



### Philips PersonalBest Peak Flow Meter

3-zone colour-coded  
measurement

Helping you stay in control  
Suitable for children and adults



HH1309

## Keep track of your asthma

### Easy monitoring of your peak flow

Lightweight, self-contained and portable, Philips PersonalBest puts peak flow monitoring at your fingertips whenever you need it. Measuring your peak flow is an important part of managing your asthma symptoms.

#### User-friendly features

- Quick and simple readings support your asthma action plan
- Easy-to-use technique
- Protective case keeps it secure

#### Accurate measurements

- Configure the device to measure your personal range

#### Easy care

- Just use soap and water

# PHILIPS

## Peak Flow Meter

3-zone colour-coded measurement Helping you stay in control, Suitable for children and adults

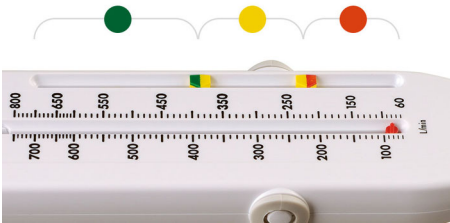
# Highlights

### Peak flow monitoring at your



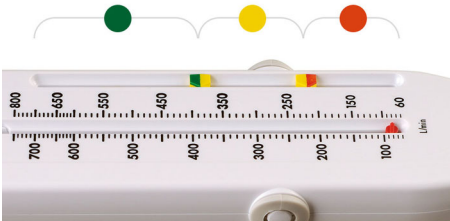
A fold-out handle keeps your hand away from the indicators, also aiding a good technique for a successful reading.

### Three-zone colour coding



The colour-coded indicators define three measurement zones that make it simple for you to see if your or your child's condition is stable or worsening.

### Adjustable measurements



The colour-coded indicators can be set by your healthcare professional to represent the following

percentages of your personal best peak flow: Green zone 80–100% of personal best; Yellow zone 50–80% of personal best; Red zone 50% or less of personal best

### Storage and protection



The fold-out handle turns into a sturdy storage case, so your meter stays protected.

### Simple clean up



PersonalBest can be washed with warm water and mild liquid soap or on the top rack of a dishwasher and air dried.

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# Specifications

### Design

- Colour-coded indicators: 3-zone asthma management

### Calibration data

- Measurement range: 60–800 L/min

### Performance data

- Accuracy: +/- 10% or 10 L/min
- Repeatability: Less than or equal to 5% or 10 L/min
- Linearity: Less than or equal to 5% or 10 L/min
- Resistance to flow: Less than or equal to 0.35 kPa/L/min
- Frequency response: Less than or equal to 12% or 15 L/min

### Product details

- Main body: ABS plastic
- Cover and handle: Polypropylene
- Scale: Hot-stamped, alcohol-resistant

### Scale resolution

- 10 L/min: from 60–700 L/min
- 20 L/min: from 700–800 L/min



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