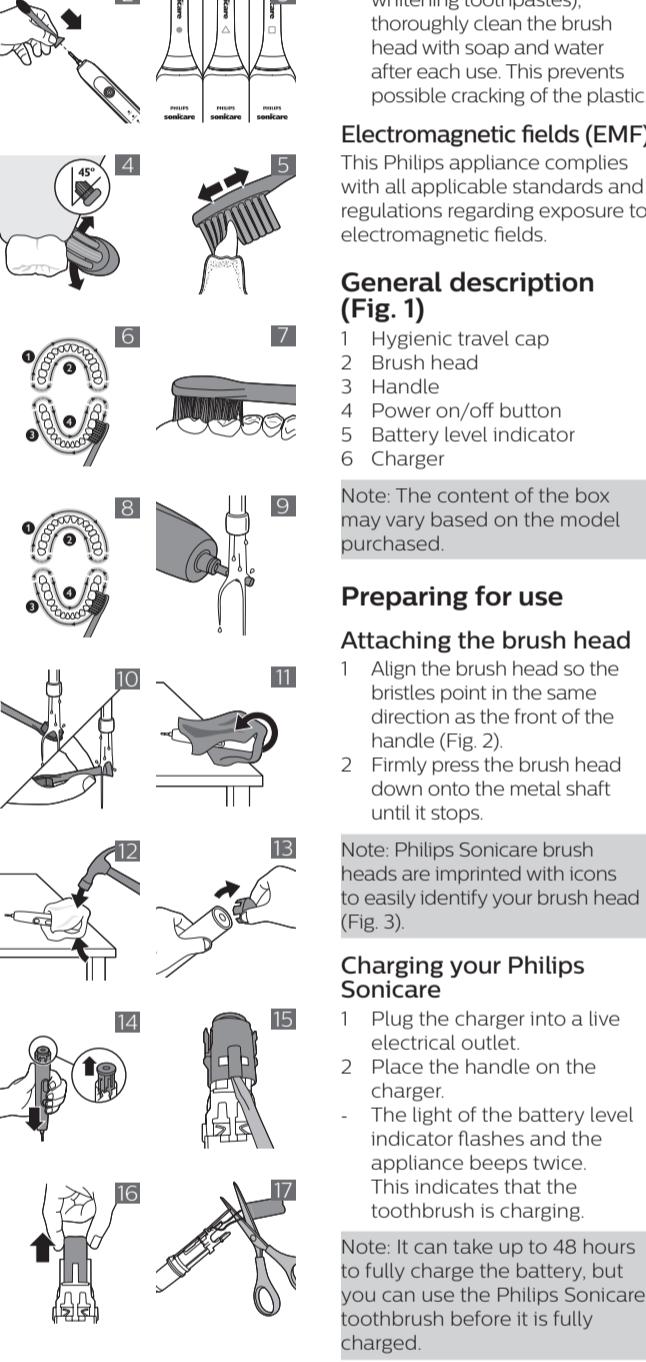
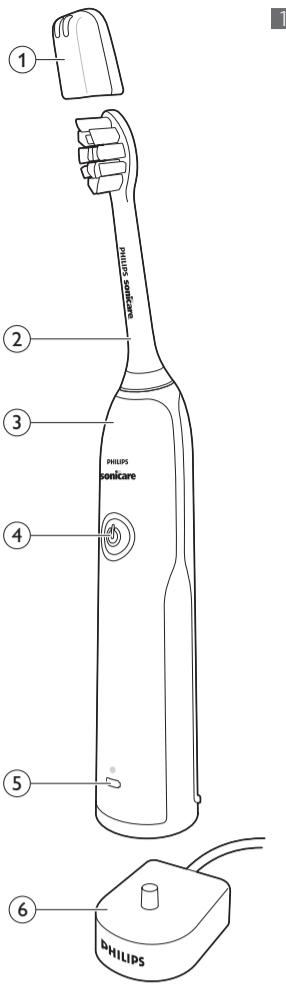
●充電器の上にインレイやクリップなど、金属製の物を置かないでください。

●口腔内の歯や歯ぐきを傷めないようにするために、必ずご注意ください。

※充電中は本体及び充電器が多少あたたかくなりますが異常ではありません。

●ハンドルのプラスチック部分を歯にあたさないでください。歯や歯ぐきを傷めることができます。

●充電器底面に表示されている電源以外は、専用の充電器のみで使用してください。</p



Introduction

Congratulations on your purchase and welcome to Philips! To fully benefit from the support that Philips offers, register your product at www.philips.com/welcome

Important

Read this user manual carefully before you use the appliance and save it for future reference.

Danger

- Keep the charger away from water. Do not place or store it over or near water contained in a bathtub, washbasin, sink etc. Do not immerse the charger in water or any other liquid. After cleaning, make sure the charger is completely dry before you connect it to the mains.

Warning

- The mains cord cannot be replaced. If the mains cord is damaged, discard the charger.
- Always have the charger replaced with one of the original type in order to avoid a hazard.
- Do not use the charger outdoors or near heated surfaces.
- If the appliance is damaged in any way (brush head, toothbrush handle or charger), stop using it. This appliance contains no serviceable parts. If the appliance is damaged, contact the Consumer Care Centre in your country (see chapter 'Guarantee and support').
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or

- instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.

Caution

- Do not clean the brush head, the handle or the charger in the dishwasher.
- If you have had oral or gum surgery in the previous 2 months, consult your dentist before you use the toothbrush.
- Consult your dentist if excessive bleeding occurs after using this toothbrush or if bleeding continues to occur after 1 week of use. Also consult your dentist if you experience discomfort or pain when you use the Philips Sonicare.
- The Philips Sonicare toothbrush complies with the safety standards for electromagnetic devices. If you have a pacemaker or other implanted device, contact your physician or the device manufacturer of the implanted device prior to use.
- If you have medical concerns, consult your doctor before you use the Philips Sonicare.
- This appliance has only been designed for cleaning teeth, gums and tongue. Do not use it for any other purpose. Stop using the appliance and contact your doctor if you experience any discomfort or pain.
- The Philips Sonicare toothbrush is a personal care device and is not intended for use on multiple patients in a dental practice or institution.
- Stop using a brush head with crushed or bent bristles. Replace the brush head every 3 months or sooner if signs of wear appear. Do not use other brush heads than the ones recommended by the manufacturer.
- If your toothpaste contains peroxide, baking soda or bicarbonate (common in whitening toothpastes), thoroughly clean the brush head with soap and water after each use. This prevents possible cracking of the plastic.

Electromagnetic fields (EMF)

This Philips appliance complies with all applicable standards and regulations regarding exposure to electromagnetic fields.

General description (Fig. 1)

- 1 Hygienic travel cap
- 2 Brush head
- 3 Handle
- 4 Power on/off button
- 5 Battery level indicator
- 6 Charger

Note: The content of the box may vary based on the model purchased.

Preparing for use

Attaching the brush head

- 1 Align the brush head so the bristles point in the same direction as the front of the handle (Fig. 2).
- 2 Firmly press the brush head down onto the metal shaft until it stops.

Note: Philips Sonicare brush heads are imprinted with icons to easily identify your brush head (Fig. 3).

Charging your Philips Sonicare

- 1 Plug the charger into a live electrical outlet.
- 2 Place the handle on the charger.
- The light of the battery level indicator flashes and the appliance beeps twice. This indicates that the toothbrush is charging.

Note: It can take up to 48 hours to fully charge the battery, but you can use the Philips Sonicare toothbrush before it is fully charged.

Using your Philips Sonicare toothbrush

Brushing instructions

- 1 Wet the bristles and apply a small amount of toothpaste.
- 2 Place the toothbrush bristles against the teeth at a slight angle (45 degrees), pressing firmly to make the bristles reach the gumline or slightly beneath the gumline (Fig. 4).

Note: Keep the center of the brush in contact with the teeth at all times.

- 3 Press the power on/off and mode button to turn on the Philips Sonicare.

- 4 Gently keep the bristles placed on the teeth and in the gumline. Brush your teeth with small back and forth motion so the bristles reach between the teeth. Continue this motion throughout your brushing cycle.

Note: The bristles should slightly flare. Do not scrub.

- 5 To clean the inside surfaces of the front teeth, tilt the brush handle semi-upright and make several vertical overlapping brushing strokes on each tooth (Fig. 5).

Note: To make sure you brush evenly throughout the mouth, divide your mouth into 4 sections using the Quadpacer feature (see chapter 'Features').

- 6 Begin brushing in section 1 (outside upper teeth) and brush for 30 seconds before you move to section 2 (inside upper teeth). Continue brushing in section 3 (outside lower teeth) and brush for 30 seconds before you move to section 4 (inside lower teeth (Fig. 6)).

7 After you have completed the brushing cycle, you can spend additional time brushing the chewing surfaces of your teeth and areas where

staining occurs. You can also brush your tongue, with the toothbrush turned on or off, as you prefer (Fig. 7).

- Your Philips Sonicare toothbrush is safe to use on:
- Braces (brush heads wear out sooner when used on braces)
 - Dental restorations (fillings, crowns, veneers)

Note: Ensure that braces or dental restorations are properly adhered and not compromised. If not, braces or dental restorations may be damaged when they come into contact with the brush head.

Note: When the Philips Sonicare toothbrush is used in clinical studies, the handle should be fully charged and the Easy-start feature deactivated.

Battery status (when handle is not on charger)

This Philips Sonicare toothbrush is designed to provide at least 20 brushing sessions, each session lasting 2 minutes. The battery level indicator shows the battery status when you complete the 2-minute brushing session, or when you pause the Philips Sonicare toothbrush for 30 seconds while brushing by pressing the power on/off button.

Brushing sessions	Battery status color	Light	Beeps
20-6	Green	Solid	-
5-2	Orange	Flashing	3 beeps
1	Orange	Flashing	10 beeps

Note: When the battery is completely empty, the Philips Sonicare toothbrush turns off. Place the Philips Sonicare toothbrush on the charger to charge it.

Note: To keep the battery fully charged at all times, you may keep your Philips Sonicare toothbrush on the charger when not in use.

Features

Smartimer

The Smartimer indicates that your brushing cycle is complete by automatically turning off the toothbrush at the end of the brushing cycle. Dental professionals recommend brushing no less than 2 minutes twice a day.

Note: If you press the power on/off button after you started the brushing cycle, the toothbrush will pause. After a pause of 30 seconds, the Smartimer resets.

Easy-start

The Easy-start feature gently increases power over the first 14 brushings to help you get used to brushing with the Philips Sonicare toothbrush. This Philips Sonicare toothbrush comes with the Easy-start feature activated.

Activating or deactivating the Easy-start feature:

Place the handle in the plugged-in charger.

- To activate Easy-start: Press and hold the power on/off button for 2 seconds. You hear 2 beeps and the battery level indicator lights up green to indicate that the Easy-start feature has been activated.
- To deactivate Easy-start: Press and hold the power on/off button for 2 seconds. You hear 1 beep and the battery level indicator lights up yellow to indicate that the Easy-start feature has been deactivated.

Note: Each of the first 14 brushings must last at least 1 minute to move through the Easy-start ramp-up cycle properly.

Note: Use of the Easy-start feature beyond the initial ramp-up period is not recommended and reduces the effectiveness of the Philips Sonicare toothbrush in removing plaque.

- 2 Wipe the surface of the charger with a damp cloth.

Storage

If you are not going to use the product for a long time, unplug it, clean it (see chapter 'Cleaning') and store it in a cool and dry place away from direct sunlight.

Replacement

Brush head

Replace Philips Sonicare brush heads every 3 months to achieve optimal results. Use only Philips Sonicare replacement brush heads.

Recycling

- Do not throw away the product with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

Removing the rechargeable battery

Warning: Only remove the rechargeable battery when you discard the appliance. Make sure the battery is completely empty when you remove it.

Warning: Please note that this process is not reversible.

To remove the rechargeable battery, you need a towel or cloth, a hammer and a flat-head (standard) screwdriver. Observe basic safety precautions when you follow the procedure outlined below. Be sure to protect your eyes, hands, fingers, and the surface on which you work.

- 1 To deplete the rechargeable battery of any charge, remove the handle from the charger, turn on the Philips Sonicare toothbrush and let it run until it stops. Repeat this step until you can no longer turn on the Philips Sonicare toothbrush.
- 2 Remove and discard the brush head. Cover the entire handle with a towel or cloth (Fig. 11).
- 3 Hold the top of the handle with one hand and strike the handle housing 0.5 inch above the bottom end. Strike firmly with a hammer on all 4 sides to eject the end cap (Fig. 12).

Note: You may have to hit on the end several times to break the internal snap connections.

- 4 Remove the end cap from the toothbrush handle. If the end cap does not release easily from the housing, repeat step 3 until the end cap is released (Fig. 13).

- 5 Holding the handle upside down, press the shaft down on a hard surface. If the internal components do not easily release from the housing, repeat step 3 until the internal components are released (Fig. 14).
- 6 Remove the inner assembly from the housing by fully inserting a small flat-head screwdriver into the slot opposite the circuit board and pry until it comes apart (Fig. 15).
- 7 Grab the battery and pull it out of the internal assembly (Fig. 16).

Caution: Be aware of the sharp edges of the battery tabs so as to avoid injury to your fingers.

- 8 Cut the battery wires from the circuit board close to the battery (Fig. 17).

- 9 Cover the battery contacts with tape to prevent any electrical short from residual battery charge. The rechargeable battery can now be recycled and the rest of the product discarded appropriately.

Guarantee and support

If you need information or support, please visit www.philips.com/support or read the separate worldwide guarantee leaflet.

Guarantee restrictions

The terms of the international guarantee do not cover the following:

- Brush heads.
- Damage caused by use of unauthorised replacement parts.
- Damage caused by misuse, abuse, neglect, alterations or unauthorised repair.
- Normal wear and tear, including chips, scratches, abrasions, discolouration or fading.

Cleaning

You should clean your Philips Sonicare toothbrush regularly to remove toothpaste and other residue. Failure to clean your Philips Sonicare toothbrush may result in an unhygienic product and damage to it may occur.

Warning: Do not clean brush heads, the handle or the charger in the dishwasher.

Toothbrush handle

- 1 Remove the brush head and rinse the metal shaft area with warm water. Make sure you remove any residual toothpaste (Fig. 9).

Caution: Do not push on the rubber seal on the metal shaft with sharp objects, as this may cause damage.

- 2 Wipe the entire surface of the handle with a damp cloth.

Brush head

- 1 Rinse the brush head and bristles after each use (Fig. 10).
- 2 Remove the brush head from the handle and rinse the brush head connection with warm water at least once a week. Rinse the travel cap as often as needed.

Charger

- 1 Unplug the charger before you clean it.