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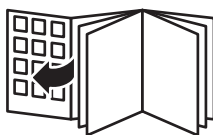
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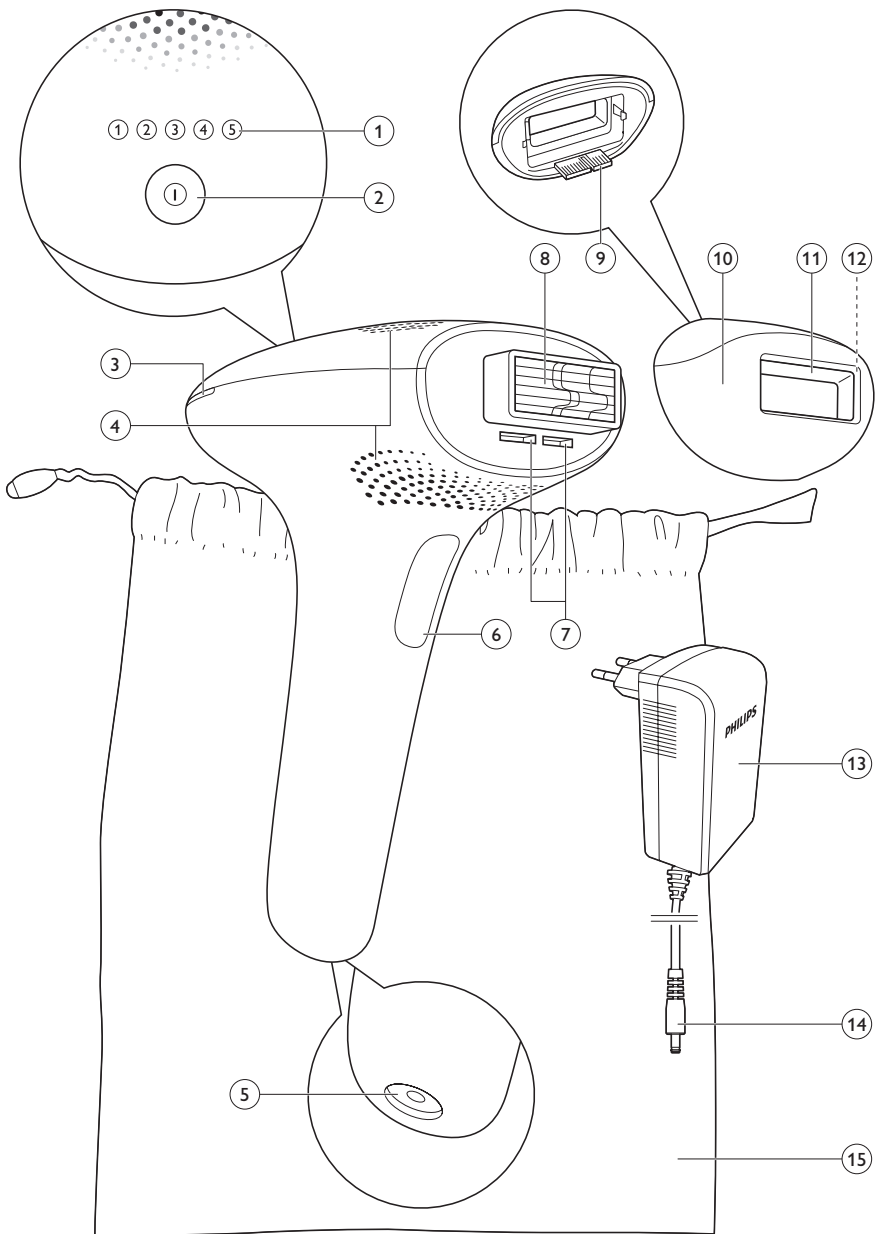


SC1992
SC1991



PHILIPS







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Introduction

Congratulations on your purchase and welcome to Philips!
To fully benefit from the support that Philips offers, register your product at www.philips.com/welcome.

Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. It is different from current home hair removal methods because it significantly reduces hair regrowth. Philips has been investigating this method together with leading dermatologists for over 15 years. You can now use this innovative technology comfortably in the privacy of your own home, whenever you want. This appliance has been specifically designed and optimised for use by women, but can be used by men as well. Philips Lumea Essential enables treatment of unwanted hair on body areas below the neckline. Philips Lumea Essential is designed for use by one person only. For more information about Philips Lumea Essential, see www.philips.com/lumea. Check our homepage regularly for updates.

Benefits

This appliance provides the following benefits:

Intense Pulsed Light (IPL) technology for home use

Philips Lumea Essential uses a light-based technology called 'Intense Pulsed Light' (IPL). IPL is also used in the professional beauty market for hair removal and has been in use for the last fifteen years. Philips Lumea Essential now brings this innovative technology to the comfort of your home.

Effective hair regrowth prevention for everyday smoothness

This method provides you with long-lasting hair regrowth prevention and silky-smooth skin. Our studies have shown a significant hair reduction after just two treatments. Optimal results were generally achieved after four to five treatments. A reduction in hair density is visible from treatment to treatment. How fast the effect becomes visible and how long the results last varies from person to person. For more information, see section 'How to achieve optimal results' in chapter 'Using the appliance'.

Gentle treatment, even on sensitive body areas

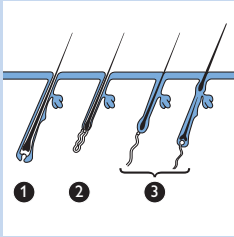
Philips Lumea Essential has been developed in close cooperation with leading dermatologists for an effective and gentle treatment, even on the most sensitive body areas.

No replacement parts needed, no hidden costs

Philips Lumea Essential is equipped with a high-performance lamp which does not require replacement. This lamp can generate over 100,000 flashes and should enable you to continuously maintain results for more than 5 years* while saving money on expensive replacement lamps.

*Based on average usage scenario and recommended treatment regime for one user.

How Philips' Intense Pulsed Light technology works



Hair growth

Hair growth rates differ from person to person, depending on age, metabolism and other factors. However, everyone's hair normally grows in 3 phases.

1 Growing phase (anagen phase)

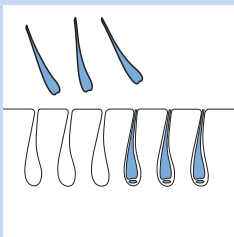
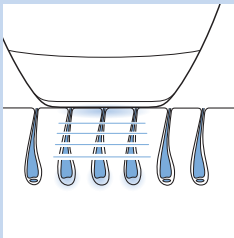
The hair grows actively from the root. In this phase the concentration of melanin is highest. Melanin is responsible for the pigmentation of the hair. Melanin concentration is also the determining factor for the efficacy of the Intense Pulsed Light technology. Only hairs in the growing phase are susceptible to treatment with light.

2 Degradation phase (catagen phase)

Hair growth stops and the root shrinks before the hair sheds.

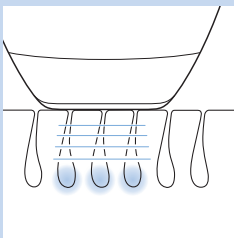
3 Resting phase (telogen phase)

The old hair separates from its hair follicle and sheds. The follicle remains at rest until the biological clock tells it to become active again and grow a new hair.



Working principle

- The appliance works by heating up the hair and root beneath the skin. The melanin in the hair and hair root absorbs the released light pulses. The darker the colour of the hair, the more light can be absorbed. This process stimulates the hair to go into the resting phase.
- In between treatments, hair sheds naturally and regrowth is inhibited. Hairs can take one or two weeks to shed.



- Optimal hair removal cannot be obtained with a single session, since only hairs in the growing phase are susceptible to treatment with light. During a treatment, hairs on the treated area are usually in different stages of the hair growth cycle. To effectively treat all hairs you have to repeat the treatment once every two weeks for the first two months. An integrated optical filter ensures that no UV light reaches the skin and ensures that the appliance is safe for the skin.

General description (Fig. 5)

- 1 Intensity lights (1- 5)
 - 2 On/off button
 - 3 'Ready to flash' light
 - 4 Air vents
 - 5 Appliance socket
 - 6 Flash button
 - 7 Openings for electronic contacts
 - 8 Light exit window with integrated UV filter
 - 9 Electronic contacts
 - 10 Body attachment (suitable for all body areas below the neck)
 - 11 Metallic frame inside the body attachment
 - 12 Integrated safety system
 - 13 Adapter
 - 14 Small plug
 - 15 Pouch
- Also included: cleaning cloth

Important

Read this user manual carefully before you use the appliance and save it for future reference.

Danger

- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. near a filled bath, a running shower or a filled swimming pool).
- Keep the appliance and the adapter dry.
- If the appliance is broken, do not touch any inner part to avoid electric shock.
- Never insert any objects into the appliance.

Warning

- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- The appliance is not intended for children under the age of 15 years. Teenagers aged between 15 and 18 years can use the appliance with the consent and/or assistance of their parents or the persons who have parental authority over them. Adults from 19 years and older can use the appliance freely.
- Only use the adapter supplied.
- Do not use the appliance or the adapter if it is damaged.
- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation.
- If the adapter is damaged, always have it replaced with one of the original type in order to avoid a hazard.
- Do not use the appliance if the glass of the light exit window is broken.

To prevent damage

- Make sure nothing obstructs the air flow through the ventilation slots.
- Never subject the appliance to heavy shocks and do not shake or drop it.
- If you take the appliance from a very cold environment to a very warm environment or vice versa, wait approximately 3 hours before you use it.
- Store the appliance in the pouch supplied so that it does not become dusty.
- Never leave the appliance unattended when it is switched on. Always switch off the appliance after use.
- Do not expose the appliance to direct sunlight or UV light for several hours, to prevent damage.
- Do not flash against any other surface than the skin. This can cause severe damage to the body attachment and/or the light exit window. Only flash when the appliance is in contact with skin.

Caution

- Never use the appliance around the eyes and near the eyebrows to avoid the risk of eye damage.
- Use this appliance only at settings suitable for your skin type (see the table in section 'Recommended light intensities' of chapter 'Preparing for use'). Use at higher settings than those recommended can increase the risk of skin reactions and side effects.
- This appliance is only intended for removing unwanted human body hair from areas below the neckline. Do not use it for any other purpose.
- Make sure the skin in the area to be treated is clean, dry and free from creams, lotions and other cosmetics. If the skin is not clean and dry, the integrated safety system may not work as intended and the appliance may not flash or may flash unintentionally.

Keep the following things in mind to avoid compromising the lifetime of your Philips Lumea Essential:

- Do not expose the appliance to ambient temperatures lower than 15°C or higher than 35°C during use.
- The appliance is equipped with a built-in overheat protection. If the appliance overheats, it does not flash. Do not switch off the appliance, but let it cool down for approx. 15 minutes before you continue with your treatment. After 5 minutes the appliance switches off automatically. Then let it cool down for another 10 minutes.
- Always return the appliance to a service centre authorised by Philips for examination or repair. Repair by unqualified people could cause an extremely hazardous situation for the user.
- Do not use the appliance if any of the situations mentioned in section 'Contraindications' apply to you.

Electromagnetic fields (EMF)

This Philips appliance complies with all applicable standards and regulations regarding exposure to electromagnetic fields.

Contraindications

For whom is Philips Lumea Essential NOT suitable?

Philips Lumea Essential is not designed for everyone. If any of the following is true for you, then this appliance is **not** suitable for you to use!

Do not use the appliance if you are pregnant or breast feeding.

Philips Lumea Essential has not been tested on pregnant women, therefore we advise you not to use the appliance if you are pregnant or breast feeding. Hormonal changes could increase the sensitivity of your skin and the risk of injury to the skin.

Never use the appliance if you have an unsuitable skin and/or hair colour, i.e.:

- If you are of skin type V (you rarely get sunburnt, you tan very well and your skin colour is dark brown) or if you are of skin type VI (you rarely or never get sunburnt and you tan very darkly; your skin colour is brownish black or darker). In this case you run a high risk of developing skin reactions, such as discolourations, strong redness or burns, when you use Philips Lumea Essential. See also chapter 'Using the appliance', section 'Possible side effects and skin reactions' and consult the 'Recommended light intensities table' in the quick start guide.
- If your natural hair colour in the treatment areas is light blond, white, grey or red. The treatment will not be effective.

Never use the appliance if you suffer from any of the diseases listed below, i.e.:

- If you have a skin disease such as active skin cancer; you have a history of skin cancer or any other localised cancer in the areas to be treated.
- If you have pre-cancerous lesions or multiple atypical moles in the areas to be treated.
- If you have a history of collagen disorder; including a history of keloid scar formation or a history of poor wound healing.
- If you have a history of vascular disorder; such as the presence of varicose veins or vascular ectasia in the areas to be treated.
- If your skin is sensitive to light and easily develops a rash or an allergic reaction.
- If you have infections, eczema, burns, inflammation of hair follicles, open lacerations, abrasions, herpes simplex, wounds or lesions and haematomas in the areas to be treated.
- If you have had surgery in the areas to be treated.
- If you have epilepsy with flashlight sensitivity.
- If you have diabetes, lupus erythematoses, porphyria or congestive heart disease.
- If you have any bleeding disorder.
- If you have a history of immunosuppressive disease (including HIV infection or AIDS).

Never use the appliance if you take any of the medications listed below, i.e.:

- If your skin is currently being treated with or has recently been treated with Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.

- If you have taken any form of isotretinoin such as Accutane® or Roaccutane® in the last six months. This treatment can make skin more susceptible to tears, wounds and irritations.
- If you are on painkillers, which reduce the skin's sensitivity to heat.
- If you are taking photosensitising agents or medications, check the package insert of your medicine and never use the appliance if it is stated that it can cause photo-allergic reactions, photo-toxic reactions or if you have to avoid sun when taking this medicine.
- If you take anticoagulation medications, including heavy use of aspirin, in a manner that does not allow you to stop using them at least one week prior to each treatment with Lumea.
- If you take immunosuppressive medications.

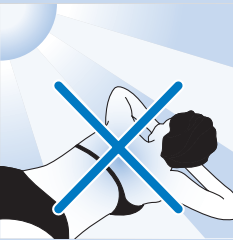
Never use the appliance on the following areas:

- On the face.
- On nipples, areolas, labia minora, vagina, anus and the inside of the nostrils and ears. See chapter 'Using the appliance', section 'Using the appliance in the bikini area'.
- Men must not use it on the scrotum or face.
- Over or near anything artificial like silicone implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.
- On moles, freckles, large veins, darker pigmented areas, scars or other skin anomalies without consulting your doctor. This can result in a burn and a change in skin colour, which makes it potentially harder to identify skin-related diseases (e.g. skin cancer).
- On warts, tattoos or permanent make-up. This can result in a burn and a change in skin colour (hypopigmentation or hyperpigmentation).
- On areas where you use long-lasting deodorants. This can result in skin reactions. See chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

Never use the appliance on sunburnt, recently tanned (last 2 weeks) or fake-tanned skin

- All types of tanning can influence the safety of the treatment. This applies to exposure to natural sunlight as well as artificial tanning methods, such as tanning lotions, tanning appliances etc. If you are tanned or are planning to tan, see chapter 'Preparing for use', section 'Tanning advice'.

Note: This list is not exhaustive. If you are not sure whether you can use the appliance we advise you to consult a doctor.



Preparing for use

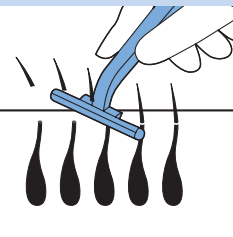
For optimal results, prepare the areas on which you intend to use the appliance in the manner described below.

Preparing treatment areas

- 1** Shave the areas you intend to treat as long as these areas still show hair regrowth.

Note: Do not use depilatory creams instead of shaving.

Note: If your last depilation method involved removing hairs by the roots (e.g. epilating), you can start the treatment right away. In this case, we advise you to shave in between treatments for optimal results.



Please note that treatment on unshaved or improperly shaved areas has a number of undesired effects:

- The light exit window and body attachment may become contaminated with stray hairs and dirt. A contaminated light exit window and body attachment can reduce the life and efficacy of the appliance. Contamination of the light exit window can also cause the treatment to become painful or cause skin reactions like redness and discolouration.
- Hairs on your skin can burn, which can result in an unpleasant smell.

2 Clean your skin and make sure it is hair-free, entirely dry and free from oily substances (e.g. residues of deodorants, lotions, perfumes, tanning creams and sunscreens).

3 Check the appliance, especially the light exit window and body attachment, for trapped hair, dust and fibres. If you see any contamination, clean the appliance according to the instructions in chapter 'Cleaning and maintenance'.

If shaving causes wounds or lesions, your skin may be more sensitive to IPL than that of others. This may cause the IPL treatment to feel uncomfortable or it may lead to other unwanted side effects.

We advise you to wait until the irritation has disappeared.

4 Once the hairs stop growing back, which usually happens after 4-5 treatments, you no longer have to shave before you use the appliance.

Light intensity

Unlike professional light-based appliances, Philips Lumea Essential has been developed for consumer use and its light pulses are gentler. Therefore you can expect a **convenient** and **effective** treatment at a light intensity that you find comfortable.

Philips Lumea Essential provides five different light intensities.

Adjust the light intensity to your skin and body hair colour and to a level you find comfortable.

The recommended light intensities table below helps you to establish the right light intensity.

1 Consult the table below to determine which light intensities are appropriate for your skin and body hair colour.

Tip: You can put the table in the quick start guide on your skin and compare it with your skin colour.

Tip: We advise you to store the quick start guide in the pouch for future reference.

2 Reduce the light intensity if you experience any pain or discomfort.

Persons with darker skin run a higher risk of skin irritation because their skin absorbs more light. Therefore lower intensities are recommended for persons with darker skin.

The light pulse can feel warm or hot on the skin but should never be painful. Different body areas may require different light intensities, see to the table below. To prevent skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

Recommended light intensities (1-5)

In the table below, 'x' means that the appliance is not suitable for you.

Note: The colour of your skin may change, for example because your skin has been exposed to tanning. It may then be darker than during the previous treatment. Therefore it is important that you check the setting to be used before every treatment and per area. Some areas may be darker than others.

Body hair colour:	Dark blond/light brown/ brown/dark brown/black	white/grey/red/light blond
<i>Skin colour and characteristics:</i>		
White (always sunburn, no tanning)	4/5	x
Beige (easy sunburn, minimal tanning)	4/5	x
Light brown (sometimes sunburn, good tanning)	4/5	x
Mid brown (rarely sunburn, fast and good tanning)	1/2/3	x
Dark brown (rarely sunburn, very good tanning)	x	x
Brownish black and darker (rarely to never sunburn, very dark tanning)	x	x

Important

To check whether Philips Lumea Essential is suitable for you, see section 'For whom is Philips Lumea Essential not suitable?'.

Tanning advice



- **Avoid sunbathing when you use Philips Lumea Essential regularly (every two weeks).**

Sunbathing can cause skin to darken (tan) or can cause sunburn (reddening of the skin). Using Philips Lumea Essential on darkened (tanned) and/or sunburned skin increases the risk of adverse side effects and skin reactions. See chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

- **Sun exposure before treatment: Wait 2 weeks and perform a skin test.**

Wait at least 2 weeks after sunbathing before you use the appliance. Perform a skin test (see chapter 'Using the appliance', section 'First use and skin test') on the area to be treated to determine the appropriate light intensity. Failure to do so increases the risk of developing skin reactions after treatment with Philips Lumea Essential.

- **Sun exposure after treatment: Wait 48 hours before sunbathing after treatment with Philips Lumea Essential.**

Wait at least 48 hours after treatment before you expose treated areas to the sun. Even after 48 hours, make sure that the treated skin shows no adverse reaction to the treatment before you expose it to the sun. Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment. Exposing treated areas to sunlight without protection immediately after treatment increases the risk of adverse side effects and skin reactions. See chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

- **Tanning with artificial light**

Follow the instructions in 'Sun exposure before treatment' and 'Sun exposure after treatment' above.

- **Tanning with creams**

If you have used an artificial tanning lotion, wait until the artificial tan has fully disappeared before you use Philips Lumea Essential.

Note: For more details on unwanted skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

Using the appliance

Check the recommended light intensities table in chapter 'Preparing for use', section 'Light intensity' to determine which light intensities are most suitable for your skin and body hair colour.

Shave the area you intend to treat before you use the appliance (see chapter 'Preparing for use', section 'Preparing treatment areas').

If the treatment becomes painful at any point in time, reduce the light intensity setting until the treatment is comfortable again.

If you notice skin reactions stronger than slight redness, stop the treatment immediately and read section 'Possible side effects and skin reactions' in this chapter.

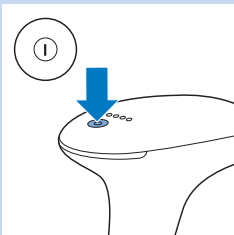
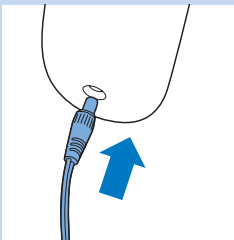
First use and skin test

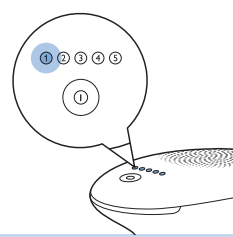
When you use the appliance for the first time or after recent tanning, we advise you to perform a skin test on **each** area to be treated to check your skin's reaction to the treatment and to get accustomed to light-based treatment.

- 1 Choose an area close to the area you intend to treat.
- 2 Insert the small plug into the appliance and put the adapter in the wall socket.

Note: Make sure the body attachment is placed on the appliance.

- 3 Press the on/off button to switch on the appliance.

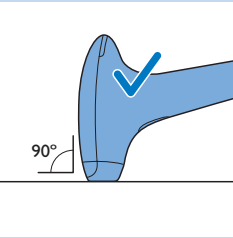




- ▶ Intensity light 1 goes on.

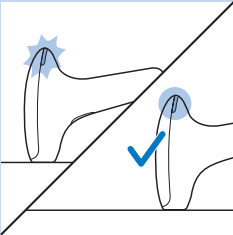
Note: The appliance always automatically selects the lowest light intensity setting. See section 'Light intensity' in chapter 'Preparing for use' to determine the appropriate light intensity.

- ▶ **4** To adjust the light intensity setting, press the on/off button one or more times until you have reached the required setting. The corresponding intensity light lights up.

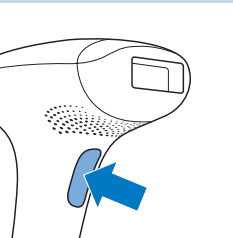


- ▶ **5** Place the appliance at a 90° angle on the skin so that the body attachment is in contact with the skin.

Tip: For easier use, stretch the area of skin you want to treat.



- ▶ The 'ready to flash' light on the back of the appliance starts blinking to indicate that the appliance is getting ready to release a flash.
- ▶ When the appliance is ready to release a flash, the 'ready to flash' light lights up green continuously.



- ▶ **6** Press the flash button to release a flash.

*Note: The visible light produced by the appliance is the reflection of the flash on the skin and is harmless to your eyes. It is not necessary to wear goggles during use. Use the appliance in a **well-lit** room; this reduces the perceived brightness of the flash.*

- ▶ **7** Release the flash button once the appliance has flashed.
- ▶ **8** Slide the appliance over the skin to the next area to be treated. As long as it feels comfortable (not painful), increase the setting by one level within the recommended range for your skin type and apply one flash for each setting. Do not apply more than one flash on the same spot.
- ▶ **9** When you have finished the treatment, press and hold the on/off button for 2 seconds to switch off the appliance.
- ▶ **10** After the skin test, wait for 24 hours and check your skin for any reaction. If your skin shows reactions, choose the highest setting that did not result in any skin reaction for subsequent use.

Subsequent use

- 1 Before every treatment, clean the body attachment, the light exit window and the metallic frame inside the body attachment. For more information see chapter 'Cleaning and maintenance'.
- 2 Start each treatment by selecting the light intensity very carefully, based on your skin's sensitivity and on how comfortable treatment feels. See section 'Recommended light intensities' to select the right setting for your skin type and hair colour combination.

Note: Your skin may react differently on different days/occasions for a number of reasons. See section 'Possible side effects and skin reactions' in this chapter for more information.

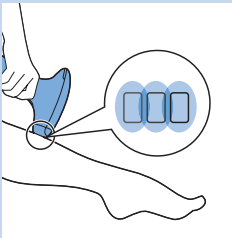
- 3 Follow steps 2-6 of the previous section ('Before first use and skin test').

Note: It is normal that the appliance and the body attachment become warm during use.

- 4 Slide the appliance over the skin to the next area to be treated and repeat steps 5 and 6 of section 'First use and skin test' in this chapter. After each flash, it takes up to 3.5 seconds until the appliance is ready to flash again. The 'ready to flash' light on the back of the appliance starts blinking again to indicate that it is charging. Wait until this light lights up continuously before you continue.

Tip for SC1992: The SC1992 has a 'slide and flash' feature: for a more efficient treatment, keep the flash button pressed while you slide the appliance over your skin.

Do not treat exactly the same area multiple times during one session. This does not improve the effectiveness of the treatment, but increases the risk of skin reactions.



- 5 To avoid untreated areas, make sure the flashes are produced close to each other. Note that effective light only comes out of the light exit window. However, always make sure you do not flash the same area twice.
- 6 When you have finished the treatment, press and hold the on/off button for 2 seconds to switch off the appliance.
- 7 Check the light exit window and the body attachment for hairs and dirt and clean the appliance after use (see chapter 'Cleaning and maintenance').

Tips

How to achieve optimal results

- It is normal that hairs are still visible after the first few treatments (see chapter 'Introduction', section 'Working principle' for more information).
- To remove all hairs successfully and prevent the hair follicle from becoming active again, the treatments have to be repeated once every two weeks for the first two months. Your skin should be smooth and hair-free by then. Please read section 'Maintenance phase' to find out how you can keep these results.

Maintenance phase

- To ensure that your skin stays smooth and hair-free, we advise you to repeat the treatment every four to six weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions.

Guidelines for treatment

Average treatment time

Area	Approx. treatment time
Underarms	1 minute per underarm
Bikini line	1 minute per side
Entire bikini area	4 minutes
One lower leg	8 minutes
One full leg	14 minutes

Note: The average treatment times above have been observed during research and tests. Individual treatment times may vary from person to person.

Intended treatment areas

The appliance is intended to treat unwanted hairs from the underarms, arms, stomach, bikini area and legs. It should not be used on the face.

Using the appliance on the legs

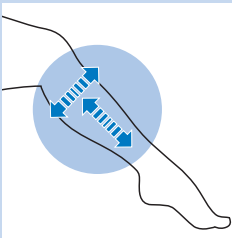
- Check the recommended light intensities table in chapter 'Preparing for use', section 'Light intensity' to see which settings are suitable for your legs.
- You can move the appliance up and down or across the leg, whichever is more convenient to you. In order to maintain full contact with the skin you can also place and hold the appliance on your skin sideways.

Note: Bony areas like shinbone and ankles are more sensitive than other areas of the body. When you press the body attachment hard onto these areas, the skin can be more susceptible to skin reactions, such as skin irritation and redness. See section 'Possible side effects and skin reactions' in this chapter. Press the body attachment onto the skin just hard enough to make the 'ready to flash' light go on, but not harder.

Using the appliance in the bikini area

Check the recommended light intensities table in chapter 'Preparing for use', section 'Light intensity' to see which settings are suitable for your bikini area. In principle, Philips Lumea Essential is safe and gentle enough for treatment of the entire bikini area (e.g. for 'Brazilian' or 'Hollywood' style). Use a lower setting on darker pigmented, more sensitive skin in the bikini area. Do not use the appliance on inner labia, vagina and anus. Men who wish to treat their pubic area must not use the appliance on the scrotum.

Note: For hygienic reasons, always clean the body attachment before you start treating another body area (see chapter 'Cleaning and maintenance').





Using the appliance on the underarms

Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your underarms.

Make sure you remove any deodorant, perfume, cream or other skin care product from your underarms before treatment.

Tip: To achieve optimal results on your underarms, stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Raise your arm and place your hand on the back of your neck to stretch the skin in the underarm area.

Note: The reflected light does not harm your eyes. If the scattered light is unpleasant, close your eyes when you release a flash.

Possible side effects and skin reactions

Common skin reactions:

- Your skin may show slight redness and/or may prickle, tingle or feel warm. This reaction is absolutely harmless and disappears quickly.
- A skin reaction similar to sunburn may occur on the treated area for a short while. If this does not disappear within 3 days, we advise you to consult a doctor.
- Dry skin and itching may occur due to shaving or a combination of shaving and light treatment. This is harmless and disappears within a few days. You can cool the area with an ice pack or a wet facecloth. If dryness persists, you can apply a non-scented moisturiser on the treated area 24 hours after the treatment.

Rare side effects:

- Burns, excessive redness and swelling: these reactions occur rarely and are usually the result of using a light intensity that is too high for your skin colour. If these reactions do not disappear within 3 days, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity.
- Skin discolouration: this occurs very rarely. Skin discolouration manifests itself as either a darker or lighter patch than the surrounding area. This is the result of using a light intensity that is too high for your skin colour. In rare instances (usually a result of using too high intensity on too dark skin), the effects of a pigment change can last longer than is usually observed. In all cases, the effects are eventually reversed. Do not treat discoloured areas until the discolouration has disappeared and your skin has regained its normal skin colour.
- Skin infection and inflammation: This occurs very rarely and may be caused by using the appliance on wounds or cuts that resulted from shaving, on already existing wounds or on ingrown hairs.
- Excessive pain: this can occur during or after treatment if you have used the appliance on unshaved skin, if you use the appliance at a light intensity that is too high for your skin colour; if you flash the same area more than once and if you use the appliance on open wounds, inflammations, infections, tattoos, burns, etc. See chapter 'Important', section 'Contraindications' for more information.

After use

- Do not apply any perfumed cosmetics to the areas treated immediately after treatment.
- Do not use deodorant immediately after treating the underarms. Wait until any skin redness has disappeared completely.
- See chapter 'Preparing for use', section 'Tanning advice' for information about sun exposure and artificial tanning.

Cleaning and maintenance

To ensure optimal results and a long life for the appliance, clean the appliance before and after each use and, if necessary, also during the treatment. The appliance loses its effectiveness if you do not clean it properly.

Never clean the appliance or any of its parts under the tap or in the dishwasher.

Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance.

Never scratch the light exit window or the metallic frame inside the body attachment.

Note: Stop using the appliance when it is no longer possible to clean the light exit window or the body attachment.

- 1** Switch off the appliance, unplug it and let it cool down.

Note: The light exit window becomes hot during use. Make sure it has cooled down before you clean it.

- 2** To remove the body attachment, grab the projections at the top and bottom and pull gently.

- 3** If necessary, clean the outside of the appliance with the soft cleaning cloth supplied with the appliance.

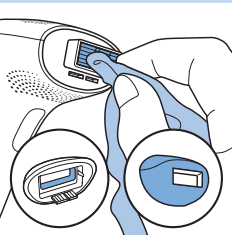
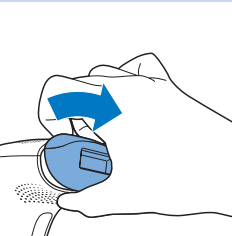
- 4** Moisten the soft cloth supplied with the appliance with a few drops of water and use it to clean the following parts:

- the light exit window
- the outside surface of the body attachment
- the metallic frame inside the body attachment

Make sure that the electronic contacts do not get wet.

Note: If water does not clean effectively, use a few drops of high-percentage alcohol to clean the parts mentioned above.

Note: Make sure you clean the appliance before and after each use and, if necessary, also during the treatment according to the instructions in this section.



Storage

- 1 Switch off the appliance, unplug it and let it cool down.
- 2 Clean the appliance before you store it.
- 3 Store the appliance in the pouch supplied at a temperature between -20°C and $+70^{\circ}\text{C}$.

Tip: We advise you to store the quick start guide in the pouch for future reference.

Ordering accessories

To buy accessories or spare parts, visit www.shop.philips.com/service or go to your Philips dealer. You can also contact the Philips Consumer Care Centre in your country (see the worldwide guarantee leaflet for contact details).

Spare parts

The following spare parts are available:

- Body attachment
- Adapter
- Cleaning cloth
- Pouch

Environment



- Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

Guarantee and support

If you need information or support, please visit www.philips.com/support or read the separate worldwide guarantee leaflet.

Technical specifications

Models SC1992 and SC1991

Rated voltage	100V-240V
Rated frequency	50Hz-60Hz
Rated input	1A
Protection against electric shock	Class II
Protection rating	IP 30 (EN 60529)
Operating conditions	Temperature: $+15^{\circ}$ to $+35^{\circ}\text{C}$

Models SC1992 and SC1991

	Relative humidity: 30% to 95%
Storage conditions	Temperature: -20°C to +70°C
	Relative humidity: 5% to 95%
Spectrum of body attachment	>500nm

Troubleshooting

This chapter summarises the most common problems you could encounter with the appliance. If you are unable to solve the problem with the information below, visit www.philips.com/support for a list of frequently asked questions or contact the Consumer Care Centre in your country.

Problem	Possible cause	Solution
The adapter/ appliance becomes warm during charging.	This is normal.	No action required.
I have switched on the appliance but I cannot increase or decrease the light intensity.	The appliance has to be reset.	To reset the appliance, switch off the appliance and then switch it on again. If you still cannot adjust the light intensity, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The 'ready to flash' light does not work when I place the appliance on the skin.	You have not properly placed the appliance on the skin.	Place the appliance at a 90° angle onto the skin in such a way that all 4 sides of the integrated safety system touch the skin. Then check if the 'ready to flash' light lights up continuously and press the flash button.
		If this does not work, place the appliance on a part of your body where it is easy to establish full skin contact, for example on your lower arm. Then check if the 'ready to flash' light works. If the 'ready to flash' light still does not start flashing when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The 'ready to flash' light does not work when I place the body attachment on my skin, but the cooling fan works.	The overheat protection has been activated.	When the overheat protection has been activated, the fan still works. Do not switch off the appliance and let it cool down for approx. 15 minutes before you continue to use it. After 5 minutes the appliance switches off automatically. Then let it cool down for 10 more minutes. If the 'ready to flash' light still does not work when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

Problem	Possible cause	Solution
The 'ready to flash' light lights up continuously, but the appliance does not produce a flash when I press the flash button.	The appliance needs to be reset.	To reset the appliance, switch off the appliance and switch it on again. If the 'ready to flash' light lights up continuously, but the appliance still does not produce a flash when you press the flash button, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
Intensity light 1 continues to blink and I cannot change the setting.	The body attachment is not placed on the appliance properly.	Properly place the body attachment on the appliance.
All intensity lights go on alternately.	The appliance needs to be reset.	To reset the appliance, switch off the appliance and switch it on again. If the intensity lights continue to go on alternately, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
All intensity lights are blinking simultaneously.	The appliance is defective.	Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.
The appliance produces a strange smell.	The body attachment and/or the filter glass is dirty.	Clean the body attachment and the light exit window carefully. If you are unable to clean the body attachment properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the body attachment.
	You have not shaved the area to be treated properly.	If there are hairs on the area to be treated, these hairs may get burnt when you use the appliance. As a result, you notice a strange smell. Shave the area to be treated properly before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use the Lumea Essential at a comfortable setting.
	You stored the appliance in a dusty environment.	Clean the appliance and the body attachment (see chapter 'Cleaning and maintenance').
The skin feels more sensitive than usual during treatment.	The light intensity you have chosen is too high.	Check the skin/hair colour table before each use, to ensure you select the right light intensity for each treatment. If necessary, select a lower light intensity.
	You did not shave the areas to be treated.	Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use the Lumea Essential at a comfortable setting.
	The light exit window is broken.	If the light exit window is broken, do not use the appliance anymore, to avoid the risk of skin reactions. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

Problem	Possible cause	Solution
I experience an unacceptable pain sensation when I use the appliance.	You did not shave the areas to be treated	Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use the Lumea Essential at a comfortable setting.
	You treated an area for which the appliance is not intended.	You must not use the appliance on your face, inner labia, vagina, anus, nipples and areolas. Men must not use it on their face or scrotum.
	You have used a light intensity that is too high for you.	Reduce the light intensity to a level that is comfortable for you. See chapter 'Preparing for use', section 'Light intensity'.
	The light exit window is broken.	If the light exit window of the body attachment is broken, do not use the appliance with this body attachment any more. Go to your dealer or a Philips service centre or contact the Consumer Care Centre to have the body attachment replaced.
	The appliance is not suitable for your hair or skin colour.	Do not use the appliance if your body hair is light blond, red, grey or white. Do not use the appliance either if you have dark skin. Consult the body hair and skin colour table in the Quick Start Guide.
The treated areas become red after the treatment.	Slight redness is harmless and normal and disappears quickly.	No action required.
The skin reaction after the treatment lasts longer than usual.	You have used a light intensity that is too high for you.	Select a lower light intensity the next time. See chapter 'Preparing for use', section 'Light intensity'. If the skin reaction lasts longer than 3 days, contact your doctor.
The hair-removal results are not satisfactory.	You have used a light intensity that is too low for you.	Perform a skin test to determine if you can use a higher light intensity (see chapter 'Using the appliance', section 'First use and skin test').
	You did not make enough overlaps when you used the appliance.	For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', section 'Subsequent use', step 4.

Problem	Possible cause	Solution
	You do not use the appliance as often as recommended.	To remove all hairs successfully and to prevent the hair root from becoming active again, the treatments have to be repeated once every two weeks for the first two months. To ensure that your skin stays smooth, we advise you to repeat the treatment every four to six weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions.
	You respond more slowly to IPL treatment than the average user.	Continue using the appliance for at least 6 months, as hair regrowth can still decrease over the course of this period. Also take into account the other solutions to this problem.
	The appliance is not suitable for your hair or skin colour.	Do not use the appliance if your body hair is light blond, red, grey or white. Do not use the appliance either if you have dark skin. Consult the body hair and skin colour table in the Quick Start Guide.
Hair starts to grow again in some spots on the treated areas.	You did not make enough overlaps when you used the appliance.	For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', section 'Subsequent use', step 4.
	Hair starts to grow again as part of the natural cycle of hair growth.	This is normal. It is part of the natural cycle of hair growth that hair starts growing again. The hairs that come back, however, tend to be softer and thinner.
The appliance does not work.	The appliance is defective.	Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

简介

感谢您的惠顾，欢迎光临飞利浦！为了您能充分享受飞利浦提供的支持，请在 www.philips.com/welcome 上注册您的产品。

基于脉冲光的脱毛是去除身体上多余毛发最有效的方法之一，并且效果更为持久。它不同于当前国内其他常见脱毛方法，因为它可显著减少毛发再生。飞利浦与领先的皮肤专家一起对这种方法进行了超过 15 年的研究。现在，您可以随时在家中舒适地享受这项创新技术了。

本产品主要为女士设计和优化，但也可用于男士。

飞利浦 Lumea Essential 能够去除身体上颈线以下部位的多余毛发。

飞利浦 Lumea Essential 专为个人使用而设计。

有关飞利浦 Lumea Essential 的更多信息，请参阅

www.philips.com/lumea。请定期访问我们的主页了解更新。

优点

本产品拥有以下优势：

家用强脉冲光 (IPL) 技术

飞利浦 Lumea Essential 采用一种称为“强脉冲光”(IPL) 的光学技术。IPL 还应用于专业美容市场的永久脱毛治疗，而且已长达 15 年之久。现在，飞利浦 Lumea Essential 让您能够将这一创新技术带回家中享用。

为您带来每天丝般光滑的肌肤

我们的研究显示，在短短两次照射后，毛发就会显著减少。进行四到五次的照射后，一般会获得良好效果。每完成一次脱毛，毛发密度都会明显减小。脱毛效果以及效果的持久性因人而异。有关更多信息，请参阅“使用产品”一章中的“如何获得良好效果”一节。

轻柔脱毛，呵护敏感的身体部位

飞利浦 Lumea Essential 是我们与领先的皮肤科专家密切合作研制而成，旨在提供高效轻柔的照射体验，适合哪怕是敏感的身体部位。

无需备件，无隐藏费用

飞利浦 Lumea Essential 配备了无需更换的高性能灯泡。该灯泡拥有 100,000 多次闪光寿命，并且可持续保持 5 年以上的照射效果*，为您节省了购买昂贵备用灯泡的费用。

*基于单一用户的平均使用情况和所建议的照射方法。

飞利浦强脉冲光技术的工作原理

毛发生长

毛发生长率因人而异，具体取决于年龄、新陈代谢和其他因素。但是，每个人的毛发生长通常分为 3 个阶段。

1 生长期

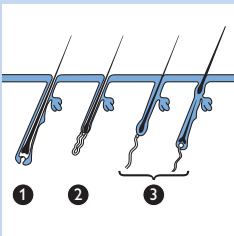
毛发从根部积极地生长。在此阶段，黑色素的集中度最高。黑色素决定毛发的颜色形成。黑色素集中也是强脉冲光技术有效的决定性因素。只有处于生长期的毛发才对光照射过程有反应。

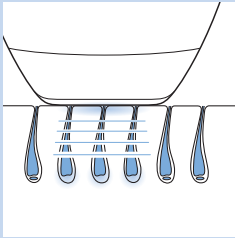
2 退化期

毛发生长停止，根部收缩，之后毛发会脱落。

3 休眠期

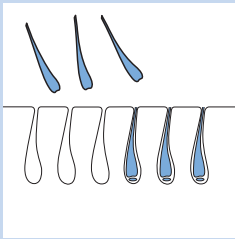
旧的毛发从其毛囊脱离并脱落。毛囊仍然处于休眠状态，直到生物钟提醒可以重新活动并生长新发。



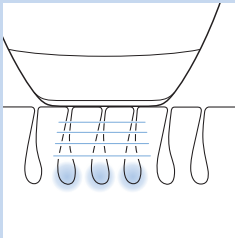


工作原理

- 本产品通过加热皮肤以下的毛发和毛发根部产生效果。毛发中和毛发根部的黑色素会吸收产品发出的光脉冲。毛发的颜色越深，吸收的光就越多。此过程可刺激毛发进入休眠期。



- 在照射期间，毛发会自然脱落并被抑制再生。毛发脱落可能需要一或两周时间。



- 良好的脱毛效果不能一步到位，因为只有处于生长期的毛发才对光脱毛过程有反应。在脱毛期间，脱毛部位的毛发通常分别处于毛发生长周期的不同阶段。为了有效作用于所有毛发，前两个月需每两周重复一次照射过程。

本产品集成有光学滤光器，可确保紫外线不能到达皮肤，并确保本产品对皮肤安全。

基本说明 (图 5)

- 1 光强 (1- 5)
 - 2 开/关按钮
 - 3 闪光指示灯
 - 4 透气孔
 - 5 产品插槽
 - 6 光照按钮
 - 7 电子触点开口
 - 8 带集成式紫外线滤光器的透光窗口
 - 9 电子触点
 - 10 身体附件 (适合全身颈部以下各个部位)
 - 11 身体附件内部的金属框架
 - 12 集成式安全系统
 - 13 适配器
 - 14 小插头
 - 15 精美软袋
- 另附: 清洁布

注意事项

使用本产品之前，请仔细阅读本使用说明书，并妥善保管以备日后参考。

危险

- 水与电接触是危险的。切勿将本产品在有水的环境中使用（如装满水的浴缸、开着的淋浴器或装满水的游泳池附近）。
- 警告符号注释：禁止在洗澡或淋浴时使用。
警告：不要在盛水的浴缸、淋浴、洗脸盆或其他器皿附近使用本器具。
- 让产品和电源适配器保持干燥。
- 如果产品已损坏，请勿触摸任何内部部件，以免触电。
- 切勿将任何物体插入产品。

警告

- 本产品不打算由肢体不健全、感觉或精神上有障碍的人（包括儿童）使用，除非有负责他们安全的人对他们进行与产品使用有关的监督或指导。
- 请照看好儿童，本产品不能用于玩耍。
- 本产品不得用于 15 岁以下的儿童。介于 15 到 18 岁的青少年可以在得到其父母或监护人同意和/或在他们的协助下使用本产品。19 岁及以上的成年人可以随意使用本产品。
- 只能使用随附的适配器。
- 如果产品或适配器已损坏，请勿再使用。
- 电源适配器内有一个变压器。切勿自行打开更换以免发生危险。
- 如果适配器已损坏，则务必更换原装型号适配器，以免发生危险。
- 如果透光窗口的玻璃已损坏，请勿再使用产品。

防止损坏注意事项

- 确保通风槽气流畅通无阻。
- 请勿猛烈撞击、摇晃或跌落本产品。
- 如果将本产品从低温环境转移到温度较高的环境（或者反之），请等待约 3 小时后再使用。
- 将产品存放在随附的软袋内，以免积满灰尘。
- 本产品打开后不得处于无人看管状态。用完之后必须立即关闭。
- 请勿将产品直接曝晒于阳光下或紫外线下长达数小时，以免损坏。
- 请勿对着皮肤以外的其他表面闪光。这可能会对身体附件和/或透光窗口造成严重损坏。仅当产品与皮肤接触时才进行闪光。

警告

- 切勿在眼睛周围和眉毛附近使用本产品，以避免眼睛损伤风险。
- 请仅以适合您肌肤类型的设置使用本产品（请参阅“使用准备”一章中“建议的光强”部分中的表格）。使用高于推荐级别的设置可能会增加皮肤反应和副作用。
- 本产品仅用于去除颈线下方区域的多余体毛。不得将其用于任何其他用途。
- 确保要照射部位的皮肤清洁、干燥且未使用乳霜、润滑液和其他化妆品。如果皮肤不清洁、不干燥，集成式安全系统效果可能不如预期，且产品可能不闪烁或者意外闪烁。

请记住以下几点，以免影响飞利浦 Lumea Essential 的使用寿命：

- 请不要在低于 5°C 或高于 35°C 的环境温度中使用脱毛器。

- 本产品内置有过热保护装置。如果产品过热，则不能再闪光。请不要关闭产品，让其冷却大约 15 分钟之后再继续进行照射。5 分钟后，产品将自动关闭。然后让其再冷却 10 分钟。
- 产品只能送到由飞利浦授权的维修中心检修。由不合格人员进行修理可能将用户置于极度危险的境地。
- 如果您存在“禁忌”部分中提及的任何身体状况，请勿使用本产品。

电磁场 (EMF)

本飞利浦产品符合所有有关暴露于电磁场的适用标准和法规。

禁忌

哪些人群不适合使用飞利浦 Lumea Essential?

飞利浦 Lumea Essential 并不适合所有人使用。如果您符合以下任何一个条件，则本产品不适合您使用！

如果您是孕妇或哺乳中的产妇，请勿再使用本产品。

飞利浦 Lumea Essential 未对孕妇进行过测试，因此如果您是孕妇或哺乳中的产妇，我们建议您不要使用本产品。荷尔蒙变化可能增加皮肤敏感度，增大皮肤受伤的风险。

如果您的皮肤和/或发色不适合，切勿使用本产品，即：

- 如果您是 V 型皮肤（极少晒伤，美黑得很好，以及肤色呈深棕色），或者是 VI 型（极少或从不晒伤，美黑得很深；肤色呈棕黑或更深）。这种情况下，如果使用飞利浦 Lumea Essential，出现皮肤反应的风险很高，如变色、深度红肿或灼伤。另请参阅“使用本产品”一章中的“可能的副作用和皮肤反应”部分，并参考快速入门指南中的“建议的光强表格”。
- 如果您照射部位的体毛颜色是淡金色、白色、灰色或红色，照射将不起作用。

如果您患有下面列出的任何疾病，请切勿使用本产品，即：

- 如果需要照射的身体部位患有皮肤病（如活性皮肤癌），或曾患有皮肤癌或任何其他局部癌。
- 如果在需要脱毛的身体部位患有癌前病变或多发性、非典型性葡萄胎。
- 如果曾患有胶原代谢紊乱，包括疤痕瘤形成史或伤口愈合不良史。
- 如果曾患有血管疾病，如在照射部位患有静脉曲张或血管扩张症。
- 如果您的皮肤对光敏感且容易产生皮疹或过敏反应。
- 如果需要照射的部位患有感染、湿疹、烧伤、毛囊炎、开放性撕裂伤、擦伤、单纯疱疹、伤口或病变和脓肿。
- 如果需要脱毛的部位动过手术。
- 如果患有闪光过敏性癫痫症。
- 如果患有糖尿病、红斑狼疮、卟啉症或充血性心力衰竭。
- 如果患有任何出血病症。
- 如果曾患有抑制免疫反应疾病（包括 HIV 感染或艾滋病）。

如果您服用下面列出的任何药物，切勿使用本产品，即：

- 如果您的皮肤目前或最近使用了果酸 (AHA)、水杨酸 (BHA)、外用异维 A 酸和杜鹃花酸脱毛。

- 如果在过去六个月里曾服用过任何形式的异维 A 酸，如 Accutane® 或 Roaccutane®。这种照射会使皮肤更容易裂开、损伤及刺痛。
- 如果服用了止痛药，则会减小皮肤对热的敏感性。
- 如果服用了光敏剂或光敏药物，请检查药物的包装说明书，如果声明了可能造成光过敏反应、光毒性反应或在服用药物时要避免日晒，切勿使用本产品。
- 如果服用了抗凝药物，包括大量使用阿司匹林，且在每次使用 Lumea 照射前至少一星期不能停止用药。
- 如果服用了免疫抑制药。

切勿在以下部位使用本产品：

- 面部。
- 乳头、乳晕、小阴唇、阴道、肛门以及鼻孔和耳朵内侧。
- 请参阅“使用本产品”一章中的“在比基尼部位使用产品”部分。
- 男士不能在阴囊或面部使用本产品。
- 在任何人造植入物之上或附近，如硅植入物、心脏起搏器、皮下注射针头（胰岛素分配器）或穿洞。
- 如果未先咨询医生，而在有痣、雀斑、大静脉、色素较深的部位、疤痕或其他皮肤异常的部位照射，则可能会引起烧伤和肤色改变，从而可能会更难确诊皮肤相关疾病（如皮肤癌）。
- 在疣体、纹身或永久性妆饰上。这可能会造成烧伤或改变肤色（色素减退或色素沉着）。
- 在使用了持久性香体液的部位。这可能会引起皮肤反应。请参阅“使用本产品”一章“可能的副作用和皮肤反应”部分。



切勿对晒伤、近期做过美黑（过去 2 周）或伪美黑的皮肤上使用本产品

- 所有类型的美黑方式都会影响照射的安全。这适用于自然晒太阳及美黑乳液、美黑产品等人工美黑。如果您已做过美黑或打算美黑，请参阅“使用准备”一章的“美黑建议”部分。

注意：此列表并不详尽。如果您不确定是否可以使用本产品，建议您咨询医生。

使用准备

为了获得良好效果，按照以下说明准备好要使用本产品进行脱毛的部位。

准备照射部位

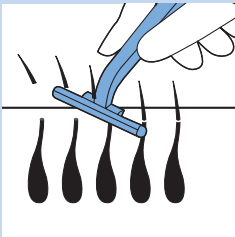
- 1** 如果要照射的部位出现毛发再生现象，请将这些部位的毛发剃除。

注意：请勿使用脱毛膏代替剃毛。

注意：如果您上次脱毛方法涉及将毛发连根拔除（例如，脱毛），那么就可以马上开始照射。在这种情况下，我们建议您在两次照射之间剃毛，以获得良好效果。

请注意，照射没有剃毛或没有正确剃毛的皮肤可能导致许多不良效果：

- 透光窗口和身体附件可能会被分叉的毛发和灰尘所污染。受到污染的透光窗口和身体附件可能降低产品的寿命和功效。透光窗口中污染物还可能使照射变得疼痛或导致皮肤反应，如红肿和褪色。
- 皮肤上毛发可能会烧焦，产生难闻的气味。



- 2** 清洁皮肤，确保皮肤表面没有毛发、完全干燥且没有油性物质（例如，香体液、乳液、香水、美黑霜和防晒霜的残留物）。
- 3** 检查本产品，尤其是透光窗口和身体附件，是否有积聚的毛发、灰尘和纤维。如果您发现有污染，请根据“清洁和保养”一章的说明清洁本产品。

如果剃除毛发时将皮肤划伤或造成了伤害，您的皮肤可能比其他人对 IPL 更加敏感。这可能导致 IPL 照射令人感到不适，或可能导致其他不必要的副作用。我们建议您等到皮肤过敏症状消失后再用。

- 4** 当毛发暂时停止再生后（通常在 4 到 5 次照射之后），使用本产品之前无需剃毛。

光强

与基于光的专业产品不同的是，飞利浦 Lumea Essential 是专为消费者使用而开发的，因此其光脉冲更加柔和。所以您可以期待光照强度适合的方便而有效的照射。

飞利浦 Lumea Essential 提供了 5 种不同的光强。您可以调节光强，使其适合您的皮肤和体毛颜色，并让自己处于感觉舒适的程度。下面推荐的光强表将有助于您确定适当的光强。

- 1** 请参考下表确定哪种光强适合您的皮肤和体毛颜色。

提示：您可以将快速入门指南中的表格放在皮肤上，并将其与您的肤色作对比。

提示：建议在软袋中存放快速入门指南，以供日后参考。

- 2** 如果感到任何疼痛或不适，请减少光强。

肤色较深的人士更有可能产生皮肤过敏，因为皮肤会吸收更多的光照。因此建议肤色较深的人士使用较低的光强。

光脉冲照在皮肤上可能感觉温暖或灼热，但是不应该疼痛。不同的身体部位可能需要不同的光强，请见下表。为了防止皮肤反应，请参阅“使用本产品”一章“可能的副作用和皮肤反应”部分。

建议的光强 (1-5)

在下表中，“x”表示不适合使用本产品。

注意：您的肤色可能改变，例如因为您的皮肤经过了美黑处理。这时可能比上次照射时颜色更深。因此，在每次照射前，请务必逐部位检查要使用的设置。某些部位可能比其他部位颜色更深。

体毛颜色： 深金色/浅褐色/褐色/深棕 白色/灰色/红色/浅金色
色/黑色

皮肤颜色与特征：

白色（总是被晒伤，不会变黑）	4/5	x
米色（容易被晒伤，会变成很浅的黑色）	4/5	x
浅褐色（有时会被晒伤，会变成健康的黑色）	4/5	x
中褐色（很少被晒伤，很快变成健康的黑色）	1/2/3	x
深褐色（很少被晒伤，健康的黑色）	x	x
棕黑色且颜色更深（几乎不会被晒伤，深黑色）	x	x

注意事项

要检查飞利浦 Lumea Essential 是否适合您，请参阅“哪些人群不适合使用飞利浦 Lumea Essential？”部分。

美黑建议



- 如果经常使用飞利浦 Lumea Essential（每两周），请避免晒日光浴。

晒日光浴可能造成皮肤变深（晒黑）或晒伤（皮肤发红）。对变深（晒黑）和/或晒伤皮肤使用飞利浦 Lumea Essential 会增加不良副作用和皮肤反应。请参阅“使用本产品”一章“可能的副作用和皮肤反应”部分。

- 照射前晒太阳：等待 2 周并执行皮肤测试。

在日光浴后至少等待 2 周方可使用本产品。请对要照射的部位执行皮肤测试（请参阅“使用本产品”一章的“首次使用和皮肤测试”部分）来确定合适的光强。不这样做可能增加在使用飞利浦 Lumea Essential 后出现皮肤反应的风险。

- 照射后晒太阳：在使用飞利浦 Lumea Essential 照射后，请等待 48 小时再晒日光浴。

照射后，请等待至少 48 小时再让照射的部位晒太阳。即使 48 小时过后，也要确保照射后的皮肤没有出现不良反应，然后才能让该部位晒太阳。外出晒太阳时，请遮盖照射部位，或在照射后两周内使用防晒霜 (SPF 30+)。照射后，如不加保护立即将照射部位暴露在阳光下，可能增加副作用和皮肤反应。请参阅“使用本产品”一章“可能的副作用和皮肤反应”部分。

- 人造光美黑

请遵循上文“照射前晒太阳”和“照射后晒太阳”的说明。

- 乳霜美黑

如果您使用了人造美黑霜，请在使用飞利浦 Lumea Essential 前等到人造美黑霜完全消失。

注意：有关多余皮肤反应的详细信息，请参阅“使用本产品”一章“可能的副作用和皮肤反应”部分。

使用本产品

请检查“使用准备”一章“光强”部分中建议的光强表，确定哪些光强最适合您的皮肤和体毛颜色。

使用本产品前，请先将要照射部位的毛发剃除（请参阅“使用准备”一章的“准备照射部位”部分）。

如果照射有时在某个部位造成疼痛，请将光强设置调节到舒适照射。如果您发现皮肤反应不止是轻微发红，请立即停止照射并参阅本章“可能的副作用和皮肤反应”部分。

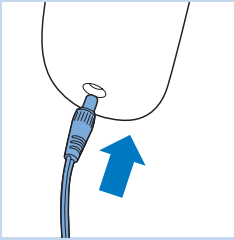
首次使用和皮肤测试

在您首次使用本产品或在近期做过美黑后使用本产品时，我们建议您对要照射的每个部位进行皮肤测试来检查皮肤对照射的反应，并慢慢习惯光照脱毛。

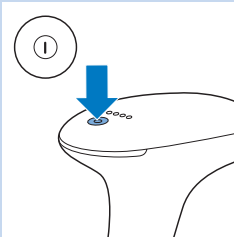
1 在要照射的部位附近选择测试部位。

2 将小插头插入产品，然后将适配器插入电源插座。

注意：确保身体附件放在产品上。



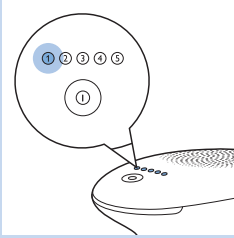
3 按开/关按钮启动产品。



▷ 强度指示灯 1 亮起。

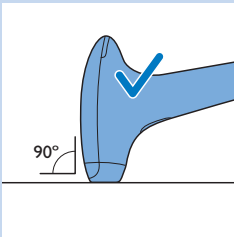
注意：本产品总是自动选择的光强最低的设置。请参阅“使用准备”一章的“光强”部分，确定适合的光强。

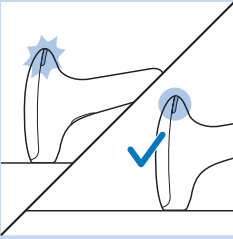
4 若要调节光强设置，请按开/关按钮一次或多次，直至到达所需的设置。相应的强度指示灯亮起。



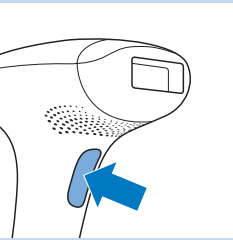
5 将产品垂直放在皮肤上，使身体附件与皮肤接触。

提示：为了更容易使用，伸展要照射的皮肤区域。





- ▶ 产品背面的“准备闪光”指示灯开始闪烁，表示产品已作好准备发出闪光。
- ▶ 当产品准备发出闪光时，“准备闪光”指示灯将呈绿色持续亮起。



6 按下闪光按钮发出闪光。

注意：本产品产生的可见光实际上是闪光在皮肤上的反射光，对眼睛是无害的。在使用时不需要配戴护目镜。请在光照良好的房间使用该产品，这样可减少对闪光亮度的感知。

7 产品闪光后放开闪光按钮。

8 在皮肤上将产品滑到下一个要照射的区域。只要感到舒适（不痛），在适合您皮肤类型的推荐范围内逐级提高设置，每个设置照射一次。不要在同一个点上多次闪光。

9 完成照射后，按住开/关按钮 2 秒钟关闭产品。

10 皮肤测试后，请等待 24 小时并检查皮肤是否有反应。如果皮肤出现反应，请选择不会在皮肤测试中导致任何皮肤反应的最高设置。

后续使用

1 每次照射之前，请清洁身体附件、透光窗口和身体附件内部的金屬框架。有关详细信息，请参阅“清洁和保养”一章。

2 请根据皮肤敏感度和照射舒适度，非常小心地选择光强来开始每次照射。请参阅“建议的光强”一节来选择适合您皮肤类型和毛发颜色的正确设置。

注意：您的皮肤在不同的日子/场合会因各种原因产生不同的反应。请参阅本章中的“可能的副作用和皮肤反应”部分了解更多信息。

3 请按照上一节（“首次使用和皮肤测试之前”）的步骤 2-6 执行。

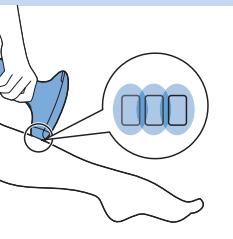
注意：产品和身体附件在使用过程中变热是正常现象。

4 在皮肤上将产品滑到下一个要照射的区域，并重复本章中“首次使用和皮肤测试”一节的步骤 5 和 6。每次闪光后，本产品需要最多 3.5 秒钟才能准备再次闪光。产品背面的“准备闪光”指示灯开始再次闪烁，表示它正在充电。请等到该指示灯持续亮起后再继续。

SC1992 提示：SC1992 有“滑动和闪光”功能：为了更有效地照射，请在将产品滑过皮肤时按住闪光按钮。

切勿在一次照射过程中对同一区域照射多次。这并不会提高照射的效果，反而会增加皮肤反应的风险。

5 为避免有的部位未受照射，请确保闪光区域紧密相接。请注意有效光只从透光窗口中发出。但是，应始终确保没有对同一区域闪烁两次。



6 完成照射后，按住开/关按钮 2 秒钟关闭产品。

7 请检查透光窗口和身体附件是否存在任何毛发和灰尘，使用后请清洁本产品（请参阅“清洁和保养”一章）。

提示

如何获得良好效果

- 在前几次照射后仍有毛发，这属于正常现象（有关详细信息，请参阅“简介”一章中的“工作原理”部分）。
- 为了成功地脱去所有毛发并防止毛发根部再次活跃，请在前两个月，每两周重复一次照射过程。到时候，您的皮肤就会非常柔滑。要了解如何才能保持这些效果，请阅读“维持期”部分。

维持期

- 为确保您的皮肤始终光滑，建议您每 4 至 6 周重复一次照射过程。照射间隔期可能要根据个人的毛发再生情况而定，而且不同的身体部位也有所不同。如果照射间隔期内毛发生长过多，只需再次缩短照射间隔期，但每次照射间隔期不要超过两周。如果您使用本产品的频率超过推荐频率，则不会增加效果，反而可能会增加皮肤反应。

脱毛指南

平均脱毛时间

部位	大约脱毛时间
腋下	每侧腋下 1 分钟
比基尼线	每侧 1 分钟
整个比基尼区	4 分钟
一条小腿	8 分钟
整条腿	14 分钟

注意： 以上平均脱毛时间为研究和测试期间观察的结果。个人脱毛时间可能因人而异。

目标照射区域

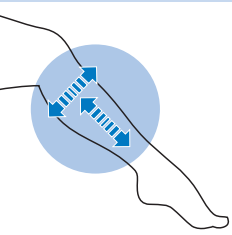
本产品旨在脱去腋下、手臂、腹部、比基尼部位和腿部的多余毛发。不可用于面部。

在腿部使用本产品

请检查“使用准备”一章“光强”部分中建议的光强表，了解哪些设置适合您的腿部。

- 可以在腿部上下或横向移动产品，哪种方式方便，就用哪种方式。为了保持与皮肤完全接触，还可以从侧面将产品按在皮肤上。

注意： 胫骨和脚踝等骨部比其他身体部位更敏感。当您将身体附件用力按在这些部位上时，皮肤可能更容易产生皮肤反应，如皮肤过敏和红肿。请参阅本章中的“可能的副作用和皮肤反应”部分。请将身体附件按在皮肤上，力度足以让“准备闪光”指示灯点亮即可，但不要再用更大的力。



在比基尼部位使用产品

请检查“使用准备”一章“光强”部分中建议的光强表，了解哪些设置适合您的比基尼部位。

原则上，飞利浦 Lumea Essential 足够安全柔和，适合照射整个比基尼部位（例如“巴西式”或“好莱坞式”）。对比基尼部位色素较深，更为敏感的皮肤使用较低的设置。不要对内阴唇、阴道和肛门使用本产品。希望照射其耻骨区的男士不能对阴囊使用本产品。

注意：出于卫生考虑，请始终清洁身体附件，然后再开始照射身体其他部位（请参阅“清洁和保养”一章）。

在腋下使用本产品

请检查“使用准备”一章“设置光强”部分中建议的光强表，了解哪些设置适合您的腋窝。

确保在照射前去除腋下任何香体液、香水、润肤霜或其他皮肤护理产品。

提示：为了让腋下达到良好效果，请站在镜子前面，以便看清待照射部位和“准备闪光”指示灯。举起手臂，将手放在脖子后部，以便伸展腋下部位的皮肤。

注意：反射光不会伤害眼睛。如果散射光令人不适，请在发出闪光时闭上双眼。

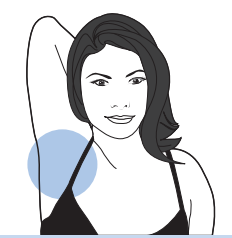
可能的副作用和皮肤反应

常见皮肤反应：

- 皮肤轻微发红和/或感到刺痒、刺痛或温热。这种反应对身体无害，很快就会消失。
- 脱毛后，脱毛部位会有短时间的反应，与日光下暴晒的感觉相似。如果三天后仍未消退，建议您咨询医生。
- 剃毛或剃毛和光照射一起作用可能出现皮肤干燥和发痒。这种反应对身体无害，几天内便会消失。您可以用冰敷袋或湿毛巾冷却相应部位。如果干燥现象持续存在，脱毛 24 小时后您可以在脱毛部位敷上无香味润肤霜。

罕见副作用：

- 灼伤、严重变红和胀痛：这些反应极少出现，通常是使用对肤色而言过高的光强造成的。如果三天内这些反应仍未消失，建议您咨询医生。请等到皮肤痊愈后再进行第二次照射，并确保使用更低的光强。
- 皮肤变色：这种现象极少发生。皮肤变色通常表现为比周围区域更暗或更亮。这是由于使用的光强对肤色来说过高而导致的。在极少数情况下（通常是因为对过深的皮肤使用过高的强度而导致），色素变化的影响可能比通常观察到的时间还要长。无论如何，这些影响最终都会逆转。请在变色消失，并且皮肤恢复为正常肤色后再照射变色部位。
- 皮肤感染和发炎：这种情况很少发生，可能是因为在剃毛伤口或切口、已有伤口或向内生长的毛发上使用本产品而造成的。
- 极度疼痛：如果您在没有剃毛的皮肤上使用本产品；您使用的光强对肤色来说过高；您在同一部位闪光多次；您在开放性伤口、发炎、感染、纹身或灼伤等部位使用本产品，则可能在脱毛期间或脱毛之后产生此反应。请参阅“重要事项”一章的“注意事项”部分了解更多信息。



使用后

- 照射之后，请不要立即在照射后的部位上涂抹芳香化妆品。
- 照射腋下后，请不要立即使用香体液。需等到皮肤发红完全消失后再使用。
- 请参阅“使用准备”一章“美黑建议”部分，了解更多关于晒太阳和人工美黑的信息。

清洁和保养



为了确保产品达到最佳效果和最长使用寿命，请在每次脱毛前后清洁本产品，必要时请在脱毛期间清洁本产品。如果您没有正常清洁，本产品会得不到其应有的效果。

切勿用自来水或在洗碗机中清洗本产品及其任何部件。

警告符号注释：禁止用在打开的水龙头下进行清洗。

不要使用钢丝球、研磨性清洁剂或腐蚀性液体（例如汽油或丙酮）来清洁产品。

切勿刮擦透光窗口或身体附件内的金属框架。

注意：如果无法再清洁透光窗口或身体附件，请停止使用本产品。

1 关闭产品，拔下电源插头，使其冷却。

注意：使用本产品时，透光窗口会发热。确保其冷却后再进行清洁。

2 若要取出身体附件，请抓住顶部和底部的凸起部位轻轻拉起。

3 必要时，用本产品随附的清洁软布清洁产品外部。

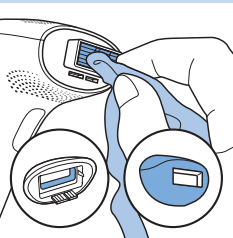
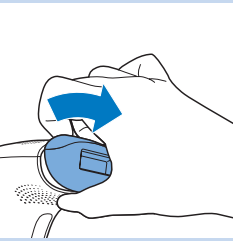
4 用几滴水将产品随附的软布沾湿，然后使用它清洁以下部件：

- 透光窗口
- 身体附件的外表面
- 身体附件内部的金属框架

确保不要弄湿电子触点。

注意：如果水清洁效果不好，则可使用几滴高浓度酒精（不超过96%）来清洁上述部件：

注意：请确保在每次照射前后清洁本产品，必要时请根据本节的说明在照射期间清洁本产品。



存储

1 关闭产品，拔下电源插头，使其冷却。

2 存放之前须清洁产品。

3 将本产品存放在随附的软袋内，温度应介于 -20°C 到 $+70^{\circ}\text{C}$ 之间。

提示：建议在软袋中存放快速入门指南，以供日后参考。

订购附件

要购买附件和备件，请访问 www.shop.philips.com/service 或请联系飞利浦经销商。您也可以联系您所在国家/地区的飞利浦客户服务中心（联系详情，请参阅全球保修卡）。

备件

可选配以下备件：

- 身体修剪附件
- 适配器
- 清洁布
- 精美软袋

环保



- 弃置产品时，请不要将其与一般生活垃圾扔在一起，应将其交给指定的回收中心，这样做有利于环保。

保修和支持

如果您需要信息或支持，请访问 www.philips.com/support 或阅读单独的全球保修卡。

技术规格

型号 SC1992 和 SC1991

额定电压	100V-240V
额定频率	50Hz-60Hz
额定输入电流	1A
防电击保护	II 级回
保护等级	IP 30 (EN 60529)
使用条件	温度：+15° 至 +35° C 相对湿度：30% 至 95%
存储条件	温度：-20° C 至 +70° C 相对湿度：5% 至 95%
身体附件的光谱	>500 纳米

故障种类和处理方法

本章归纳了使用本产品时最常见的一些问题。如果您无法根据以下信息解决问题，请访问 www.philips.com/support 查阅常见问题列表，或联系您所在国家/地区的客户服务中心。

问题	可能的原因	解决方法
适配器/产品在充电过程中变热。	这是正常的。	不需要采取措施。
我已经打开产品，但无法增加或减小光强。	产品必须重置。	要重置本产品，只需关闭本产品然后再次打开。如果仍然无法调节光强，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
将产品放在皮肤上后，“准备闪光”指示灯不亮。	未将产品正确放置在皮肤上。	将产品呈 90 度放在皮肤上，使集成式安全系统的所有 4 面接触到皮肤。然后检查“准备闪光”指示灯是否持续亮起，并按下闪光按钮。
		如果还不起作用，请将产品放在容易与皮肤形成完全接触的身体部位（如下臂）。然后检查闪光指示灯是否正常。如果在产品放到皮肤上时“准备闪光”指示灯仍未开始闪烁，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
当我将身体附件放在皮肤上时，“准备闪光”指示灯不亮，但是冷却风扇仍在运转。	过热保护已被激活。	过热保护被激活后，风扇仍会运转。请勿关闭产品，让其冷却约 15 分钟后可以继续使用。5 分钟后，产品将自动关闭。然后让其冷却 10 分钟。如果将本产品放在皮肤上时，“准备闪光”指示灯仍不亮，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
“准备闪光”指示灯持续亮起，但当我按下闪光按钮时，产品并没有发出闪光。	产品必须重置。	要重置本产品，只需关闭本产品然后再次打开。如果“准备闪光”指示灯持续亮起，但是在按下闪光按钮时本产品仍不发出闪光，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
强度指示灯 1 不断闪烁，我无法更改设置。	身体附件没有正确放置在产品上。	将身体附件正确放置在产品上。
所有强度指示灯交替亮起。	产品必须重置。	要重置本产品，只需关闭本产品然后再次打开。如果强度指示灯仍然交替亮起，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
所有强度指示灯同时闪烁。	本产品存在瑕疵。	请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
产品散发出一种奇怪的味道。	身体附件和/或滤光玻璃很脏。	仔细清洁身体附件和透光窗口。如果无法正确清洁身体附件，请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系更换身体附件。
	您没有剃除要脱毛部位的毛发。	如果要脱毛的部位还有毛发，那么在使用本产品时，这些毛发可能会烧焦，从而产生异味。使用本产品前，请先剃除要脱毛部位的毛发。如果剃毛造成皮肤过敏，请将毛发尽量剪短并使用舒适的设置。
	本产品被存放在多尘环境中。	清洁本产品和身体附件（请参阅“清洁和保养”一章）。

问题	可能的原因	解决方法
在照射期间，皮肤可能比平常更敏感。	您选择的光强过高。	每次使用之前，请检查肤色/发色表，确保每次照射都选择正确的光强。如有必要，请选择较低的光强。
	没有将要脱毛部位的毛发剃除。	使用本产品前，请先将待照射部位的毛发剃除。如果剃毛造成皮肤过敏，请将毛发尽量剪短，并以舒适的设置使用 Lumea Essential。
	透光窗口损坏。	如果透光窗口损坏，请勿再使用本产品，以避免皮肤反应的风险。请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。
使用本产品时，疼痛感无法忍受。	没有将要脱毛部位的毛发剃除	使用本产品前，请先将待照射部位的毛发剃除。如果剃毛造成皮肤过敏，请将毛发尽量剪短，并以舒适的设置使用 Lumea Essential。
	所脱毛的部位不适合使用本产品。	不得对面部、内阴唇、阴道、肛门、乳头和乳晕使用本产品。男士不要对面部或阴囊使用本产品。
	您使用的光强对您来说过高。	将光强减小到舒适的程度。请参阅“使用准备”一章的“光强”部分。
	透光窗口损坏。	如果身体附件的透光窗口损坏，请勿再将此身体附件与产品一起使用。请前往经销商或飞利浦服务中心处，或联系客服服务中心更换身体附件。
	本产品不适用于您的毛发或皮肤颜色。	如果您的体毛是淡金色、红色、灰色或白色，请勿使用本产品。如果肤色较深，也不要使用本产品。请参考快速入门指南中的体毛和皮肤颜色表。
脱毛之后，脱过毛的部位变红。	轻微变红是正常现象，对身体是无害的，并且很快就会消退。	不需要采取措施。
照射之后，皮肤反应的持续时间比平时要长。	您使用的光强对您来说过高。	下次请选择低一些的光强。请参阅“使用准备”一章的“光强”部分。如果皮肤反应的持续时间超过 3 天，请咨询医生。
脱毛效果令人不满意。	您使用的光强对您来说过低。	执行皮肤测试来确定您是否可以使用更高的光强（请参阅“使用本产品”一章的“首次使用和皮肤测试”部分）。
	在使用本产品时没有确保足够的重叠。	为了达到正确的脱毛效果，在使用本产品时必须确保有适当重叠。请参阅“使用产品”一章“后续使用”部分中的步骤 4。
	使用本产品的频率请勿超过建议频率。	为了成功地脱去所有的毛发，并防止毛发根部再次活跃，请在开始的前两个月，每两周重复一次照射过程。为确保您的皮肤保持光滑，建议您每 4 至 6 周重复一次照射过程。照射间隔期可能要根据个人的毛发再生情况而定，而且不同的身体部位也有所不同。如果照射间隔期内毛发生长过多，只需再次缩短照射间隔期，但每次照射间隔期不要超过两周。如果您使用本产品的频率超过推荐频率，则不会增加效果，反而可能会增加皮肤反应的风险。

问题	可能的原因	解决方法
	您对 IPL 照射的反应比普通用户来得慢。	继续使用本产品至少 6 个月，因为毛发再生仍可能在此照射中逐步降低。另外请考虑此问题的其他解决方案。
	本产品不适用于您的毛发或皮肤颜色。	如果您的体毛是淡金色、红色、灰色或白色，请勿使用本产品。如果肤色较深，也不要使用本产品。请参考快速入门指南中的体毛和皮肤颜色表。
在照射后的部位，某些部分会重新开始长出毛发。	在使用本产品时没有确保足够的重叠。	为了达到正确的脱毛效果，在使用本产品时必须确保有适当重叠。请参阅“使用产品”一章“后续使用”部分中的步骤 4。
	作为毛发生长的自然周期，毛发会重新开始生长。	这属于正常现象。毛发开始重新生长是毛发生长的自然周期。但再长出来的毛发会更柔软、更纤细。
产品不能工作。	本产品存在瑕疵。	请与贵国/地区的飞利浦客户服务中心、飞利浦经销商或飞利浦维修中心联系。

PHILIPS

产品 : 飞利浦脉冲光脱毛器
型号 : SC1991
额定电压 : 220V~
额定频率 : 50Hz
额定输入电流: 1 A
生产日期 : 请见产品本体
产地 : 匈牙利



制造商: 飞利浦电子香港有限公司
 香港新界沙田香港科学园科技道东五号

经销单位: 飞利浦(中国)投资有限公司
 上海市天目西路218号1602-1605
 全国顾客服务热线: 4008 800 008

本产品根据国标 GB4706.1-2005, GB4706.15-2008
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发行日期: 28/04/2015





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