

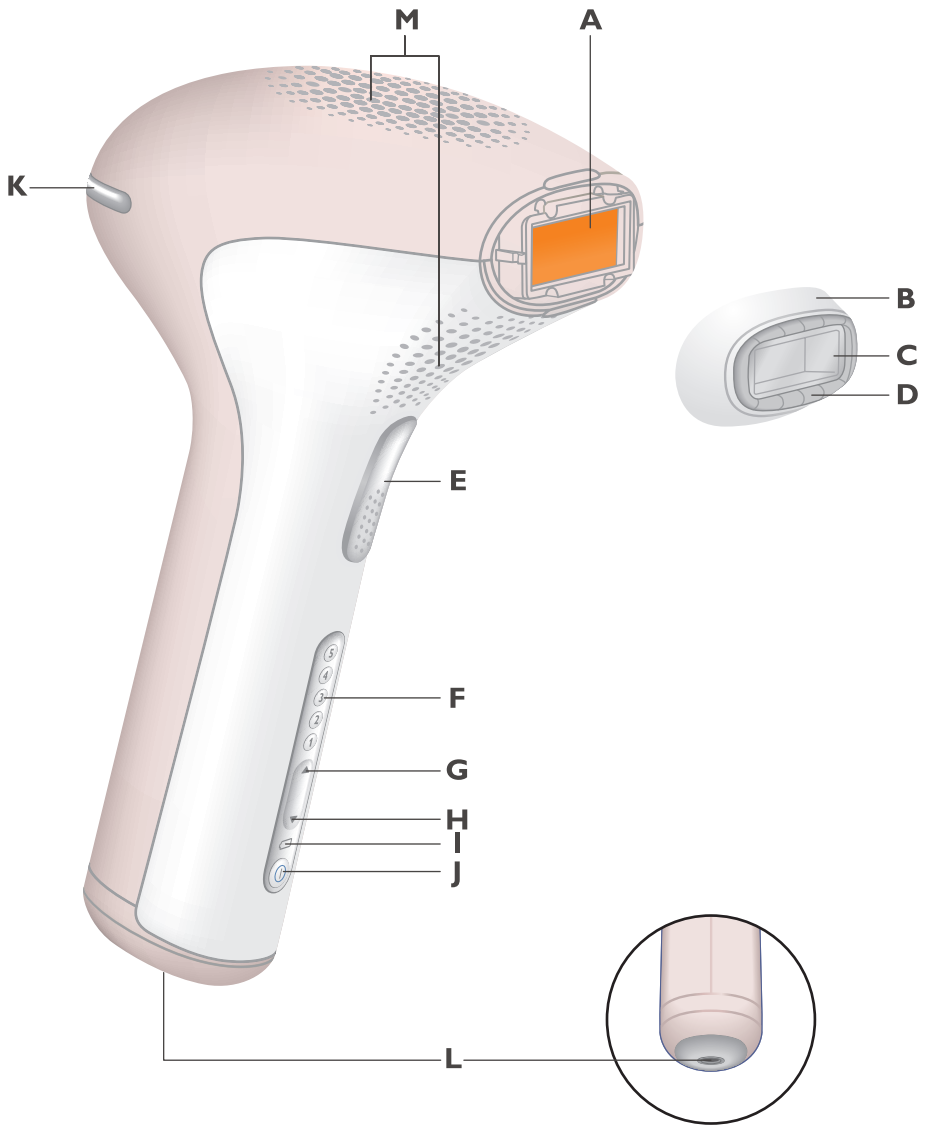
PHILIPS

Lumea
IPL hair removal system

Quick Start Guide







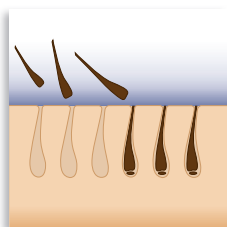
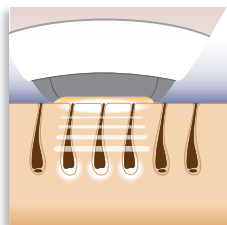
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General description (Fig. 3)

- A Light exit window with integrated UV filter
- B Body attachment (suitable for all body areas below the neck)
- C Metallic frame inside the attachment
- D Safety system (safety ring with contact switches)
- E Flash button
- F Intensity lights (1- 5)
- G ▲ Intensity increase button
- H ▼ Intensity decrease button
- I Charging light and battery low indication
- J On/off button
- K 'Ready to flash' light
- L Appliance socket
- M Air vents

Introduction



Congratulations on your purchase and welcome to Philips! Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. You can now use this innovative light-based hair regrowth prevention technology comfortably in the privacy of your own home, whenever and wherever you want. Philips Lumea enables treatment of unwanted hair on the whole body below the neck using the tailored attachment.

Philips Lumea hair removal system applies gentle pulses of light to the hair and hair root beneath the skin. As a consequence, the hair sheds naturally and hair regrowth is inhibited. For more information about Philips Lumea IPL hair removal system and movies how to use Lumea, see www.philips.com/lumea. You can also register your product on www.philips.com/welcome.

Before using

1 Be aware!

This appliance is not suitable for everyone. This Quick Start Guide does not substitute the user manual. To ensure that Philips Lumea hair removal system is suitable for you and safe for you to use, ***read the user manual carefully before first use.***

Before you use Philips Lumea, perform a skin test: Choose a hair-free area close to the area to be treated. Apply one flash (see steps 3-7 in chapter 'Using') at the lowest recommended intensity for your skin colour. Increase the setting by one level within the recommended range of settings. After the skin test, wait for 24 hours and check your skin for any reactions. If you notice any skin reactions, choose the highest setting that did not result in any skin reactions for subsequent use.



Note: All types of tanning may influence the safety of the treatment. Wait at least 48 hours after sunbathing before you use the appliance. Do not use Philips Lumea on sunburnt body areas. See section "Tanning advice" in the user manual for more information.

2 **Recommended light intensities table**

Consult the table on the following page to determine which light intensities are most suitable for your skin and body hair colour and check if this method is suitable for you.

The method is more effective at higher intensities; however, you should reduce the light intensity if you experience any pain or discomfort. The light pulse can feel warm or hot on the skin but should never be painful.

3 **Check “contraindications” in the user manual; some medications and health conditions might cause adverse reactions when you use the appliance.**

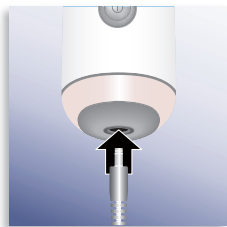
Recommended light intensity table (1-5)

Skin tone \ Hair color	White	Beige	Light Brown	Medium Brown	Dark Brown	Brownish black and darker
White/Grey	⊗	⊗	⊗	⊗	⊗	⊗
Red	⊗	⊗	⊗	⊗	⊗	⊗
Light blond	⊗	⊗	⊗	⊗	⊗	⊗
Dark blond	4/5	4/5	4/5	3/4	1/2/3	⊗
Brown	4/5	4/5	4/5	3/4	1/2/3	⊗
Dark brown	4/5	4/5	4/5	3/4	1/2/3	⊗
Black	4/5	4/5	4/5	3/4	1/2/3	⊗

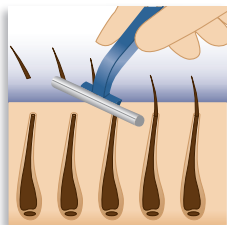
In the table above, 'x' means that the appliance is not suitable for you.

Preparing for use

- 1 Charge the appliance.

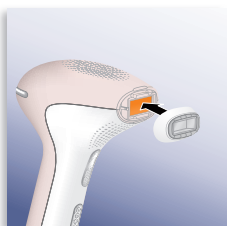


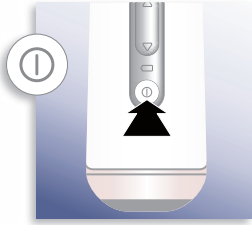
- 2 Shave the areas you intend to treat.



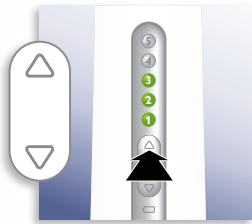
Using

- 1 Check the attachment and light exit window for any dirt, hair or fibres. If there is any contamination, clean it with the cloth supplied.
- 2 Put on the attachment

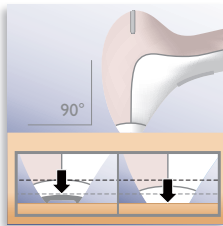




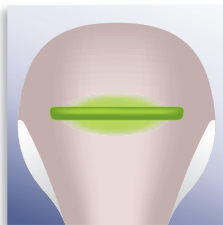
3 Press the on/off button to switch on the appliance.



4 Press the intensity increase/decrease button up or down to change the intensity (from 1 to 5).



5 Place the appliance at a 90° angle on the skin so that the attachment and the safety ring are in contact with the skin.



6 Press the safety ring fully onto the skin with slight pressure. When all contact switches of the appliance are in contact with the skin, the “ready to flash” light on the back of the appliance lights up green.



- 7 Press the flash button to release a flash. Now you have 2 options to release the next flash:
- A Keep the flash button pressed. The appliance releases one flash after another as long as the safety ring is in full contact with the skin. Immediately after the appliance has flashed, slide the appliance to the next area. Make sure the safety ring is fully pressed onto the skin.

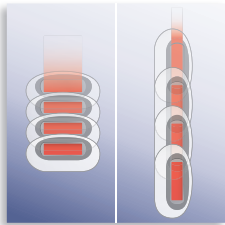
This 'Slide & Flash mode' is especially convenient for treatment of larger areas like the legs.

- B Let go of the flash button after each flash. For the next flash, place the appliance on the area right next to the previously flashed area. Make sure the safety ring is fully pressed onto the skin.

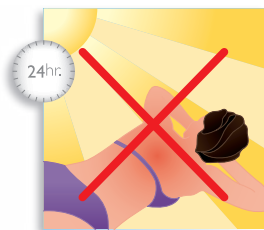
This 'Step & Flash mode' guarantees a precise treatment of e.g. the upper lip, knees or ankles.

Note: After a few seconds, the appliance is ready to flash again, so make sure that you move it to the next area immediately after it has flashed.

Do not treat exactly the same area multiple times during one session. This does not improve the effectiveness of the treatment, but increases the risk of skin reactions.

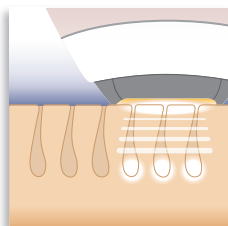
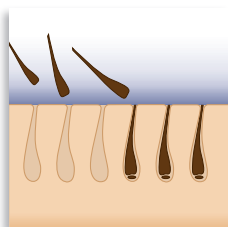
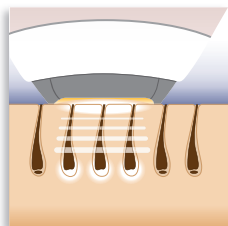


- 8 To avoid untreated areas, always make sure there is some overlap with the previously treated area when you place the appliance on the skin.
- 9 Switch off the appliance after you have finished the treatment.
- 10 If there is any dirt on the attachment and/or the light exit window, clean it before you store the appliance in the case. If necessary, moisten the supplied cloth with water or high percentage alcohol for cleaning. See chapter 'Cleaning and maintenance' in the user manual for more information.



After treatment

Wait at least 24 hours or until all redness has disappeared before you expose treated areas to the sun. Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment.



How to achieve optimal results

- To remove all hairs successfully and prevent the hair follicle from becoming active again, use Philips Lumea every two weeks for the first 4 to 5 treatments (more frequent treatments do not lead to faster or better results).
- In between treatments, the hair sheds naturally and hair regrowth is inhibited. Your skin should be smooth by then. To ensure that your skin stays smooth, simply repeat treatment when needed. The time between treatments may vary based on your individual hair regrowth and also may vary from body area to body area. To maintain the best results, we recommend repeating the treatment every 4 to 8 weeks.
- For an effective treatment, shave the area to be treated before you use the appliance as long as you still experience regrowth, which is usually the case for the first few treatments.

Average treatment time:

Area	Approx. treatment time
Underarms	1 minute per underarm
Bikini line	1 minute per side
Entire bikini area	4 minutes
One lower leg	8 minutes
One full leg	14 minutes

Monitor your steps to smooth skin every day!

Treatment no.	Date	Treated body area	Next treatment date	Used setting	Note

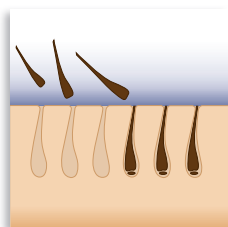
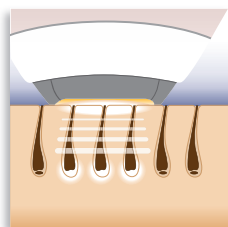
Treatment no.	Date	Treated body area	Next treatment date	Used setting	Note



一般說明

- A 出光口內建紫外線濾光片
- B 身體配件 (適用於頸部以下的全身部位)
- C 配件內金屬框
- D 安全系統 (安全環與觸碰式開關)
- E 閃光按鈕
- F 強度指示燈 (1- 5)
- G ▲ 強度增加按鈕
- H ▼ 強度降低按鈕
- I 充電指示燈，具備電力不足顯示功能
- J 開/關 (On/Off) 按鈕
- K 「閃光準備就緒」指示燈
- L 產品插孔
- M 通風口

簡介



感謝您購買本產品。歡迎來到飛利浦的世界！

- 光學除毛是去除多餘體毛最有效的方法之一，而且效果持久。現在，您可以隨時在家中自在使用這項創新的光學除毛技術，防止毛髮重生，常保肌膚光滑。

飛利浦 Lumea 採用特製配件，讓您去除頸部以下全身體部位的多餘體毛。

- 飛利浦 Lumea 除毛系統將溫和的脈衝光照射到毛髮與肌膚下的髮根，隨後毛髮自然脫落，而新的毛髮生長則受到抑制。

如需有關飛利浦 Lumea IPL 除毛系統的更多資訊，並觀賞 Lumea 用法影片，請瀏覽 www.philips.com/lumea。您也可以到 www.philips.com/welcome 註冊產品。

使用前

1 請注意！

本產品並非每個人皆適用。此快速入門指南不能取代使用手冊。為確保飛利浦 Lumea 除毛系統適合您使用，而且安全無虞，初次使用前，請先仔細閱讀使用手冊。

使用飛利浦 Lumea 前，請先進行肌膚測試：選擇靠近除毛位置的無毛區。選擇適合您膚色的建議最低強度，然後閃一次光（請參閱「使用」單元的步驟 3-7）。在建議的設定範圍內，調高一級強度。經過肌膚測試後，等待 24 小時，看看肌膚反應。如果您發現發現肌膚有不良反應，請選擇不會造成肌膚副作用的最高強度設定，然後開始使用儀器除毛。



注意：皮膚經日曬

(包括人造光源曬膚)

後可能影響療程安全。

日曬後請等候至少

48 小時再使用本產品。

請勿在日曬部位使用飛利浦 Lumea。

請參閱使用手冊中的「曬膚建議」

一節瞭解更多資訊。

2 建議的燈光強度表

請參考下頁圖表，決定最適合您肌膚與毛髮顏色的燈光強度，並確認這種除毛方式是否適合您。

高強度的除毛方式較為有效，然而如果您覺得疼痛或不適，請降低燈光強度。光脈衝可能會讓肌膚覺得溫熱，但絕不會痛。

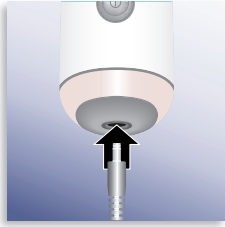
- 3 請查看使用手冊中的「禁忌」一節；使用本產品時，某些藥物及健康情況可能導致不良反應。

建議燈光強度表 (1-5)

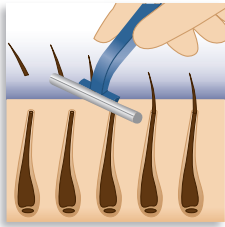
毛髮顏色	膚色	白色	米色	淺棕色	古銅色	深棕色	黑棕色
白/灰色	⊗	⊗	⊗	⊗	⊗	⊗	⊗
紅色	⊗	⊗	⊗	⊗	⊗	⊗	⊗
淺金黃色	⊗	⊗	⊗	⊗	⊗	⊗	⊗
深金黃色	4/5	4/5	4/5	3/4	1/2/3	⊗	⊗
棕色	4/5	4/5	4/5	3/4	1/2/3	⊗	⊗
深棕色	4/5	4/5	4/5	3/4	1/2/3	⊗	⊗
黑色	4/5	4/5	4/5	3/4	1/2/3	⊗	⊗

在上表中，「x」代表產品不適合您使用。

使用前準備

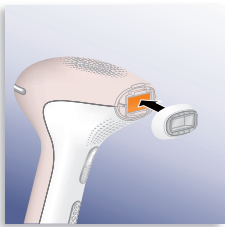


1 請充電。



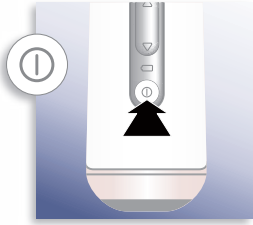
2 先將療程部位的毛髮刮除。

使用

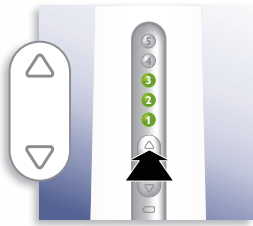


1 檢查配件和出光口，看看是否有灰塵、毛髮或纖維。
如果有上述物質，請先以隨附的清潔布擦拭乾淨。

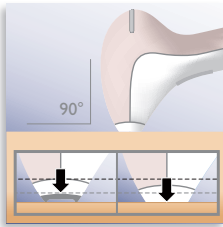
2 裝上配件



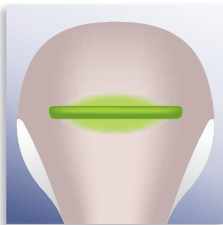
3 按下開/關 (On/Off) 按鈕，開啟產品電源。



4 按下強度增加/降低按鈕即可變更強度 (等級 1 至 5)。



5 將產品以 90° 放置於肌膚上，讓配件與安全環觸碰肌膚。



6 輕輕施力，將安全環完全按壓至皮膚上。
當產品的所有觸碰式開關接觸肌膚時，
產品背面的「閃光準備就緒」指示燈會亮綠燈。



7 按下閃光按鈕，產品會發出一次閃光，現在您有兩種選擇可以發出下一道閃光：

A 按住閃光按鈕。只要安全環完全接觸到肌膚，產品就會發出一一次又一次的閃光。請於產品發出閃光後，緊接著把產品滑往下個療程部位。務必讓安全環完全緊貼肌膚。

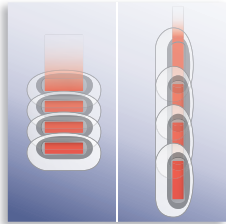
這種「滑動與閃光模式」在去除腿毛之類的大範圍區域時尤其方便。

B 每次閃光後放開閃光按鈕。將產品放在之前閃光的區域旁，即能發出下次閃光。務必讓安全環完全緊貼肌膚。

這種「一停一閃模式」可以精確去除上唇、膝蓋或腳踝的毛髮。

注意：數秒後，產品已經就緒可以再度閃光，因此請在閃光後立即將產品移往下一區。

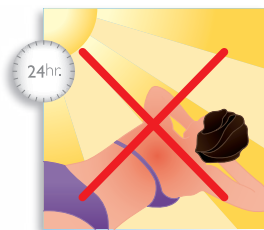
單次除毛療程中，請勿重複在同一區域多次除毛，這樣並不能提高除毛效果，反而會增加肌膚產生不良反應的風險。



8 為避免有區域未經處理，請確保每一次將產品按壓在皮膚上時，和前一次的按壓區域有部分重疊。

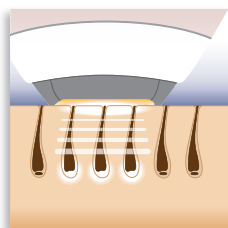
9 當您完成療程後，請關閉產品。

10 如果配件及/或出光口上有任何灰塵，請先擦拭乾淨，再將產品放回盒中。如有需要，請將隨附的清潔布沾水或高濃度酒精進行清潔。請參閱使用手冊中的「清潔與保養」單元，瞭解更多資訊。



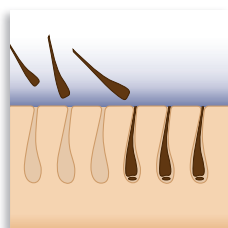
療程結束後

等候至少 24 小時，或直到所有發紅情況消失，再讓除毛區曬太陽。除毛後兩週內，外出時請遮蓋除毛區域，或使用防曬乳 (SPF 30+)。

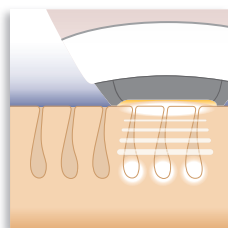


如何達到最佳效果

- 為了成功去除所有毛髮，並抑制毛囊再度復甦，前 4 到 5 次療程，請每兩週使用飛利浦 Lumea 除毛一次 (提高除毛頻率並無法更快除毛或讓除毛效果更好)。



- 療程中間的空檔，毛髮會自然脫落，而新的毛髮生長則受到抑制，肌膚會變得滑順。為了讓肌膚常保光滑，請在需要時重複除毛療程。療程間隔時間，要視您個人的毛髮生長速度而定，身體各部位的情況也會有所不同。為了維持最佳效果，我們建議您每 4 到 8 週重複一次除毛療程。



- 為了有效除毛，如果您仍然發現毛髮重生，請先刮除除毛區域的毛髮，再使用本產品。通常在前幾次療程時會出現毛髮重生的現象。

平均療程時間：

區域	估計療程時間
腋下	每邊腋下 1 分鐘
比基尼線	每側 1 分鐘
比基尼線全區	4 分鐘
單邊小腿	8 分鐘
一整隻腳	14 分鐘

每天觀察除毛步驟，讓肌膚光滑如絲！

療程編號	日期	完成療程的身體部位	下次療程日期	使用的設定	注意

療程編號	日期	完成療程的身體部位	下次療程日期	使用的設定	注意



