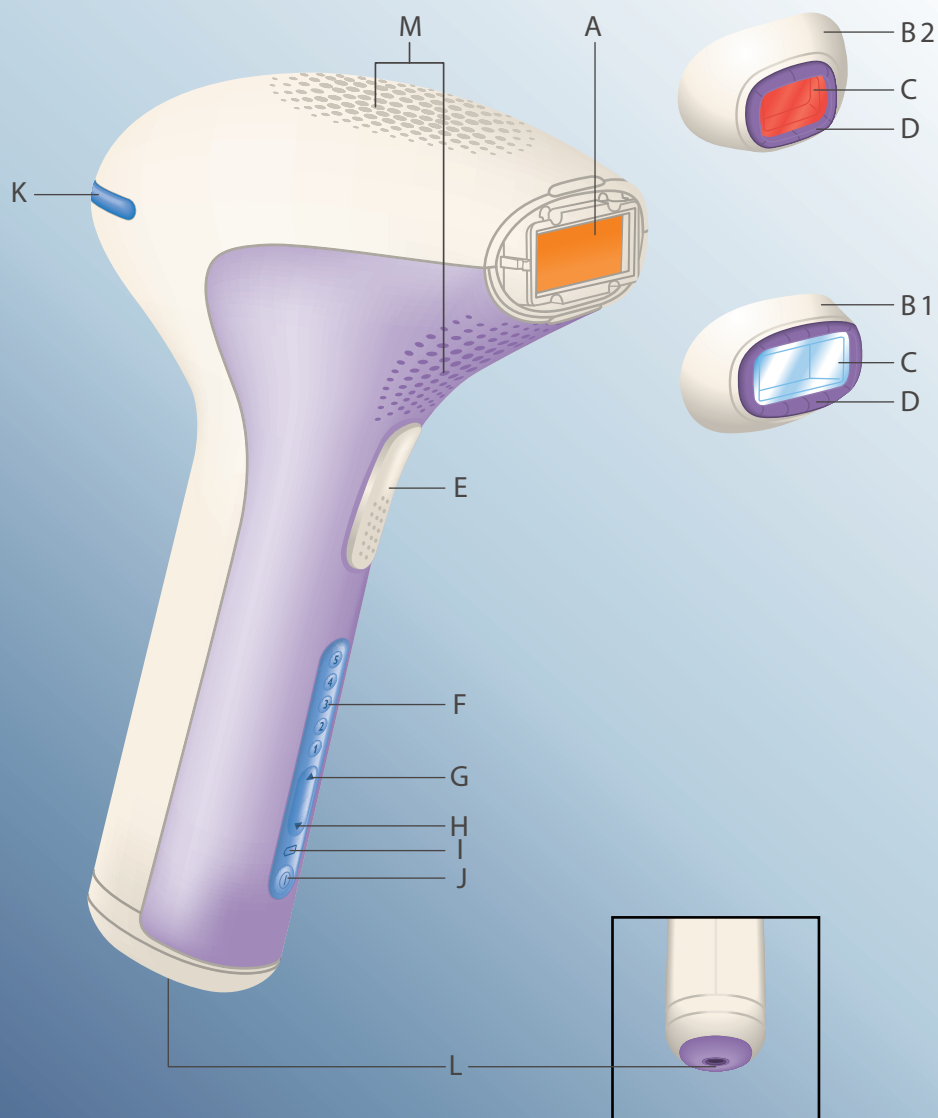


A woman with long brown hair is lying on her side on a white bed, wearing white lace-trimmed underwear. She is smiling and looking towards the camera. The background is a light blue gradient.

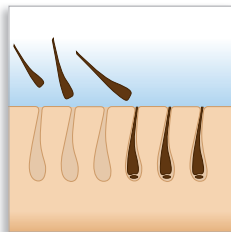
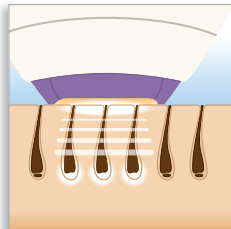
# Quick Start Guide

**PHILIPS**  
sense and simplicity



## General description

- A** Light exit window with integrated UV filter
- B** Attachments
  - 1 - Body attachment (suitable for all body areas below the neck)
  - 2 - Precision attachment (with additional light filter; for use on face below the cheek bone and on other sensitive areas)
- C** Metallic frame inside the attachment
- D** Safety system (safety ring with contact switches)
- E** Flash button
- F** Intensity lights (1- 5)
- G** ▲ Intensity increase button
- H** ▼ Intensity decrease button
- I** Charging light and battery low indication
- J** On/off button
- K** 'Ready to flash' light
- L** Appliance socket
- M** Air vents



## Introduction

### Congratulations on your purchase and welcome to Philips!

Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. You can now use this innovative light-based hair regrowth prevention technology comfortably in the privacy of your own home, whenever and wherever you want. Philips Lumea Precision enables treatment of unwanted hair on the whole body, including the face (upper lip, chin and sideburns), using two tailored attachments.

Philips Lumea Precision hair removal system applies gentle pulses of light to the hair and hair root beneath the skin. As a consequence, the hair sheds naturally within 2 weeks and hair regrowth is inhibited.

Find out more about Philips Lumea Precision IPL hair removal system or register your product at [www.philips.com/Lumea](http://www.philips.com/Lumea).

## Before using

### 1 Be aware!

This appliance is not suitable for everyone. This Quick Start Guide does not substitute the user manual. To ensure that Philips Lumea Precision hair removal system is suitable for you and safe for you to use, ***read the user manual carefully before first use.***

### 2 Recommended light intensities table

Consult the table on the following page to determine which light intensities are most suitable for your skin and body hair colour and check if this method is suitable for you. The method is more effective at higher intensities; however, you should reduce the light intensity if you experience any pain or discomfort. The light pulse can feel warm or hot on the skin but should never be painful.

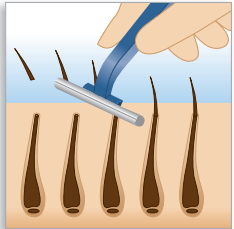
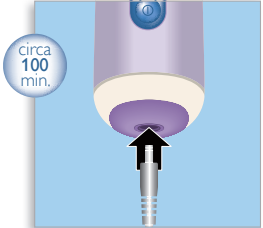
### 3 Check “contraindications” in the user manual; some medications and health conditions might cause adverse reactions when you use the appliance.



**Note** - All types of tanning may influence the safety of the treatment. Wait at least 48 hours after sunbathing before you use the appliance. Do not use Philips Lumea Precision on sunburnt body areas. See section “Tanning advice” in the user manual for more information.

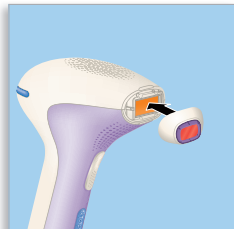
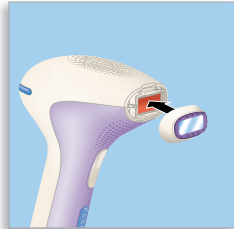
# Recommended light intensity table

X This product is neither suitable nor safe for your skin and/or hair colour		Skin tone					
		White	Beige	Light brown	Mid brown	Dark brown	Brownish black and darker
Body hair colour	White / grey		X	X	X	X	X
	Red		X	X	X	X	X
	Light blond		X	X	X	X	X
	Dark blond / light brown	4/5	4/5	4/5	3/4	1/2/3	X
	Brown	4/5	4/5	4/5	3/4	1/2/3	X
	Dark brown	4/5	4/5	4/5	3/4	1/2/3	X
	Black	4/5	4/5	4/5	3/4	1/2/3	X



# Preparing for use

- 1 Charge the appliance.
- 2 Shave the areas you intend to treat.
- 3 Perform a skin test: Choose an area close to the area to be treated. Apply one flash (see step 4-7 below) at the lowest recommended intensity for your skin colour. Increase the setting by one level within the recommended range of settings. After the test wait 24 hours and check if there are any skin reactions. If there are, choose the highest setting that did not result in any skin reactions for subsequent use.



## Using

- 1 Check the attachments and light exit window for any dirt, hair or fibres. If there is any contamination, clean it with the cloth supplied.

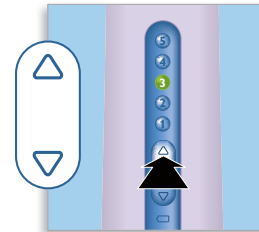
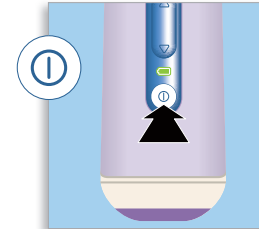
- 2 Choose the right attachment

### > **Body attachment**

The body attachment can be used to treat unwanted body hair on all body areas below the neck (for exceptions, see chapter 'Important', section 'Contraindications' in the user manual). Do not use the body attachment on the face.

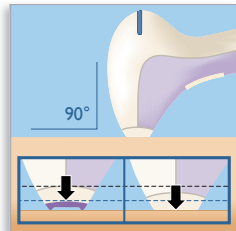
### > **Precision attachment**

The precision attachment includes an extra integrated light filter and can be used to treat unwanted facial hair on the upper lip, chin and sideburns. It may also be used on other sensitive areas on the body, such as underarms and bikini area or hard-to-reach areas.

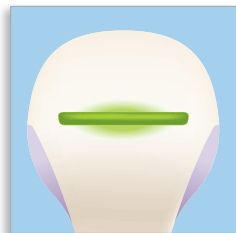


- 3 Press the on/off button to switch on the appliance.

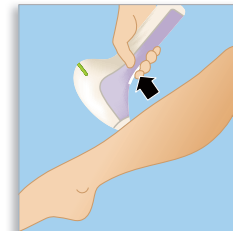
- 4 Press the intensity increase/decrease button up or down to change the intensity (from 1 to 5).



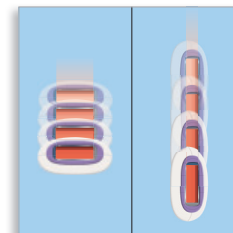
- 5 Place the appliance in a 90° angle on the skin so that the attachment and the safety ring are in contact with the skin.



- 6 Press the safety ring fully onto the skin with slight pressure. When all contact switches of the appliance are in contact with the skin, the “ready to flash” light on the back of the appliance lights up green.



- 7 Press the flash button to release a flash. After the appliance has flashed, release the flash button. For the next flash repeat steps 5, 6, 7. Do not flash on exactly the same spot more than once. Make sure that you lift the appliance off the skin before each flash.

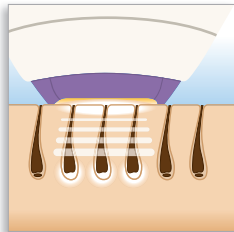


- 8 To avoid untreated areas, always make sure there is some overlap with the previously treated area when you place the appliance on the skin.
- 9 Switch off the appliance after you have finished the treatment.
- 10 If there is any dirt on the attachment and/or the light exit window, clean it before you store the appliance in the case. If necessary, moisten the supplied cloth with water or high percentage alcohol for cleaning. See chapter ‘Cleaning and maintenance’ in the user manual for more information.



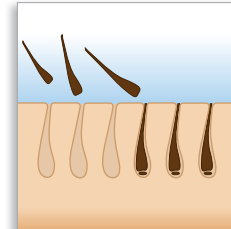
## After treatment

Wait at least 24 hours or until all redness has disappeared before you expose treated areas to the sun. Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment.



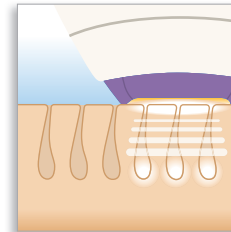
## How to achieve optimal results

To remove all hairs successfully and prevent the hair follicle from becoming active again, the treatments have to be repeated once every two weeks for the first two months (more frequent treatments do not lead to faster or better results).



Your skin should be smooth and hair-free by then. To ensure your skin stays smooth and hair-free, simply repeat treatment every four to six weeks. Time between treatments may vary based on your individual hair regrowth and also may vary from body area to body area. If too many hairs grow back during these intervals, simply shorten the interval between treatments again.

For an effective treatment, shave the area to be treated before using the appliance as long as you still experience regrowth, which is usually the case for the first few treatments.



Average treatment time and recommended attachment per body area

Area	Approx. treatment time	Recommended attachment
Upper lip/ chin/ sideburns	1 minute	Precision attachment
Underarms	1.5 minutes per underarm	Body/Precision attachment
Bikini line	1.5 minutes per bikini line	Body/Precision attachment
Entire bikini area	5 minutes	Body/Precision attachment
One lower leg	12 minutes	Body attachment
One full leg	20 minutes	Body attachment

Monitor your steps to smoothness everyday!

Treatment no.	Date	Treated body area	Next treatment date	Used setting	Note







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Document order number: 4203 000 6816.3