



# PHILIPS

QUICK START GUIDE

SC1992, SC1991

Congratulations on your purchase and welcome to Philips!  
To fully benefit from the support that Philips offers, register  
your product at [www.philips.com/lumea](http://www.philips.com/lumea)

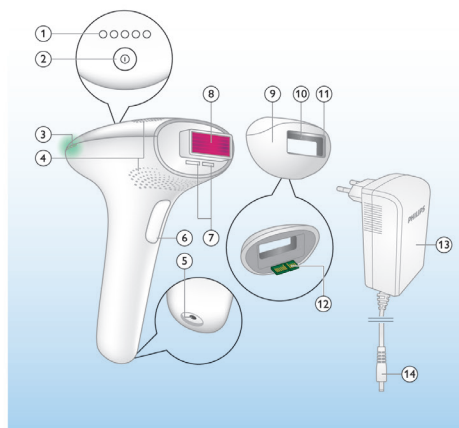
Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. It is different from current home hair removal methods because it significantly reduces hair regrowth. Philips Lumea Essential enables treatment of unwanted hair on body areas below the neckline.

Philips takes your safety seriously. Please read the user manual, including all safety precautions and warnings, before you use the appliance for the first time to ensure correct, safe and proper use. This quick start guide does not replace the user manual, but makes it as easy as possible for you to use this product.

Please note that this appliance is not suitable for everyone. Consult the table on the back of this quick start guide to determine which light intensities are appropriate for your skin and body hair colour and to check if this appliance is suitable for you.

If you need information or support, please visit  
[www.philips.com/support](http://www.philips.com/support).

## GENERAL DESCRIPTION



- |  |  |
|--|--|
| 1 Intensity lights (1- 5)                        | 9 Body attachment<br>(suitable for all body areas<br>below the neck) |
| 2 On/off button                                  | 10 Metallic frame inside<br>the attachment                           |
| 3 'Ready to flash' light                         | 11 Integrated safety system  |
| 4 Air vents                                      | 12 Electronic contacts   |
| 5 Appliance socket                               | 13 Adapter   |
| 6 Flash button                                   | 14 Small plug  |
| 7 Opening for electronic contacts                |  |
| 8 Light exit window with<br>integrated UV filter |  |

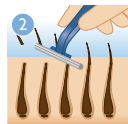
*Also included:* cleaning cloth and pouch

## USING THE APPLIANCE

Before you use Philips Lumea Essential, perform a skin test (see user manual). After the skin test, wait for 24 hours and check your skin for any reactions. If you notice any skin reactions, choose the highest setting that did not result in any skin reactions, for subsequent use.



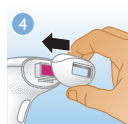
When you use Lumea regularly, please avoid sunbathing. If you have sunbathed, make sure you wait at least 2 weeks before you use Lumea Essential.



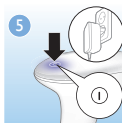
You need to prepare your skin by shaving the desired treatment area before using Lumea. Once the hairs stop growing back, which usually happens after 4-5 treatments, you no longer have to shave before you use the appliance.



Check if the attachment and light exit window are clean. If there is dirt, hair or fibre on the window, clean it with the cloth supplied before use.



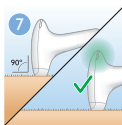
Make sure you place back the body attachment properly.



Put the plug in the socket and switch on the device. Then select the light intensity level that matches your skin tone. To choose the appropriate setting, simply consult the suitability chart on the back of this quick start guide.



To adjust the light intensity setting, press the on/off button one or more times until you have reached the required setting.



Place Lumea at a 90-degree angle on your skin and ensure full skin contact. When you have full skin contact, the 'ready to flash' light turns green.



Press the flash button to release a flash. Lift the appliance off your skin and place it on the next area to be treated, making sure there is some overlap. Then press the flash button again.



With Lumea Essential Plus, you can choose the mode you'd like to use. Slide and flash is the main application mode. You just keep the flash button pressed down and flash will continue to go off as you glide.

After each flash, it takes up to 3.5 seconds until the appliance is ready to flash again. During this charging time, the 'ready to flash' light blinks when the appliance is in full contact with your skin.

Skin tone							
Body hair colour		White	Beige	Light brown	Mid brown	Dark brown	Brownish black and darker
White / grey		×	×	×	×	×	×
Red		×	×	×	×	×	×
Light blond		×	×	×	×	×	×
Dark blond / light brown		4/5	4/5	4/5	1/2/3	×	×
Brown		4/5	4/5	4/5	1/2/3	×	×
Dark brown		4/5	4/5	4/5	1/2/3	×	×
Black		4/5	4/5	4/5	1/2/3	×	×

### Recommended light intensities table

Consult the table to determine which light intensities are most suitable for your skin and body hair colour and check if this method is suitable for you. The method is more effective at higher intensities; however, you should reduce the light intensity if you experience any pain or discomfort. The light pulse can feel warm or hot on the skin but should never be painful.

Check section 'Contraindications' in the user manual; some medications and health conditions might cause adverse reactions when you use the appliance.

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